



Seneca Valley

Raider Athletes of the Month

November, 2020



The Female Athlete of the Month is senior girls cross country runner Dylan Kirchner. Dylan had a fantastic senior season capping a wonderful career at Seneca Valley as she was a medalist in every invitational this year. At the Red, White, and Blue Invitational at White Oak Park she finished 11th overall and followed it up by medaling in 20th place at the PIAA Foundation meet at Hershey Park. In late October, Dylan placed 14th at the TSTCA meet. At the WPIAL 3A Championships, Dylan placed 12th overall with her season best time of 19:12 qualifying for the state meet. The following weekend at the PIAA 3A Championships at Hershey Park, she finished 51st with a time of 21:10. For an outstanding month and exceptional season, we recognize Dylan as the November Athlete of the Month. Congratulations and best of luck in your bright future!



The Male Athlete of the Month is senior boys soccer captain forward Zack LaValle. Zack had an unforgettable senior campaign leading the Raiders to a 17-1-1 record including a WPIAL 4A Section 1 title, WPIAL 4A Championship, and a PIAA 4A State Championship. Zack was selected to the Big 56 Conference First Team All-Section, Section 1 Elite 19, Western Pennsylvania Soccer Coaches Association (WPSCA) All-WPIAL Team, and was a Pennsylvania State Coaches Association (PSCA) All-State nominee. Zack finished the season with 14 goals, 8 assists, and was the team's second leading scorer. In the PIAA 4A State Championship, Zack assisted the game-tying goal in the second half and then scored the game-winning goal on a header off a cross in double overtime to help the Raiders capture the gold. For an outstanding month and senior season, we recognize Zack as the November Athlete of the Month. Congratulations and best wishes in your future endeavors!