



GHC TK8
STAFF LUNCH MENU

October 2024



MENU SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1-Oct</p> <p>Lasagna Meat or Veggie Green Salad</p>	<p>2-Oct</p> <p>Beef and Cheese Tamales Beans and Spanish Rice</p>	<p>3-Oct</p> <p>UNASSIGNED DAY</p>	<p>4-Oct</p> <p>Pizza Day Salads, Wraps, Sandwiches</p>
<p>7-Oct</p> <p>Tomato Soup Avocado Bacon Grilled Cheese</p>	<p>8-Oct</p> <p>Pulled BBQ Chicken Sandwich Baked Beans</p>	<p>9-Oct</p> <p>Sweet Thai Chili Chicken Stir Fry Rice</p>	<p>10-Oct</p> <p>Beef and Gravy Baked Potato Veggies</p>	<p>11-Oct</p> <p>Pizza Day Salads, Wraps, Sandwiches</p>
<p>14-Oct</p> <p>Turkey Melt Spinach, Bacon, and Cheddar Cheese Chips</p>	<p>15-Oct</p> <p>Zuppa Toscana Soup Garlic Bread Tuscan Tomato Artichoke Salad</p>	<p>16-Oct</p> <p>Chicken Fajita Bowl Rice, Beans, Salsa Sour Cream</p>	<p>17-Oct</p> <p>Steak Roasted Tomato and Onion Sandwich with Garlic Aioli Tortellini Salad</p>	<p>18-Oct</p> <p>Pizza Day Salads, Wraps, Sandwiches</p>
<p>21-Oct</p> <p>Chicken Bake Chips</p>	<p>22-Oct</p> <p>Beef and Broccoli Steamed Rice</p>	<p>23-Oct</p> <p>Za'atar Chicken Roasted Red's and Mediterranean Quinoa Salad</p>	<p>24-Oct</p> <p>Bacon, Avocado, Cheeseburger with Grilled Onion Potato Salad or Chips</p>	<p>25-Oct</p> <p>Pizza Day Salads, Wraps, Sandwiches</p>
<p>28-Oct</p> <p>Minimum Day Salads, Wraps, Sandwiches</p>	<p>29-Oct</p> <p>Minimum Day Salads, Wraps, Sandwiches</p>	<p>30-Oct</p> <p>Minimum Day Salads, Wraps, Sandwiches</p>	<p>31-Oct</p> <p>Minimum Day Salads, Wraps, Sandwiches</p>	

THIS SCHOOL IS AN EQUAL OPPORTUNITY INSTITUTION

