





MIDDLE AND HIGH SCHOOL BREAKFAST

OCTOBER 2024

Menu is subject to change and a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Cinnamon Toast Crunch Bar BK Kit	Chocolate Chip Muffin Strawberry Gel Cup Apple Juice	Cherry Frudel Apple Juice Orange Mango Applesauce	Granola w/ Cinnamon & Blueberry Yogurt Orange Juice Watermelon Craisins	Mini Cinni Pull-A-Part Fresh Fruit Fruit Punch Juice 
7	8	9	10	11
Cinnamon Toast Crunch Cereal Apple Juice Fresh Fruit	French Toast Sticks Strawberry Craisins Fruit Punch Juice	Plain Bagel Mixed Fruit Cup Orange Juice	Mini Cinni Caramel Pull-A-Part Fresh Fruit Grape Juice	Confetti Mini Pancakes Strawberry Applesauce Apple Cherry Juice
14	15	16	17	18
Indigenous Day School Closed  NATIONAL SCHOOL LUNCH WEEK	<u>Parent/Teacher Conferences</u> No School for Students	Chocolate Chip Muffin BK Kit	Mini French Toast Berry Blast Sliced Apples Apple Cherry Juice	Honey Cheerios Cup Fresh Fruit Orange Juice  FIND YOUR TREASURE!
21	22	23	24	25
Turkey Sausage Breakfast Pizza Bagel Cherry Craisins Fruit Punch Juice	Orange Cranberry Muffin Fresh Fruit Grape Juice	Trix BK Kit	Strawberry Mini Bagel Fresh Fruit Orange Juice	Cinnamon Mini Waffles Fresh Fruit Apple Cherry Juice
28	29	30	31	1
Staff PD Day No School for Students	Banana Muffin Tropical Fruit Cup Orange Juice	Mini French Toast Berry Blast Fresh Fruit Apple Cherry Juice	Maple Mini Pancakes Strawberry Craisins Grape Juice	Apple Cinnamon Texas Toast  Fresh Fruit Fruit Punch Juice

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

