



GHC TK8
DAILY LUNCH SPECIAL MENU

October 2024



MENU SUBJECT TO CHANGE WITHOUT NOTICE

WE OFFER VS. SERVE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
   <p>1-Oct Chicken Taco Bowl Turkey or Ham Sandwich Daily Salads or Wraps Chick'n Tenders Milk - Juice - Fruit</p>	<p>2-Oct Cheese Lasagna (V) Garlic Bread Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>	<p>3-Oct UNASSIGNED DAY</p>	<p>4-Oct Pizza Pepperoni or Cheese Baby Carrots Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>	
<p>7-Oct Beef/Cheese Taquitos Salsa, Nacho Cheese, Chips Turkey or Ham Sandwich Daily Salad Quesadilla (V) Milk - Juice - Fruit</p>	<p>8-Oct Chicken Tenders w/ Zucchini Turkey or Ham Sandwich Daily Salads or Wraps Chick'n Tenders Milk - Juice - Fruit</p>	<p>9-Oct Cheeseburger with Fries Turkey or Ham Sandwich Daily Salad Veggie Burger (V) Milk - Juice - Fruit</p>	<p>10-Oct Grilled Cheese Sandwich Sweet Potato Fries Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>	<p>11-Oct Pizza Pepperoni or Cheese Baby Carrots Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>
<p>14-Oct Italian Sub Chips Baby Carrots Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>	<p>15-Oct Chicken Taco Bowl Turkey or Ham Sandwich Daily Salads or Wraps Chick'n Tenders Milk - Juice - Fruit</p>	<p>16-Oct Spaghetti with Meat Sauce Turkey or Ham Sandwich Daily Salad Spaghetti (V) Milk - Juice - Fruit</p>	<p>17-Oct Chicken Mac & Cheese w/ Broccoli Turkey or Ham Sandwich Daily Salad Chick'n Nuggets (V) Milk - Juice - Fruit</p>	<p>18-Oct Pizza Pepperoni or Cheese Baby Carrots Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>
<p>21-Oct Beef/Cheese Taquitos Salsa, Nacho Cheese, Chips Turkey or Ham Sandwich Daily Salad Quesadilla (V) Milk - Juice - Fruit</p>	<p>22-Oct Chicken Tenders w/ Zucchini Turkey or Ham Sandwich Daily Salads or Wraps Chick'n Tenders Milk - Juice - Fruit</p>	<p>23-Oct Cheeseburger with Fries Turkey or Ham Sandwich Daily Salad Veggie Burger (V) Milk - Juice - Fruit</p>	<p>24-Oct Grilled Cheese Sandwich Sweet Potato Fries Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>	<p>25-Oct Pizza Pepperoni or Cheese Baby Carrots Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>
<p>28-Oct Double Dogs Tater Tots Baby Carrots Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>	<p>29-Oct Chicken Taco Bowl Turkey or Ham Sandwich Daily Salads or Wraps Chick'n Tenders Milk - Juice - Fruit</p>	<p>30-Oct Cheese Lasagna (V) Garlic Bread Turkey or Ham Sandwich Daily Salad Milk - Juice - Fruit</p>	<p>31-Oct Beef & Cheese Chalupa & Corn Turkey or Ham Sandwich Daily Salad Chick'n Nuggets (V) Milk - Juice - Fruit </p>	

ALL MEALS include YOUR CHOICE OF WHOLE FRESH FRUITS, HEALTHY SIDE DISH OR SIDE SALAD AND YOUR CHOICE OF

MILKS, FAT FREE, LOW FAT, FAT FREE CHOCOLATE AND 100%FRUIT JUICE. DRINKING WATER IS AVAILABLE IN ASSIGNED AREAS