

USDA Wellness Committee
6/6/24 (Thursday) at 3:30 am
Via Zoom

MINUTES

1. FY24 Committee Membership Update

- Welcome to New Members: Meghan Chevrefils from HUES and Johanna Shriver Halligan from the BSD Board
- Warm welcome to the new members
- Several other open positions: Food Service position, PE Teacher (preferably secondary), parent and two students.

2. Status of USDA Timeline for Updating the School Menu Standards-Amy

Amy: all kinds of new documents and implementation standards. Not necessary until 2025-26 school year, but Food Service team will start training this summer. New implementations involve breakfast and lunch

3. FY24-New Policy, New Procedures

- Wellness Coordinators used the assessment tool to gather the data for their school in November
- Principals' have been given the results of their assessment so they know what improvements need to be made January through May
- Wellness Committee reviewed the baseline data in January
- Wellness Coordinators will use the assessment tool to gather the data for their school again in May
- Wellness Committee will review, in June, the data gathered in May to analyze the improvements made from the baseline assessment done in November.

All above steps were taken over the course of the 2023-24 school year, cmte is now on the highlighted step. Comments about data were welcomed...

Linda: concerns about RMMS physical activity numbers, seem inflated, would like to see the number reported correctly

Kelly: will review and reconsider that data

Amy: sought clarification about recess used as punishment... Kelly to add clarifying comments in the final synopsis to note that data had very specific situations to consider

Johanna: curious about the “wrap up” process for principals and how to move forward with further implementation after the final report is done for 2023-24. Kelly and Emmie to ensure that a final report is posted to the SAU41 website in compliance with the updated policy.

The following are attached:

- ✓ Nov data
- ✓ May Data
- ✓ Summary Results

4. Create Next Year’s Baseline Assessment (see attached draft document)

Kelly: wants to take current assessments and include the comments of the committee in new forms for 2024-25. Asks cmte for approval on the updates and for exact language they want used for the new assessment forms in a September meeting

Amy: would like to leave the 2024 data on the form so that we can refer to it moving forward. 2023-24 school year was the first year with this form.

Johanna: agrees with Amy, would like to consider removing the goals that are met, but not changing the unmet goals and including the data on what was unmet.

Kelly: can work with those comments when making new assessment. Moves onto new goals to include, recounts what was mentioned in last meeting, and asks for further thoughts

Amy: finds all goals very attainable, addresses one of the goals and that it may be outside of the food service program capabilities

Linda: Agrees that she is happy with the new goals. Validates Amy’s concerns

Kelly: looks closer at HBHS and HBMS where PE deficits are noted. Goals for these schools are exactly the same as the elementary schools. Overall, she questions the food festival idea. It may be too big of an ask for the schools.

Cmte consensus is that a food festival is too ambitious and should be placed as a

“back burner” goal.

Kelly: asks cmte to help her formulate new language for the new goals on the forms.

Linda and Amy offer support and insight with considerations to the new FDA standards. The group agrees with simply phrased questions for the first few new additions.

Johanna: asks for clarification about what differentiates HBHS and HBMS from the elementary schools and if the goals can be executed similarly. For all schools, how can we help the track physical activity levels during the school day?

Meg: thinks it's wise to consider how students are using their opportunities to be active (EX: recess options do not guarantee students will be active)

Cmte finds this to be very compelling and important to consider

Linda/ Johanna: both offer insight into ways to phrase the question in a way that takes into account all of the possible scenarios and schools

Linda: emphasizes that there needs to be a better way to track the exact amount of exercise per week

Johanna: Are you tracking physical activity? Both required and optional?

Group consensus supports that phrasing plus what Kelly will add in the final draft.

Kelly: asks about phrasing for last new question

Linda: offers an example and ideas on how to implement this into the schools at the different grades (include in morning announcements)

Johanna: offers more examples based on Linda's recommendations (sensory for PreK)

Kelly: agrees with these points and will consider in final draft. She will include Paula

Izbicki and Amy Cassidy in formulating the final draft.

Kelly will change October meeting to September so that the new wellness assessment can be considered early next year.

Meeting adjourns with plans to meet in September.

5. Next Meeting: October 10th – 3:30 pm via Zoom

6. FY25 Meetings:

- October 10th
- January – TBD
- April – TBD
- June - TBD