

What's on the Menu?

Elementary Diet Accommodation October - Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	1 GF Bagel Peanut Butter Banana	2 GF Breakfast bar GF Muffin	3 Almondmilk yogurt GF Graham Cracker	4 GF Waffle
7 Cinnamon Chex Almondmilk Yogurt	8 GF English Muffin Grape Jelly HB Egg	9 GF Breakfast Bar Almondmilk Yogurt	10 GF Blueberry Muffiin String Cheese or Almondmilk Yogurt	11 GF Waffle
14 No School	15 GF Bagel Peanut Butter Banana	16 GF Breakfast bar GF Muffin	17 Almondmilk yogurt GF Graham Cracker	18 GF Waffle
21 Cinnamon Chex Almondmilk Yogurt	22 GF English Muffin Grape Jelly HB Egg	23 GF Breakfast Bar Almondmilk Yogurt	24 GF Blueberry Muffiin String Cheese or Almondmilk Yogurt	25 GF Waffle
28 Cheerios Almondmilk yogurt	29 GF Bagel Peanut Butter Banana	30 GF Breakfast Bar Almondmilk Yogurt	31 Almondmilk yogurt GF Graham Cracker	

All Meals are served with choice of 1% white or chocolate milk
-OR-
Vanilla Soymilk or Lactose Free Milk for those with dairy allergy or intolerance.

All meals are served with a minimum of ½ cup fruit.

Dietary Accommodation available. Contact food service director for information.

Menu is subject to change without notice.