

# What's on the Menu?

## Elementary Diet Accommodation October - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Chicken Taco on Corn Tortilla</b> Refried Beans	2 <b>GF/DF Mac n' Cheese</b> Roasted Broccoli	3 <b>GF Chicken Nuggets</b> Smile Fries	4 <b>GF/DF "Cheese" Pizza</b> GF Cookie
7 <b>Hamburger on GF Bun</b> Baked Beans	8 <b>Beef Taco on corn tortilla</b> Mexi-Corn	9 <b>GF Chicken Nuggets</b> Smile Fries	10 <b>GF Pasta with Marinara Sauce &amp; Diced Chicken</b> Roasted Cali Veggies	11 <b>GF Waffles</b> <b>Turkey Sausage</b> Baked Apples
14 <b>Hot Dog on GF Bun</b> Baked Beans Fresh Apple Slices	15 <b>Walking Taco</b> Salsa	16 <b>GF Chicken Nuggets w/Sweet &amp; Sour Sauce</b> Fried Brown Rice	17 <b>Sloppy Joe on GF Bun</b> Tato Tots	18 <b>GF Swedish Meatballs</b> GF Pasta
21 <b>GF Chicken Tenders</b> GF Pretzels BBQ Baked Beans	22 <b>GF Meatloaf w/ketchup glaze</b> Mashed Sweet Potatoes GF Dinner Roll	23 <b>GF Waffle</b> Hashbrown Patty Almond milk Yogurt	24 <b>GF Pasta with Marinara &amp; GF Meatballs</b> Savory Green Beans	25 <b>Hot Dog on GF Bun</b> GF Graham Crackers
28 <b>Crispy Chicken Sandwich</b> French Fries Apple Slices	29 <b>Chicken Taco on Corn Tortilla</b> Refried Beans	30 <b>GF/DF Mac n' Cheese</b> Roasted Broccoli	31 <b>GF Chicken Nuggets</b> Smile Fries	

All Meals are served with:

- 1% White or 1% Chocolate Milk
- Lactose free or Soy Milk for dairy intolerance or allergies
- Minimum of ½ cup fruit or ½ cup vegetable

Dietary Accommodation available. Contact food service director for information.

*Menu is subject to change without notice.*