



Seneca Valley

Raider Athletes of the Month

September, 2019



The Female Athlete of the Month is junior girls volleyball standout Sarah White. Sarah's numbers were impressive on the court for the Raiders as she compiled 102 kills, 189 assists, 14 blocks, 78 digs, and 32 aces in fifteen matches (including tournaments) during the month. She helped lead her team to a 6-3 overall record, 5-2 section record, and a third place finish at the Westminster (MD) Tournament. The Ohio State University recruit will play a vital role in leading her team into the WPIAL Class 4A playoffs in October. For an outstanding month, we recognize Sarah as the September Athlete of the Month. Congratulations and best of luck the remainder of the regular season and into the playoffs!



The Male Athlete of the Month is sophomore boys golfer Nolan Nicklas. Nolan had a notable month of September, as he averaged a score of 37.4 including seven birdies in seven regular season matches. He shot a season-low 34 against Shaler at LakeVue North Golf Course. In the WPIAL Class 3A individual semifinals at Willowbrook Country Club, Nolan finished in second-place with a 18-hole score of 75 qualifying him for the WPIAL finals. He finished 24th with a score of 79 in the WPIAL Class 3A finals at Fox Chapel Golf Club. Nolan and the rest of his team will compete in the WPIAL team championships in October to finish out the season. For an outstanding month, we recognize Nolan as the September Athlete of the Month. Congratulations on an outstanding sophomore season and best of luck at the WPIAL team championships!