



## When to keep your child home from school

*Exclusion Guidelines for Schools*



Does your child have any of the following symptoms?



**Fever:** Body temperature greater than 100.5° F.



**Unusual behavior changes:** Irritability, lethargy, or somnolence/drowsiness.



**Vomiting:** At least one episode that is unexplained.



**Colored drainage from eyes.**



**Diarrhea:** Three watery or loose stools in one day.



**Difficulty breathing or shortness of breath; serious, sustained cough.**



**Stiff neck or headache with fever.**



**Brown/green drainage from nose with fever greater than 100.5° F.**



**New skin rash/lesion not previously diagnosed by healthcare provider.**



**Jaundice:** Yellow color of skin or eyes.

**If YES, please follow the guidelines below:**

**If NO, your child can attend school.**

- For Fever: Stay at home until fever is below 100.5° for 24 hours WITHOUT use of fever reducing medications (Advil/ibuprofen, Tylenol/acetaminophen, aspirin).
- For diarrhea and vomiting: Stay at home until diarrhea and/or vomiting has stopped for 48 hours.
- For skin rash, sores or wounds: Stay at home if rash is increasing in size, or if new sores/wounds are developing —OR— if rash, sores/wounds are draining and cannot be covered with a bandage. No contact sports until sores/wounds are healed and no longer draining.
- For cough: If lasting two weeks or longer, call your school nurse or student's healthcare provider.



**SCHOOL  
NURSE  
CONTACTS**

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## Recommendations for Common Conditions Diagnosed by a Medical Provider

Diagnosis by Medical Provider	Okay to attend school?	Recommended School Precautions
Abscesses/Boils Staph skin infections Impetigo	Exclude: Open draining wounds Restriction: May attend with provider permission, or lesion is dry and crusted with no drainage	Wash hands thoroughly and often Good personal hygiene
Chickenpox (Varicella)	Exclude: Exclude until chickenpox lesions have crusted or dried with no further drainage (minimum of 5 days after rash appears).	Wash hands thoroughly and often Cover mouth/nose for cough/sneeze If immunocompromised contact healthcare provider
Fifth's Disease	Exclude: May attend with licensed healthcare provider permission or when no rash or signs of illness are present	Wash hands thoroughly and often Cover mouth/nose for cough/sneeze
Hand, Foot & Mouth Disease	Exclude: May attend with provider permission, or blisters are no longer present	Wash hands thoroughly and often Good personal hygiene
Head Lice *Refer to district policy	Exclude: If required by school policy (generally for live lice, only)	Check siblings/close contacts Avoid sharing/touching clothing
Meningococcal Disease (Meningitis)	Exclude: If bacterial, until at least 24 hours of antibiotic treatment. If viral, ok to attend. Reportable: YES	Wash hands thoroughly and often Cover mouth/nose for cough/sneeze No sharing food/drink/utensils
Pink Eye (Conjunctivitis)	Exclusion: Per School Policy Consult with school nurse/provider	Wash hands thoroughly / No sharing of personal items
Pin Worm	Exclusion: Restriction may be necessary in situations where students are unable to control bowel function, otherwise NO.	Wash hands thoroughly / Good personal hygiene Consult with school nurse/provider
Poison Oak	Exclusion: None	Wash hands thoroughly
Ringworm	Exclusion: None	No contact sports until lesions are healed or no longer draining
Scabies	Exclusion: Restriction from school until treated	Wash hands thoroughly / Screen close contacts / No sharing of personal items
Shingles	Exclusion: Restriction from school until all skin lesions are crusted or resolved, and no new lesions are developing	Keep lesions covered with dressing and contact school nurse or local health department
Strep Pharyngitis	Exclusion: Restriction from school until 24 hours of antibiotic treatment is completed	Wash hand thoroughly / Cover mouth and nose for cough or sneeze
Tuberculosis	Exclusion: Okay to attend school with permission. A positive TB skin test alone does not mean an individual is infectious Report: YES	Report to school or consult with provider