



# 8th Grade Girls Basketball

## Preseason Info

Coach – Allyson Bolton  
vangundy.16@gmail.com



## Open Gym Schedule

Tuesday 10/22 3:15pm - 4:45pm

## Physical and EMA Forms

- If you have already played a sport this year, you are finished with all your paperwork
- If you have not played a sport this year, you will only be allowed to participate if you have a physical completed by the FIRST tryout/practice
- You must also have your EMA form (Emergency Medical Authorization) by the FIRST practice

## Team Expectations

- To be a good student
- To show leadership
- To be on time for practice and games
- To be coachable
- To show respect towards coaches, players, and officials
- To demonstrate a love for practice and playing the game
- To always try your best and come ready to get better every day!

## Tryout Schedule

Friday 10/25 3:15-4:30  
Monday 10/28 4:30-5:45

## Practices

Tuesday	10/29	4:30-5:45pm
Wednesday	10/30	5:15-7:15pm
Thursday	10/31	No Practice
Friday	11/1	5:15-7:15pm
Saturday	11/2	10-11:30