## Acorn Squash

## DID YOU KNOW?

- Acorn Squash is light green when young and transforms into a deep green with yellow and orange patches when mature.
- Acorn Squash is available year-round, with a peak season in the fall and winter.
- Acorn Squash is predominately used in the fresh market and can be incorporated into appetizers, side dishes, main entrees, and desserts.

## FUN FACT!

RESH

Green acorn squash is the most common color of acorn squash on the market today.



Visit fcsnutrition.com for menus and more info!



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