

October

Breakfast

Lunch

Tuesday 1st	pop tart gogurt	corn dog - potato
Wednesday 2nd	french toast and sausage	hamburger gravy - potato - bun
Thursday 3rd	long john string cheese	ham potato bun
Friday 4th	breakfast sandwich	Spaghetti
Monday 7th	pb&j and gogurt	macaroni & cheese chicken nuggets
Tuesday 8th	cinnamon roll mozzarella stick	hamburger casserole-corn-bun
Wednesday 9th	pancakes and sausage	Chicken leg mashed potato bun
Thursday 10th	breakfast sandwich	soft shell taco
Friday 11th	oven omelet bagel	sloppy joe chips

Monday 14th	No School	No School
Tuesday 15th	pop tart rice crispy	goulash - corn - bun
Wednesday 16th	long john gogurt	pulled pork sandwich chips
Thursday 17th	breakfast sandwich	potato ole' - cookie
Friday 18th	pb&j and gogurt	CB FF

Monday 21st	french toast and sausage	Chicken sandwich - ff
Tuesday 22nd	long john string cheese	tater tot casserole-green bean-bun
Wednesday 23rd	breakfast sandwich	Pizza
Thursday 24th	hard boiled egg- rice crispy bar-mozzarella stk	super nacho
Friday 25th	No School	No School

Monday 28th	biscuits & gravy	chicken strips ff
Tuesday 29th	pop tart rice crispy	lasagna casserole corn bun
Wednesday 30th	cinnamon roll mozzarella stk	hot dog baked beans
Thursday 31st	pb&j and gogurt	chicken and biscuits mixed vegetables

Breakfast - All breakfasts will have choice of milk, juice, and 1 cup of fruit

Lunch - All lunches will have a choice of 1% milk or skim chocolate milk and 1 cup of fruit and vegetables

Fresh Fruit and Vegetable snack is provided to grades prk-6th every afternoon

An afterschool snack is provided to kids who participate in the afterschool program and activities
Monday through Thursday