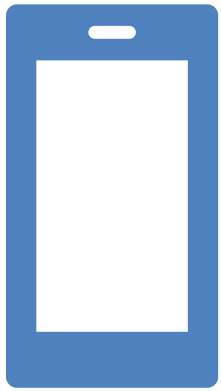
# Teens and Technology

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- Personal Academic Counseling



# Overview of Topics to be addressed

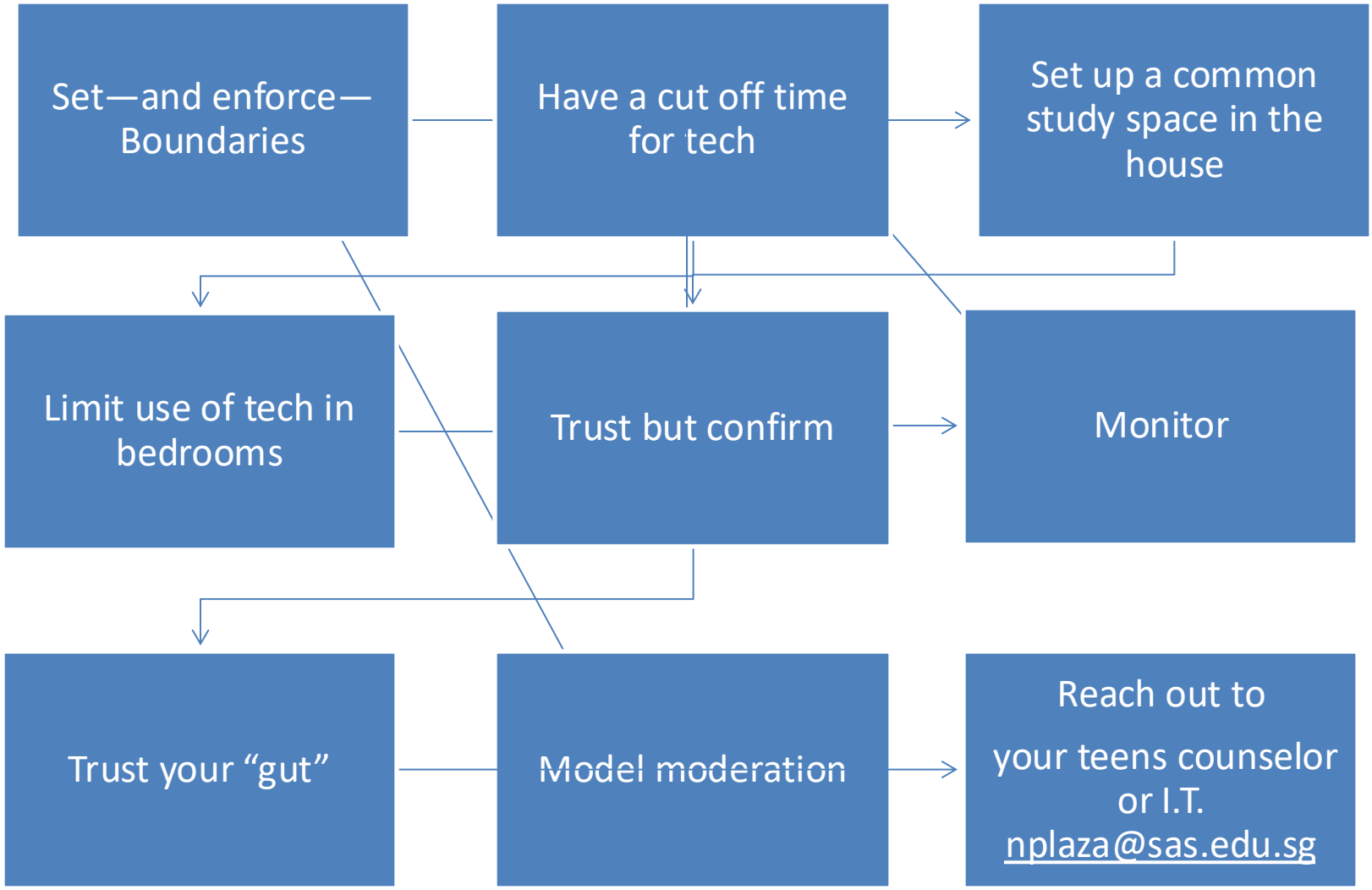
- The Ending Before the Beginning
- Generational Differences with Tech
- Developmental Psychology: understanding the social / emotional stage of adolescence, cognitive development, and schedules of reinforcement
- Texting and teens…a parent quiz
- Where kids are spending their time online
- The pitfalls of an underdeveloped frontal lobe and potential cost…
- Having conversations around tech
- Q&A

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# A Parental Plea

- …How do parents enforce limits ? Please(!!) get straight to that point...

# End and Beginning…Tech Parent Suggestions













# I Remember the 1980s…do you?

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OLD SCHOOL
meets
NEW SCHOOL



# Turn and Talk

- What was your most memorable piece of technology you owned or “used” as a teen?
- Did the use of this technology cause conflict with parents, siblings, or peers?
- Do you recall your parents having discussions with you regarding your use of technology and/or did they establish rules governing your use of technology?



We fear that technology creates a distance between us...

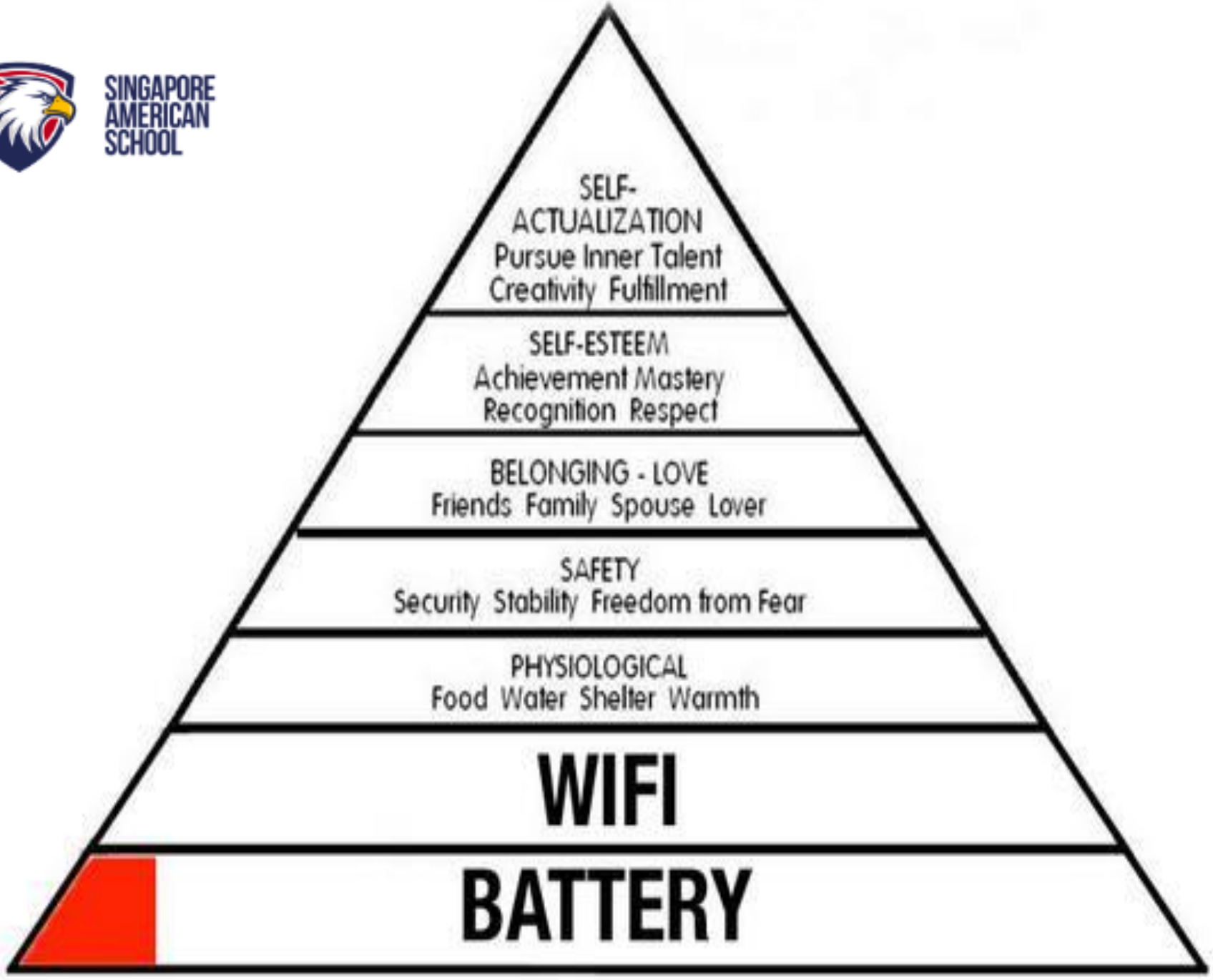
# Quality family time...



# How about your marriage?



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@morten

# Take me back to the “Good-Old-Days.”



“EVERY GENERATION EXPRESSES ITSELF DIFFERENTLY BUT THE SAME VALUES DEFINE US…”

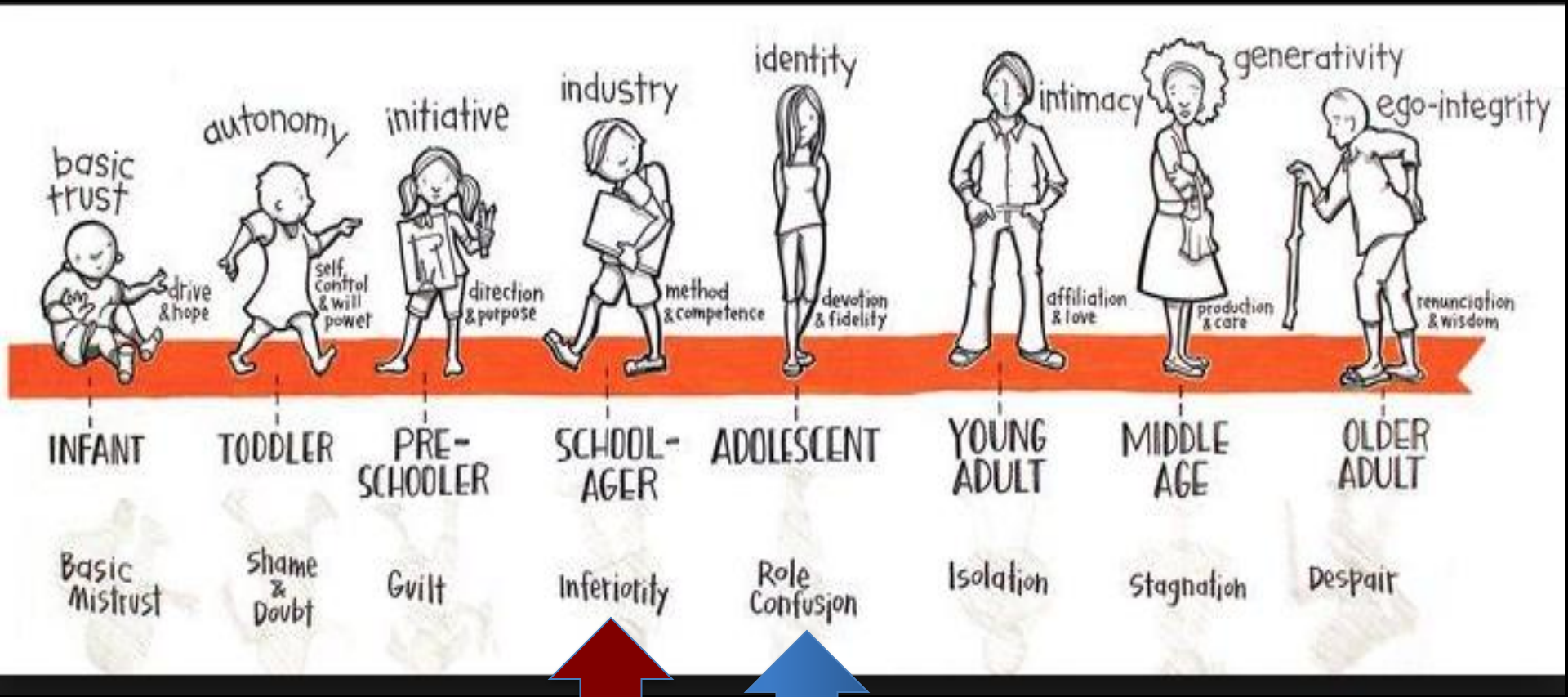
OR DO THEY?




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„ Social Media is about psychology and sociology more than technology. ”
- Brian Solis

# SOCIAL DEVELOPMENT




WHO
AM
I?

BOOMERS GEN X Twitter Youtube Facebook Instagram TikTok MILLENNIALS GEN Z

TOTAL FOLLOWERS IN 100M

# THE WORLD'S TOP 50 SOCIAL MEDIA INFLUENCERS

From sports and movie stars to social media personalities and politicians, here are the people with the largest social media followings across platforms.



1 **517M** Athlete
91,791,031 1,740,000
148,640,712 274,984,864
**Cristiano Ronaldo**
Soccer superstar Cristiano Ronaldo is the most-followed person on both Instagram and Facebook.



2 **455M** Musician
**Justin Bieber**
114,335,392 62,200,000
88,289,496 169,490,965
20,900,000



3 **429M** Musician
**Ariana Grande**
82,956,603 47,600,000
44,104,777 230,111,258
24,400,000



4 Musician **425M**
**Selena Gomez**
65,017,409 28,700,000
83,332,770 220,660,577
27,500,000

Musicians account for **half** of the top 50 top social media influencers.

The Kardashians and Jenners grew from reality stars to celebrity, beauty, and social media powerhouses.



5 Musician **361M**
**Taylor Swift**
88,735,382 42,000,000
76,943,549 152,875,670



6 Actor **342M**
**Dwayne Johnson**
15,100,000 5,550,000
58,739,699 227,317,500
35,700,000

Musician **338M**
**Katy Perry**
109,573,836 40,300,000
67,318,510 115,543,402
5,500,000



7



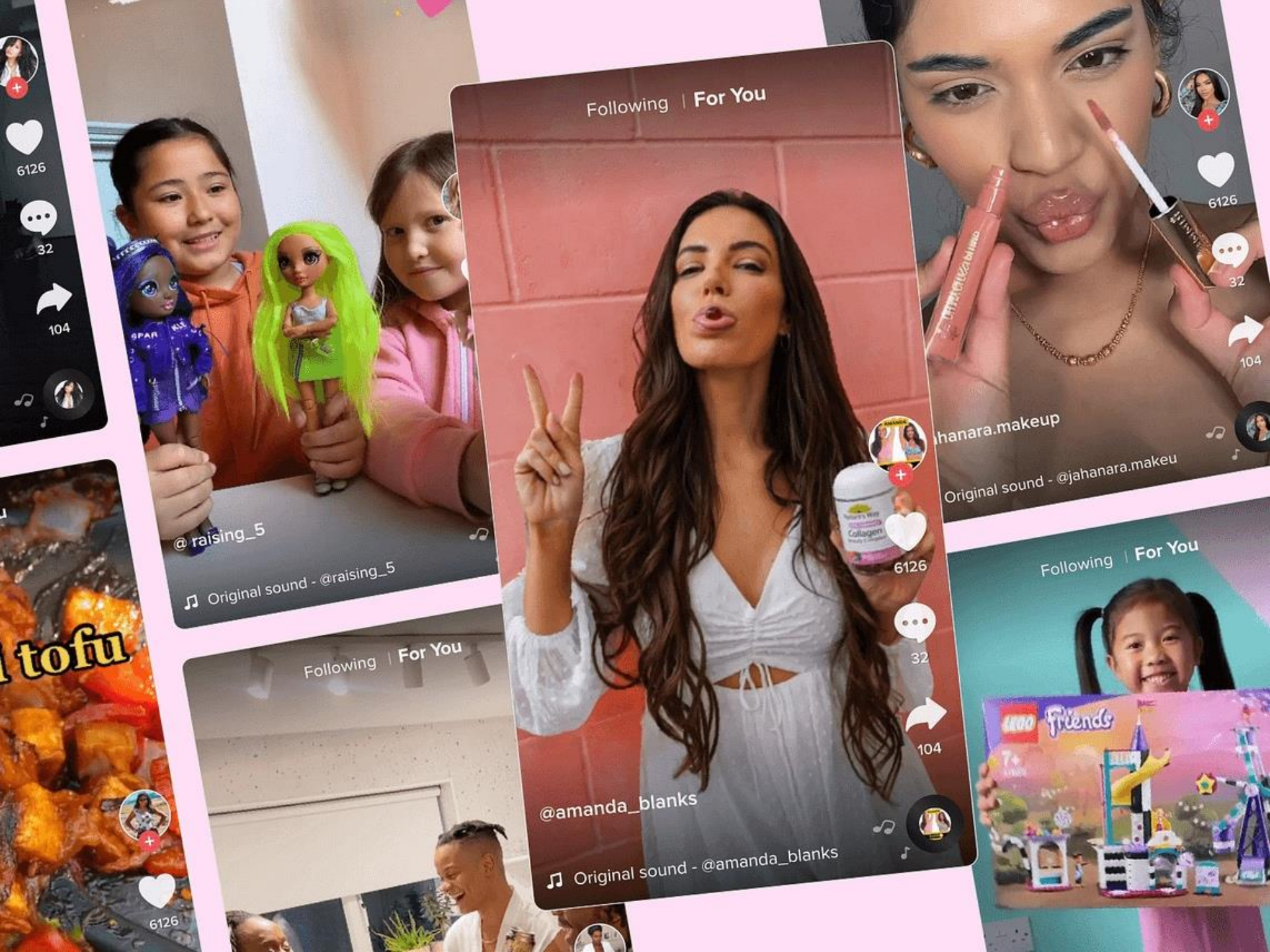
9 Musician **332M**
**Rihanna**
102,669,731 36,900,000
98,480,328 93,900,000



8 **333M** Other
**Kylie Jenner**
38,991,048 10,600,000
31,415,682 224,477,187
28,300,000



10 Other **319M**
**Kim Kardashian**
69,706,073 1,820,000
33,855,401 213,640,987


Following | For You
@amanda_blanks
Original sound - @amanda_blanks
6126
32
104
@ raising_5
Original sound - @raising_5
Following | For You
Following | For You
Original sound - @jahanara.makeu
6126
32
104
tofu
6126
Following | For You
LEGO Friends



AIN PARTNER
PATROCI
.BTO
ENIT




PA VINKI!
BOROSTYÁNS
PA VINKI!
BOROSTYÁNS



“

TECHNOLOGY MIRRORS AND MAGNIFIES THE GOOD, BAD, AND UGLY OF EVERYDAY LIFE. THERE'S A PECULIAR CONTRADICTION AND CHALLENGE OF WHAT WE'VE BUILT.


@mirandasingsoffici
Instagram
@damonandjo
@kingbach

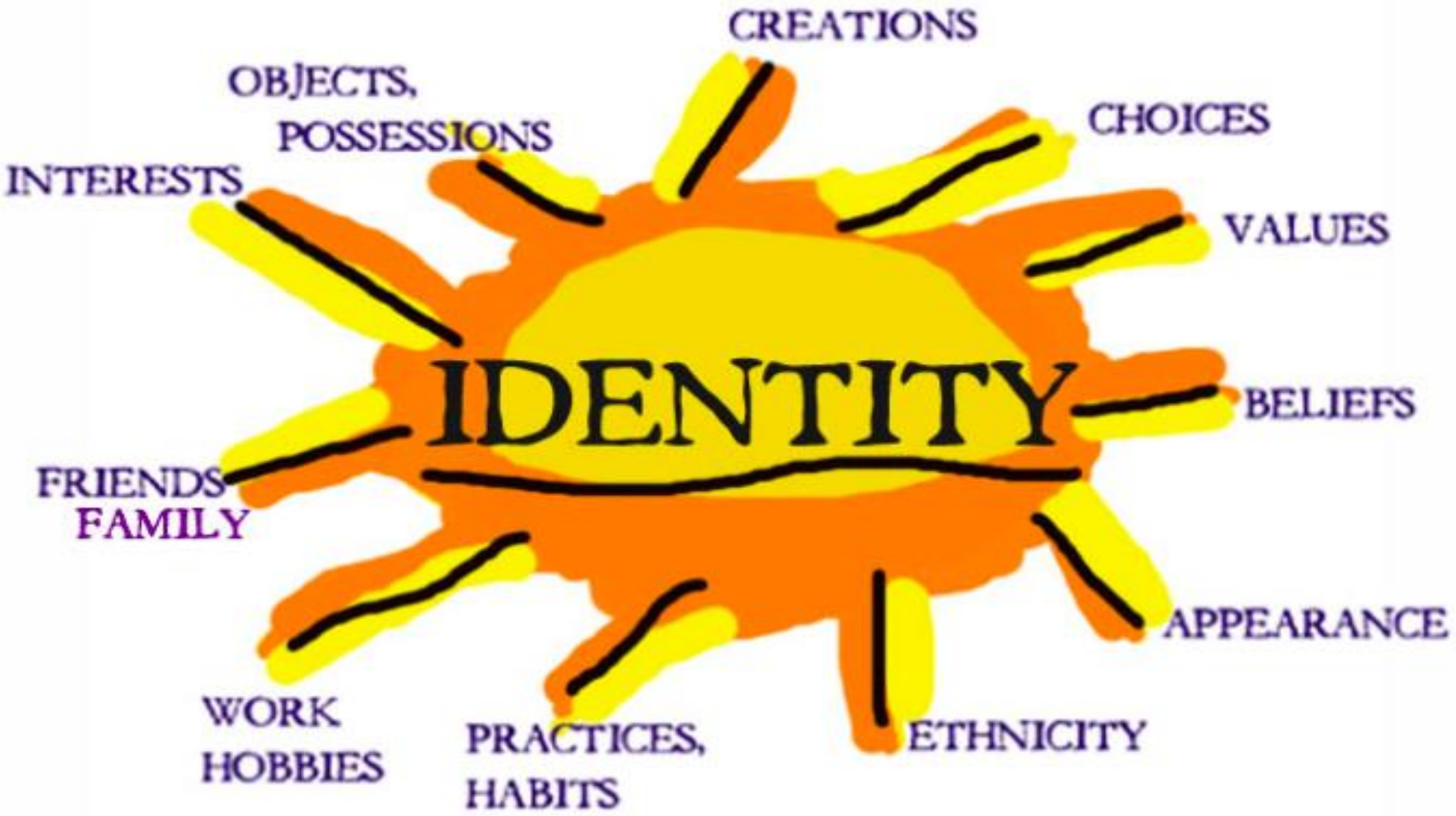







1
2
3
4
5
6
7
E
F
SELF-ESTEEM

# What factors are influencing your teens development?



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# Piaget's Stages of Cognitive Development

| STAGE | AGE | DESCRIPTION |
| --- | --- | --- |
| Sensorimotor | birth to 18 months or 2 years | knowing by sensing and acting |
| Preoperational | approximately 2 to 7 years | concept formation, symbolic reasoning |
| Concrete operations | approximately 7 to 11 years | logical operations on concrete objects and events |
| Formal operations | beginning at 12 years and beyond | abstracts, analogies, metaphors, hypothetical reasoning |

# Schedules of Reinforcement

| | Fixed | Variable |
|---|---|---|
| Ratio | Reinforcement given after action completed a fixed amount of times | Reinforcement given after action completed a varying amount of times |
| Interval | Reinforcement given after a fixed period of time if action is completed | Reinforcement given after varying periods of time if action is completed |


Ready?
Let's Scroll

# Motivated by Self and Others



# The game changers



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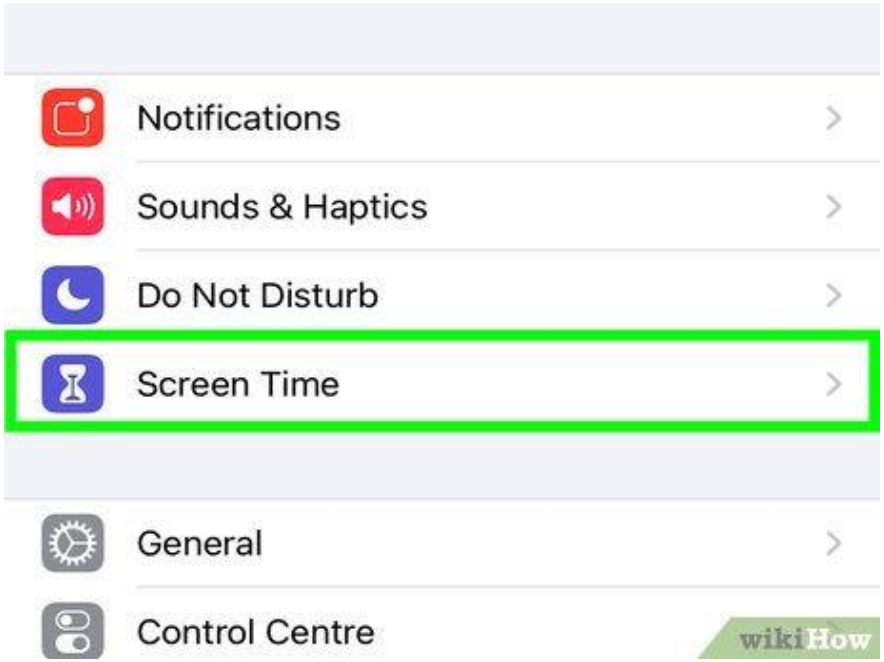
# Turn and Talk

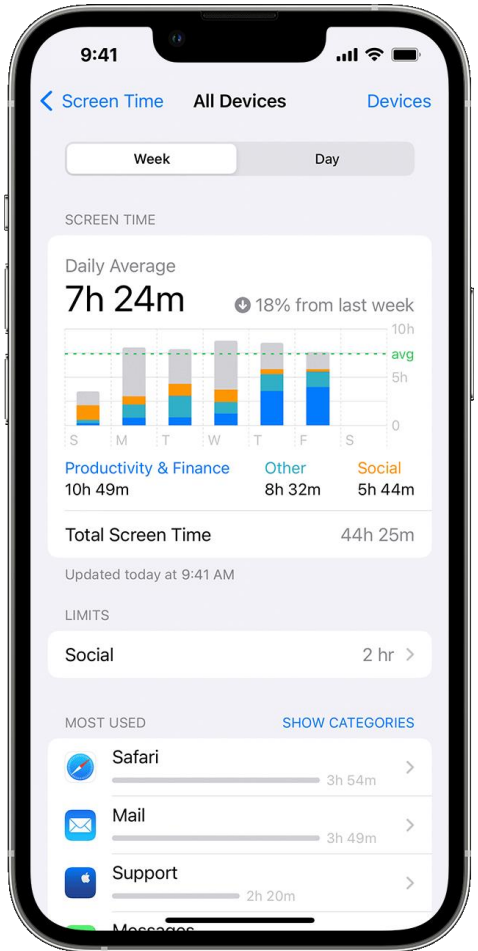
- At what age did you give your teen a cell phone?
- Why did you choose to do so (or not)?
- What concerns did you discuss at that time?
- What concerns came to fruition?
- What would you do differently, if anything, regarding the giving of a cell phone?
- What is working well with your teen and tech?



# Shout out
# Share out

# What's your daily average time?

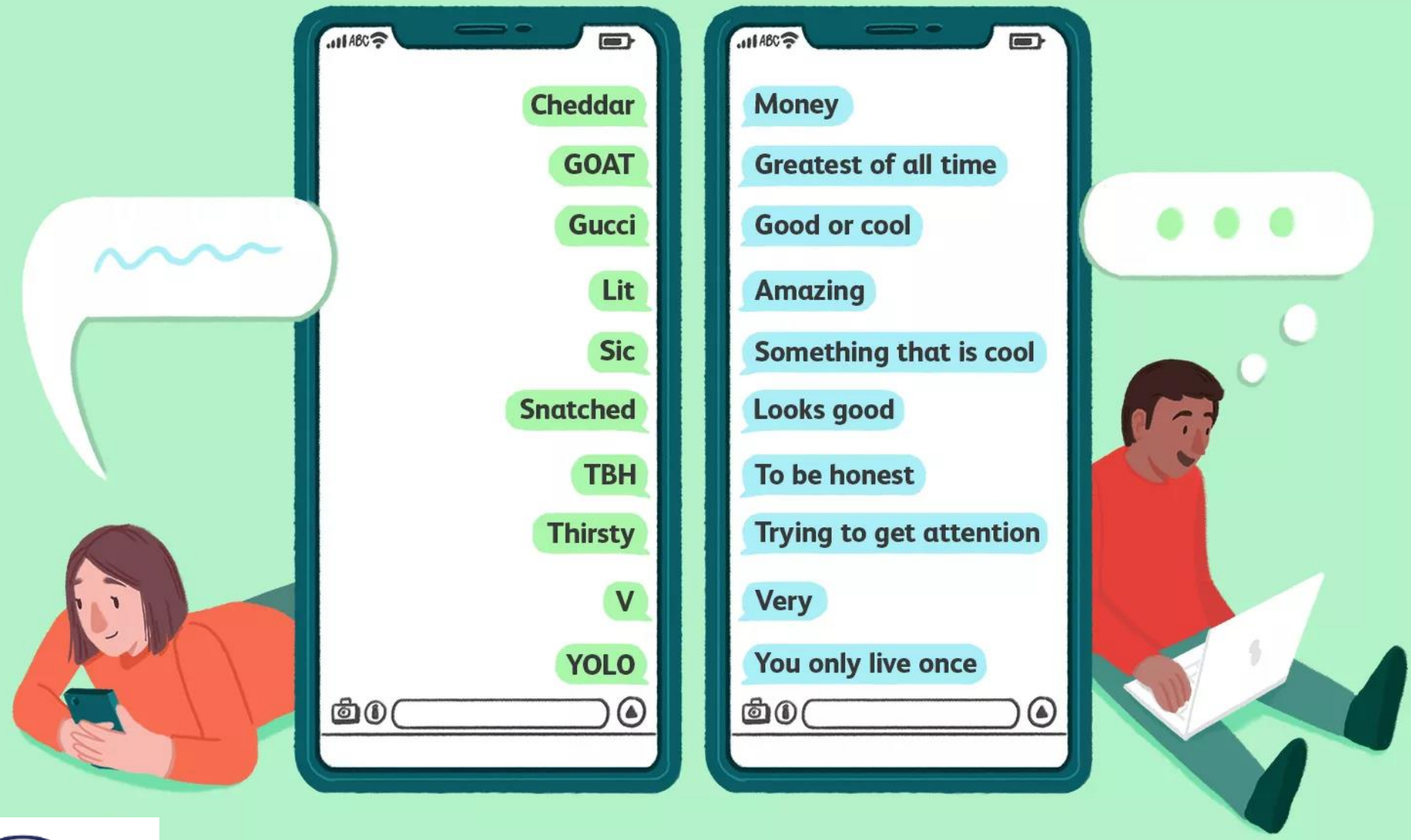




4050/ 2539

# General Teen Slang




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# Instant message quiz

| | |
|---|---|
| KPC | • Keeping Parents Clueless |
| MOS | • Mom Over Shoulder |
| 143 | • I Love You |
| GNOC | • Get Naked on Camera |
| NIFOC | • Naked In Front of Computer |
| ASL? | • Age, Sex, Location? |

# Instant message quiz

| | |
|---|---|
| WTTP | • Want to Trade Pictures |
| PAL | • Parents are Listening |
| 53X | • Sex |
| IPN | • I'm Posting Naked |
| ASL | • Age / Sex / Location |
| ADIEM | • This doesn't mean anything |

# Instant message quiz

| | |
|---|---|
| CUL8R | • See You Later |
| F2F | • Face to Face |
| PAW | • Parents Are Watching |
| PIR | • Parents in Room |
| 8 | • Oral Sex |
| LH6 | • Let's Have Sex |

# Senior citizen instant message quiz

| | |
|---|---|
| **BFF** | • Best Friend Fell |
| **BYOT** | • Bring Your Own Teeth |
| **FWIW** | • Forgot Where I was |
| **TTYL** | • Talk To You Louder |
| **BTW** | • Bring The Wheelchair |
| **LMDO** | • Laughing My Dentures Out |

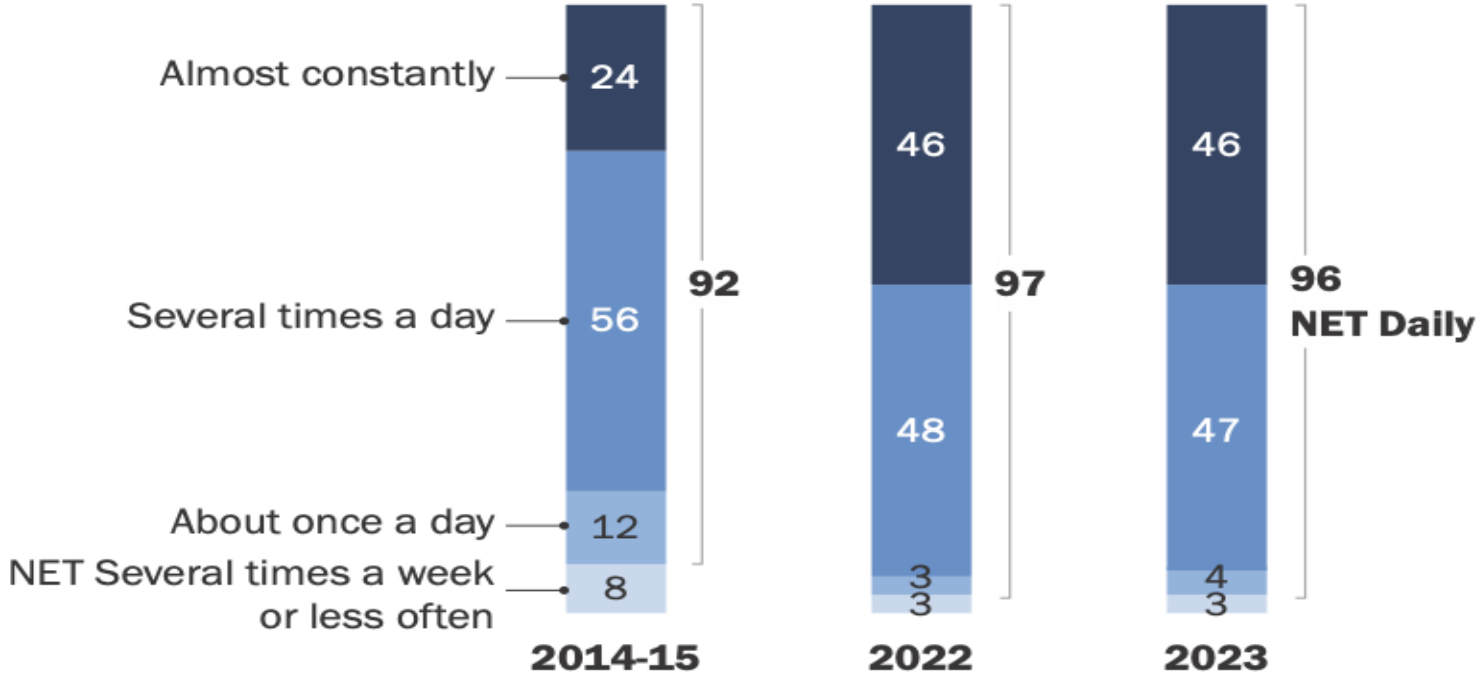
# SOCIAL MEDIA TRENDS




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## The share of teens who say they are online ‘almost constantly’ has roughly doubled since 2014-2015

*% of U.S. teens ages 13 to 17 who say they use the internet …*




Note: Figures may not add up to NET values due to rounding. Those who did not give an answer are not shown.

Source: Survey of U.S. teens conducted Sept. 26-Oct. 23, 2023.
“Teens, Social Media and Technology 2023”

**PEW RESEARCH CENTER**




:30 minutes average time per user on DAILY basis.

Number of snaps created everyday: 5 billion

47% of teens consider Snapchat their most important social network

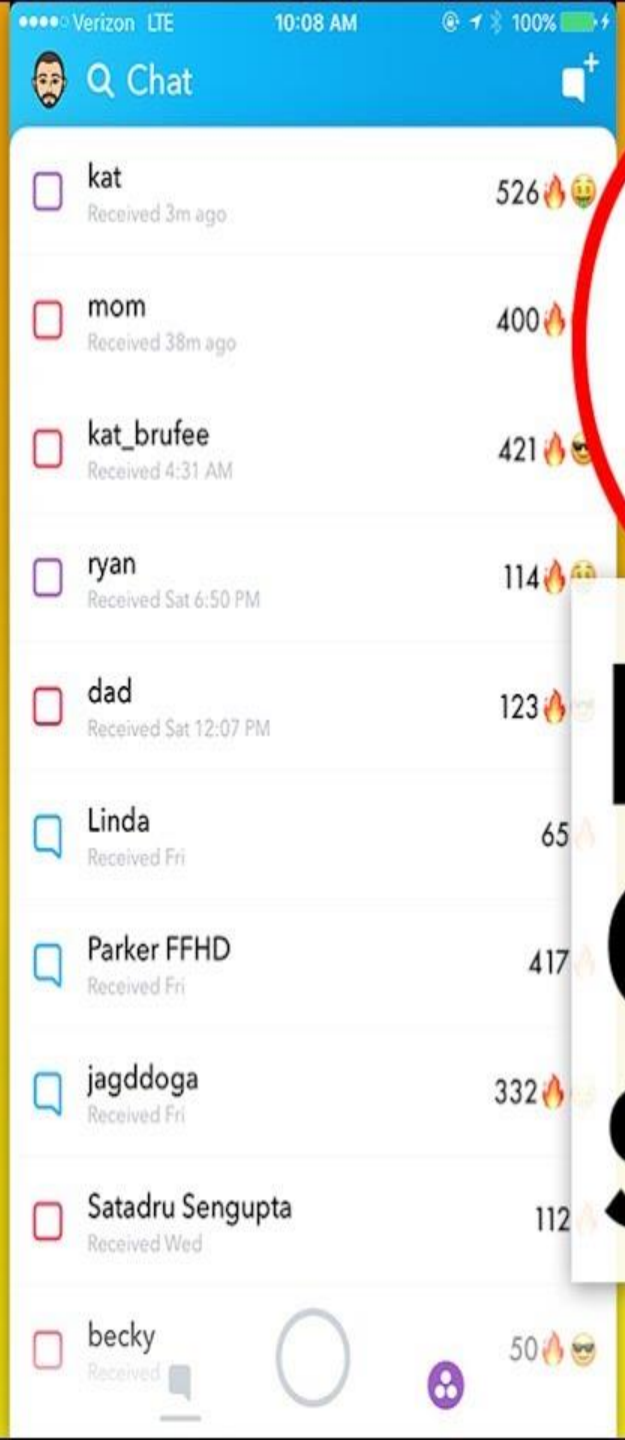
Snapchat: Take a photo or video that lasts  1-10 seconds then disappears. The receiver can only open it once, but it can be sent by its creator to multiple people

Tips & Tricks!



Snapchat Update

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# How to Get a Snapstreak


HOW
SNAPCHAT
STREAKS
WORK?

# Teens sharing more than they should



# The Perception of Online Anonymity

"The perception anonymity fosters de-individuation (the loss of an individual's sense of self) which lessens self-restraint and increases ones willingness to go along with the mob."

Stanford Psychologist-Philip Zimbardo



# Turn and Talk, new partner…

- What is something that is working well with technology and your teen?
- How have you set boundaries around technology use in your home (i.e., homework, unplug time, consequences, checking history, etc.) and how is this working?
- What "rules" have you established, if any, around cell phone use?

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"…The trouble with the internet is you can never know if what your watching, reading, or listening to is real."

Abraham Lincoln, 1862

# Real or Fake…




to OpenAI
with the basics
TODAY

# SAS Student Handbook 2024-25

- Students will be assessed on their own learning based on the parameters established by their classroom teacher/PLC team. Academic dishonesty is deeply unfair to students who complete their work with integrity. It is not consistent with our values as a school. And it does not allow the teacher to accurately evaluate or assist in a student's learning. Academic dishonesty may include, but is not limited to:

- plagiarism (as defined below)
- accessing online materials, including artificial intelligence programs, that are prohibited
- submitting work previously completed for another course or teacher without first informing the current teacher
- knowingly providing or acquiring assessment materials to or from outside organizations for distribution
- sharing assessment details or answers after a test with another student who has yet to take the test
- sharing current or previous work with another student without explicit permission from the teacher
- copying assignments or allowing assignments to be copied
- seeking assessment details or answers from peers
- engaging in any act or course of action that seeks or gives an unfair advantage on any assignment or form of assessment.

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# SAS Student Handbook 2024-25

Plagiarism is the act of presenting another's words and ideas as one's own without crediting the source. Building from others' ideas and words is not wrong, but not citing those ideas and words is considered academic dishonesty. All creators and writers are responsible for documenting the use of ideas and words that are not their own.

Plagiarism also includes more than the intentional misuse of reference sources. While an obvious form of plagiarism is copying a direct quotation without providing quotation marks and crediting the source, a more subtle form of plagiarism includes paraphrasing material or using an original idea that is not properly introduced, rephrased, and documented. Students are also guilty of plagiarism when they allow their assignment to be copied and submitted as another's work.

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Meta




“We keep track of the actions you take…”




# The fine print of Meta

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…“Information sent to ‘everyone’ is publicly available information and may be accessed by everyone on the Internet… and may be imported and exported by us and others without privacy limitations.”

# The fine print of Meta




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"We cannot guarantee that only authorized persons will view your information. We cannot ensure that information you share on Facebook will not become publicly available."

# The fine print of Meta

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"Even after you remove information from your profile your account, copies of that information may remain viewable elsewhere to the extent that it has been shared with others,...or it was copied or stored by other users."




# The fine print of Meta

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"…when you visit Facebook and Instagram enhanced applications and websites you are making your information available to someone other than Facebook or Instagram."



# SO WHAT?

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Brussels, Belgium




What Happens In…

# …ends up on the web.

Whatever we put online is public, even if it's marked "private," and, does it go away when we delete it.







# They loved your G.P.A. then they saw your posts/email/and texts



# Waitlisted by Harvard? Check your inbox — 10 freshmen lose spots over obscene FB messages



Taylor Rogers

Yahoo News June 6, 2017



John Harvard monument by Daniel Chester French. (Photo: Getty Images)

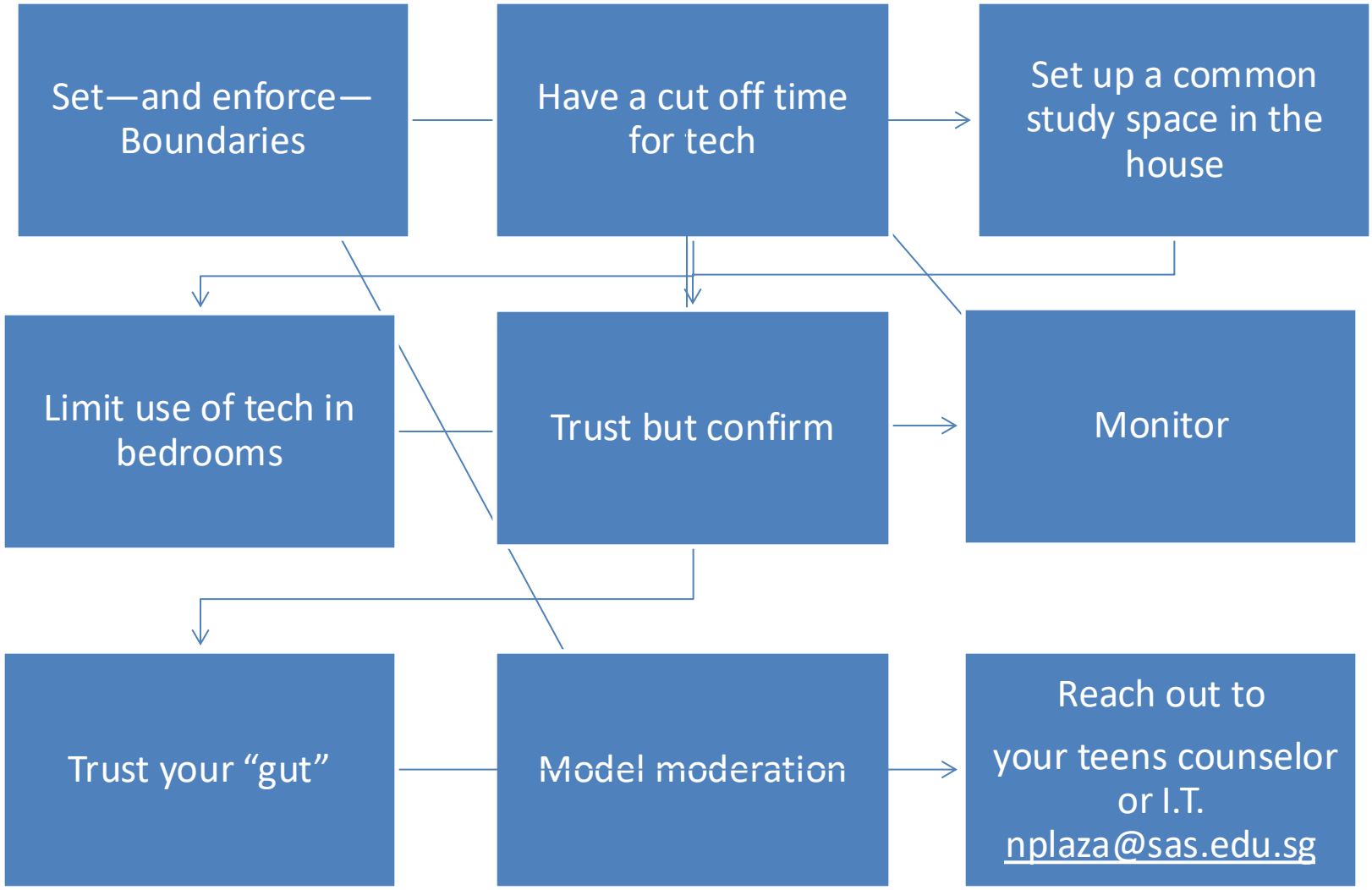
What started as a private Facebook group for sharing funny memes resulted in at least 10 incoming Harvard University freshmen losing their admission acceptance offers.

The school revoked their admission in mid-April after discovering the students shared sexually explicit, racist, and offensive memes, as well as messages in a group chat called "Harvard memes for horny bourgeois teens," the Harvard Crimson first reported.

After joining the university's official "Harvard College Class of 2021" Facebook group, a group of students formed an offshoot messaging group that became a space to share jokes and images mocking sexual assault, the Holocaust, and often targeting ethnic or racial groups, the Crimson reported.

# Help teens understand their audience

# End and Beginning…Tech Parent Suggestions



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# Closing Question

Based on what we covered this morning, as well as conversations you have had with fellow parents, what are you next steps regarding technology and your teen(s)?




ANY
QUESTIONS
?