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October 3, 2024

## More Than A Hero *Read About PR Custodian Joe Strobel*

AVA BARSON STAFF WRITER

It was an average day at the Scoreboard Restaurant and Lounge. The Steelers were playing, so people flooded inside to watch. There were meals provided through a buffet for the customers. Amongst those customers was Joe Strobel, a PRHS custodian. Strobel was doing what he loved: watching football. He used to watch football with his grandfather, so this was important to Strobel.

All was going well when, all of a sudden, screams broke out, and fear flooded Strobel's table. To his side was a man choking on some food. The three women with that man were bursting with screams and yelling,

"He can't breathe!"

Strobel did what he knew he had to do. He saved that man's life.

"No reaction, I had half a second. I knew in my mind that I had to do the Heimlich. I had to save him," Strobel said.



Strobel during Journalism group interview in Mrs. Harshman's Journalism class, room 221: Photo provided by Mrs. Hasinger



Strobel during in room 221: Photo provided by Mrs. Hasinger

**READ  
MORE  
ABOUT JOE  
STROBEL  
ON PAGE 15**

Dear Readers,  
In this week's edition, we are excited to bring you a wide range of stories that deal with our PR community all the way to worldwide hot topics. Thank you for your continued support to our publication. So, sit back, take a break, and stay up to date with your PR community by reading the Rampage.

Sincerely,  
June McCune and  
Anna Karmanos  
Co-Editor-In-Chiefs

## PR Crowns 2024 Homecoming Queen



Mackenzie Mercuri, Tiffany Gathers, and Maura Sciullo, Photo provided by: @pr\_schools



Homecoming Queen Tiffany Gathers, Photo provided by: @pr\_schools

**Homecoming Queen:** Tiffany Gathers  
**1st Runner-Up:** Maura Sciullo  
**2nd Runner-Up:** Mackenzie Mercuri

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# Student Life

Senior Jake Pazin



Seniors Skylar Jackson, Brielle Jones, Nedda Immen, Jules Jung, and Sara Irwin



Guidance Counselor Mrs. Straub



Senior John Folino



Senior Tyler Schurman



Juniors Sophia Priore, Jimena Baldazer, and Conor Barcaskey



Senior Erin Murray

**Rammy says,  
"READ THE RAMPAGE!"**

School mascot, Rammy, greeted students and handed the first Rampage of the 2024-25 school year on 9/26 as they walked into the building.

\*All photos taken by June McCune\*



Senior Matteo Rotelli

# Student Life

The PR Mob at the Homecoming Football Game on 9/27. Photo provided by Jake Pazin



## Happy Homecoming!



Seniors Lauren Marsilio Nicolina Phillips,  
Photo provided by Instagram



Sophomores Charley White and Claire Mill, Photo provided by Instagram



Juniors Isabelle Hoppe and Megan Dekunder, Photo provided by Instagram



Seniors Anna Karmanos and Sedda Immen, Photo provided by Anna Karmanos



Sophomores Alona Grytsiuk, Anastasia Landrus, Peyton Johnson, and Ava Brough,  
Photo provided by Instagram



Seniors Jake Jones, Addie Robb, Ana Gonzalez, and Rowan Foster, Photo provided by Instagram



Freshmen Ellie Bittner and Izzy Montani, Photo provided by Instagram



Seniors Josh Lanyard and Emma Eckert, Photo provided by Instagram

# Student Life

## A Freshman's First Homecoming *A Night to Remember*

VIENNA RESTELLI STAFF WRITER

Homecoming took place last Saturday from 7 to 10 pm. Although it was originally planned to be on the field, it was moved indoors due to weather conditions. Despite this change, it was really fun inside. We weren't limited to the cafeteria and could go almost anywhere in the hallways as we hung out with friends.

Before homecoming, many people went out to dinner with a date or a group of friends and took lots of pictures. At the dance, popular songs were played in the cafeteria, and it was so fun to shout the lyrics.

Aside from singing and dancing, there were games like corn hole and balloon animals. I spent most of my time in the balloon animal line; there was a variety of colors to choose from. Students got balloons ranging from crowns to animals to people.

For me, this was my first homecoming, and it definitely lived up to my expectations. I had a lot of fun hanging out with friends and enjoyed the mango Rita's Ice.

Freshman Erin Zheng remarked, "Homecoming was pretty enjoyable. I was mostly on the dance floor, which was pretty loud, and I could tell there was a lot of energy. The balloons were so fun as well! I got a blue tiara."

After the dance was over, I wished I could've been there longer. I had a great time and can't wait to go again next year!



Freshmen Erin Zheng and Vienna Restelli

## HOMECOMING REVIEWS:

**Senior Ava Means:** "The mosh pit was hot and sweaty."

**Freshman Erin Zheng:** "There were people spread out, which I liked because then not everyone was clumped together."

**Junior Isabelle Hoppe:** "I liked that they spread it out to different locations. It was pretty good overall."

**Freshman Sophia Kerns:** "The music felt like it was kind of all over the place, but it was so much fun and I loved having the courtyard open."

## ATTENTION SENIORS!

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**THE DEADLINE IS  
DECEMBER 2ND!**

# Student Life

## Happy Homecoming!



Seniors Mary Novick and Tristan Farrar, Photos provided by Instagram



Seniors John Folino and June McCune, Photo provided by Instagram



Senior Jake Waddell, Junior Bella Fritz, Senior Wesley Calhoun, Gracie Richardson, Photo provided by Instagram



Juniors Shome Rao and Maciah B. Photo provided by Shome Rao



Seniors Ava Means and Tori Roccia, Provided by Ava Means



Seniors Anna Amato and Ella Larsen, Photos Provided by Instagram

# Student Life

## Resources or Distractions?

### *Should Phones be Allowed in Classrooms?*

SOPHIA KERNS STAFF WRITER

Phones are important for many reasons. They help us get information, communicate with our friends, and connect with the whole world. Even though phones are so great, should we be allowed to have them with us during the day? Are they an important tool we can use throughout the day or just a distraction?

Twenty students were asked what their take on this idea was. There were 18 people that said that students should be allowed to have their phones in class. Most people agreed that we should be able to have our phones during an emergency situation.

One student said, "I believe students should be able to have their phones with them because there are certain situations in school where students need to have the ability to contact a guardian."

Some of the students mentioned that they would also like to be able to go on their phones when class is over or to listen to music while doing independent work. Phones could also be used to check updates for upcoming events and easier access to apps like Gmail and Google Classroom. For students participating in high school sports, they mentioned that being able to see practice updates or game changes as soon as they come out is very helpful.

One common theme among almost all the "yes" answers though was that there needs to be limitations. Many students said that you should have to keep it in your backpack and not have it out all class.

A student mentioned, "I think it is reasonable for there to be restrictions on when they are allowed to be used in the classroom."

A couple responses said that phones need to be put away during specific circumstances including tests and quizzes. People were also saying it is important for students to be responsible with their phones. They were saying that if students were being accountable with their devices, then they shouldn't be a problem.

A student that mentioned this said, "I think phones can be used in positive ways, but they can also be a distraction during lessons. It depends on how kids use their phone, if they are good or not."

The other 2 students said that phones should not be allowed in the classroom. These students believed that having your phone on you during class would be too much of a distraction.

A student stated, "I believe that the productivity of students would decrease."

Other points mentioned were not being able to completely "lock in" during classes and not being able to put your focus towards getting good grades.

Some of the teachers have made their own decisions on the topic. There are teachers that make you give them your phone as soon as you walk in the door. Other teachers will ask you to use your phone to take photos of whatever is on the board. Many students agreed that it was ultimately the teacher's decision on what they did with their phones.

Some comments were, "Teachers should be able to make the students take their phone to a 'phone jail' if they have it during class when they should not be on it," and, "I feel as if students should be allowed to carry their phone with them during class, but if they were to get caught it should be taken away."

No matter what your opinion on the topic is, make sure to respect your teacher's decision.

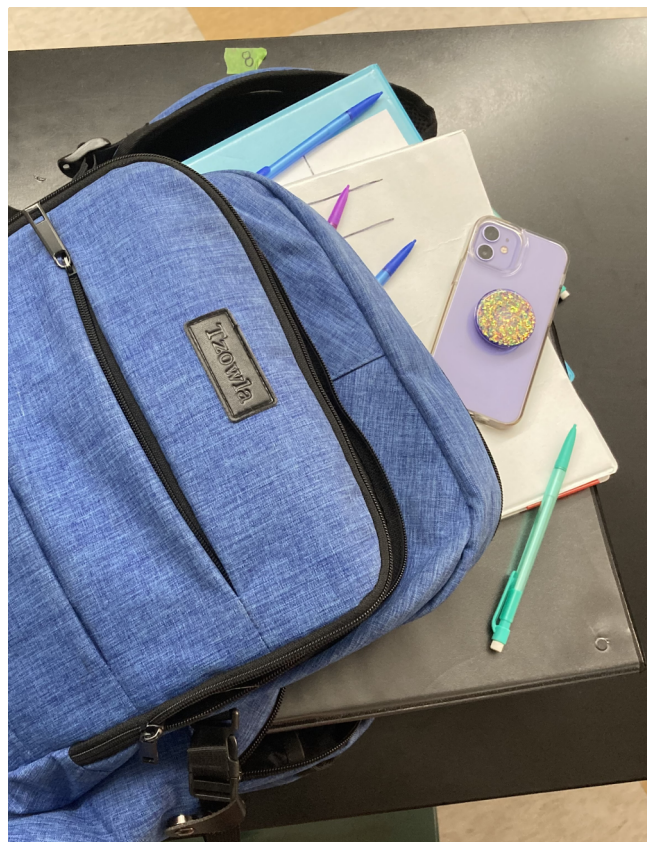


Photo provided by Sophia Kerns

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opportunity to see your  
name in print.**

# Student Life

## Beetlejuice Beetlejuice: A Review

### *My Spoiler-Free Opinion on this Hit Sequel*

HANNAHJAYNE SHANNON STAFF WRITERS

On Saturday, September 7th, I saw the new movie "Beetlejuice Beetlejuice", a sequel based on the classic movie "Beetlejuice". Today, I will be sharing my thoughts and opinions on this movie. I hope everyone reading this enjoys hearing what I have to say about this film.

For some background information, the movie "Beetlejuice" is about a couple known as the Maitlands. The Maitlands die early in the movie, and after their death a new family moves into their old house. Throughout the course of the movie, they try to scare the unbearable family out of the house. They later decide to hire a "bioexcersist" named Betelgeuse, to help them with their scaring. Later on, Betelgeuse adds some complications to their plans by trying to get Lydia Deetz to say his name three times so he can come back to life.

This new movie follows a grown-up Lydia Deetz, her boyfriend Rory, her stepmother Delia, and her daughter Astrid. Lydia is working when she gets a call from Delia and rushes to the place of Delia's work. She broke the news that Lydia's father Charles, died by getting bit by a shark. They have to rush to their old town to



Photo provided by Google

have a funeral for him. Lydia's daughter is riding her bike and runs into the guy, who she later finds out is a ghost. He is trying to get his life back and takes Astrid to the afterlife with him so he could take her soul and live his life. Lydia finds out and has to call Betelgeuse to help her get her daughter back. They get her back and then have to kill Betelgeuse and his ex-wife who was trying to kill him.

Moving on from that, let's talk about what I thought about the movie. I thought the movie was fun and entertaining. For me though, I felt like the movie was missing something or the plot line was rushed. I loved the cast of the movie, and I thought they all did amazing. This movie had the perfect amount of jokes and references to the first movie. So, people who loved the first "Beetlejuice" will enjoy the little nods to the original. I would definitely recommend this movie to people who loved the first movie and love to have a great and enjoyable time while watching movies.

## Knockout Cancer

### *This year's Mini-Thon Fundraiser*

IZZY BANJAK STAFF WRITER

This Year's Mini-Thon fundraiser is "Knockout Cancer" and will be supporting pediatric and breast cancer. Some of you may be asking, "What is Mini-Thon?" Minithon is a way for high school students to raise funds and awareness for different types of cancer. The shirts will be sold this whole week, the 30th-4th. The shirts are being sold in all lunches by the Mini-Thon members and are \$20. The shirts will be worn for this Friday's home football game, the 4th, against Penn Hills. The student section leaders expect everyone at the game on Friday to support Mini-Thon and have a shirt on, even the cheerleaders will. On top of the shirts already being pink the game is a total pink out to show support to Pediatric and Breast cancer. All funds are going to the fundraiser and will help those in need.

**PINK OUT:** The student section leaders and Mini-THON are inviting you to join them at the PR Stadium this Friday night for a "PINK OUT" to raise awareness for both Breast and Childhood cancers. They are selling official MOB Pink Out shirts during all lunches all week for 20 dollars. All proceeds are going to be split between Breast Cancer and Childhood cancer research. Help the PR MOB support our families at the same time as we all cheer on our football players! You can even buy extra shirts for your family to wear at the game as well. See you there!



# Student Life

## New Cell Phone Rule

### *How do Students Feel About Phone Policies?*

BAILEY RODRIGUEZ STAFF WRITER

Many of us are addicted to our cell phones. Let's face it. With the school year back in session, the teachers are individually deciding how to take on the task of how phones are being handled in the classroom. Some teachers don't mind, and other teachers have a stricter way of handling phones.

A new phone policy a lot of classrooms are enforcing requires students to put their phones into a "Cell Phone Jail," a hanging organizer in which they are assigned a number to place their phone for the whole 40 minute class.

Other teachers don't require you to put your phone in an organizer or a bin of some sort. Instead, they just ask it to be turned off and either put away in your backpack or in the corner of your desk.

After interviewing some students at PR, I got a lot of honest feedback.

Anabella, a Junior, said she is required to put away her phone for many of her classes, whether that be in a phone holder or in a bin of some sort.

"Honestly, the only reason I don't like it is because I don't want to have to be worried about not having my phone in case of an emergency, but other than that I like it because I feel less distracted and I know the kids around me are less distracted."

Her side of the argument is that she does like the rule because it can make her feel less distracted, and she knows other students around her are less distracted with their phone in the holder.

Not only did she support the pros, but she also started off her argument with a con. Her argument is very fair because her con isn't just "because I like to have it on me." Instead, she said, "I don't want to be worried about not having my phone in case of an emergency."

Her statement is good because it looks at both sides of the argument, while still mostly being on the pro side of having phones. While many could argue that because so many

teachers have plans for grabbing phones in case of a lockdown, it may not be the most effective way for it to be done. Both arguments using safety as a defender can be looked at by either side. Another student who believes in both pros and cons of the situation is Kara Proctor, a Freshman. "Personally, I understand for tests and quizzes, but I feel like if we have downtime or they're not disruptive I don't see the problem with having our phones in class," said Kara Proctor.

She doesn't argue the con of safety however because she argues that she understands why we have to put our



Photo provided by Google





# Student Life

## Continued...

phones up for days that we are being tested on knowledge for the pure fact that our phones can be used to help students cheat. Other than that, though, she doesn't view the phones being in our possession as a problem as long as we don't make it a problem.

Finally, let's look at a student who sees the whole phone holder as more distracting than if she were to have her phone on her at all times.

"I feel less focused when my phone is in the holder because I feel like I'm more focused on getting my phone back whenever I'm supposed to be paying attention. So, honestly I wish we were allowed to keep our phones as long as we aren't constantly checking them," said Grace Wilson.

All students make a fair point in their arguments and have their own reasons. What are your thoughts? Email a Staff Writer to continue the conversation.

## A School Within A School

### *Looking Into the Preschool*

KATE IAMS STAFF WRITER

Ever wonder what it's like to be a preschool teacher? It is an interesting experience on its own, but when you add in the craziness of being located inside a high school, it is even more chaotic, but still fun. Mrs. Dull runs the preschool and was hired in 2022. She ran a virtual preschool that year due to Covid. Then, in 2023, when school returned to in-person, things had to be severely adjusted. It was her first year running the Pine-Richland Preschool. Most people don't realize how much work goes on behind the scenes to make everything run smoothly. "It is hard running a school on my own because I have to play every role and do it all," she said. She is teaching the classes, managing the high schoolers, approving the planned lessons, and registering the kids.

"It can be overwhelming sometimes having to be in charge of both high school and preschool classes, but it's also one of my favorite parts of my job. I like getting to have both age groups because you get the best of both worlds," she said.

Mrs. Dull enjoys her job, but it also comes with challenges. Finding balance between her high school and preschool classes can sometimes be difficult.

"You have to think about what is best for all of the students. It can be hard to look at both sets of learners, and not prioritize one over the other," she said.

She has set up the classes to benefit from each other, so that everyone is successful. There are also so many things that she is fond of which make all of the hard parts worth it.

"My favorite part is just the day-to-day life with the preschoolers. I love getting to watch them grow, dance, and learn. My job is extremely rewarding."

She wants to continue to create a great environment for all of her students, a place where preschoolers look forward to coming. She values all of her students.

"I want to prove that this preschool can provide a high-quality education, and that everyone is invested." She holds herself and her students to a high standard, and cares immensely about Pine-Richland's preschool.



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## Programming Club

The first meeting of the Programming Club will be this Thursday from 2:45 to 3:45 in Mrs. Klosky's room, room 419. The Programming Club is focused on developing and sharing passion for everything technology related. If you are interested, please join the Google Classroom at G777R5K.

### Open House

### SAVE THE DATE!

PRHS will host Open House on Thursday, October 10th from 6pm-8pm along with the Club Fair

## Guidance News:

The University of Pittsburgh, Chapter of Society of Women Engineers (SWE) High School Engineering Day: October 5th  
 North Pittsburgh College Fair @ La Roche University: October 7th from 6-8pm  
 Service Academy Day at Robert Morris University: October 10th  
 Financial Aid Night (Virtually through Microsoft Teams): October 15th

# Student Life

## Do Athletics Affect Your Schedule? *Does Your Schedule Change Based on the Amount of Sports Played?*

ERIN ZHENG STAFF WRITER

Many people play sports whether it's basketball, tennis, soccer... the list can go on and on. However, some people play more than one sport. Many people have to rush from after school to their sport's practice, or it runs late into the night. Personally, I play multiple sports, so I know all about rushing from one sport to another, or after school driving to my practice, trying to make it on time. Now the main question is: does the amount of sports really affect your schedule? I think that this question can go either way. If you are efficient and complete your homework at school, then you won't have anything to worry about when you get home. However, if you don't finish your homework before you go home, and if you miss points then it's your fault because you should've been efficient and done your homework to get easy points.

Lady Strader does wrestling and won the Powerade. She takes wrestling seriously and won't let anyone stop her. That includes her grades and homework. "If I have practice after school I finish my homework when I get home and if practice is later, then I finish it at school so that I can just relax until practice starts," Strader said. This shows that Strader is one of those people that shows resilience and won't let anything stop her from wrestling (Yes, even homework won't stop her). "If there's one thing that I can say



Photo provided by Google

about people that don't do their homework, it's probably stop being such a couch potato," Strader said.

This is just a payout of someone that plays multiple sports, but never completes their homework: "Jane" never wants to complete her homework and is solely focused on sports. Doing this, she's failing all of her classes and, even with warnings from her teachers and coaches, she still doesn't complete her homework. With regionals coming up, she neglects her work even more, and puts all she has to give to prepare for sports, but not school. The day before regionals, Jane finds out she can't attend it because of her grades and all of her missing homework. Because of her neglect, it cost her something more than work, but she also lost something she valued and loved.

## A Fresh Start

### *Freshman Move into High School With New Mindset*

TAYLOR SERVAGNO STAFF WRITER

School started on August 22, 2024 this year. There were so many nerves finding out the schedules as everyone was texting each other and posting about it on social media. Oftentimes, people worry about who to sit with at lunch because no one wants to sit alone. In the summer, just a week before school starts, everyone can walk their schedules. In general, most freshmen walk it numerous times. They at least walk it five times to feel good about everything so that they won't get lost on the first day. The freshmen were timid and anxious to start in a big school. It's such a big change to go from the middle school to the high school. They have to be more responsible, independent, and accountable. It takes a few weeks to adjust to the new school, the schedules, and all the work the teachers give you. On the first day of school, you can tell everyone is so nervous, but people are so nice to each other because it's the first day. There's always teachers in the hallways to help out students that get lost or just need help.

I interviewed freshman Ela Hernandaz and she said, "At the beginning, I was nervous. I couldn't find my way around the school. Also, meeting all of the teachers was scary."

Now that she has adjusted and it's been a few weeks she said "I like my teachers. They are all very nice. I have a lot of friends in all my classes, and I know my way



Photo provided by Google

around the school really well."

Another freshman, Allie Woessner said, "I was very excited because I had a lot of friends in my classes, but also nervous because school actually matters now for college. Time management is definitely going to be a struggle, and I did have to get used to it. I wasn't scared I was going to get lost."

Now, since a month in, she said "I'm very nervous for school because the work in the classes are a lot harder than the classes last year."

These are two different freshmen that have very different opinions on school, and that have adjusted pretty well to school.

# Sports

## Football Game Hype

### *Why do so many students adore football games?*

BAILEY RODRIGUEZ STAFF WRITER

All Pine-Richland students know that our football games are always very hyped up. The high school section, also known as "the mob", is packed with students every home game Friday nights. With this being said, you may be wondering, "what makes these games so special?"

Let's start off with talking about the themes. They are very creative, and give students a chance to connect through fashion choices. Some recent/favorite themes include neon, cowboy, blackout, USA, and many many more. Not only do students just get dressed up for these themes, but make sure to execute and go up and beyond a basic theme. Take for example the USA theme, whenever student mob leaders gave out cups of powder to students. Whenever the football team came out to run in a circle to show off players, students threw up these cups, making a huge cloud of red white and blue explode into the air.

Next, the social aspect. Many students get to the games early for tailgating. Then once the game actually starts, you can expect friend groups to be walking around, buying food, stopping to say hi to other friend groups, or simply just to watch some people watching. The most obvious point of going to the football games is to actually watch the games. Cheerleaders are on the sideline to give a performance to everyone in the audience, and to help focus attention on the players. Our team never fails to impress, and intrigue and get the audience invested in the game.

At halftime, our outstanding band, dance team, and colorguard give an astonishing performance which also never fails to impress.

So the hype over football games is a span of wonderfully exciting aspects. The student mob is excited to see YOU, yes YOU under Friday night lights soon!



Students in student section during USA theme football game: Photo provided by Jake Pazin

## A New Hope for the Steelers

### *Is Justin Fields The One?*

SHOME RAO STAFF WRITER

Since the start of the 2024 NFL season, every fan in Pittsburgh has thought of how our team is going to be. With great draft picks, new coaching, and lots of free agency moves, we thought we had it all figured out. That was until our new starting quarterback, Russel Wilson, got injured in the preseason. Doubt had spread across our city with people unsure if we could manage, but that was not for long. Justin Fields, our new backup quarterback, stepped in for Wilson and immediately took the opportunity to show his skills off.

Before being recruited to our Pittsburgh Steelers, Fields was drafted and played for the Chicago Bears. He starting off strong, but with poor management and a lackluster team, he was not able to reach his full potential. Now, after being signed to the Steelers, Fields has shown a boost in confidence after his dismal career in Chicago.

As of now, Fields has thrown for 830 yards on 70% completion for 3 touchdowns and 1 interception, and he has run for 145 yards and another 3 touchdowns. Many may think these statistics are average, and they are right. But with his quickness and tough mentality, Fields has led our Pittsburgh Steelers to a 3-1 record. Things are looking up for him, and that has boosted his confidence greatly.

With Russel Wilson on a day-to-day injury basis, Justin Fields could continue his rip through the NFL, hopefully giving him the starting quarterback position. This Sunday, the Steelers play the Dallas Cowboys, a team that is notorious for a tough defense. Wilson may be returning, but Fields says he is always ready if the team gives him a chance in any game.



#2 Justin Fields: Photo Provided by Shome Rao

# Sports

## Roll Rams Roll

### *Pine Richland blasts Fox Chapel*

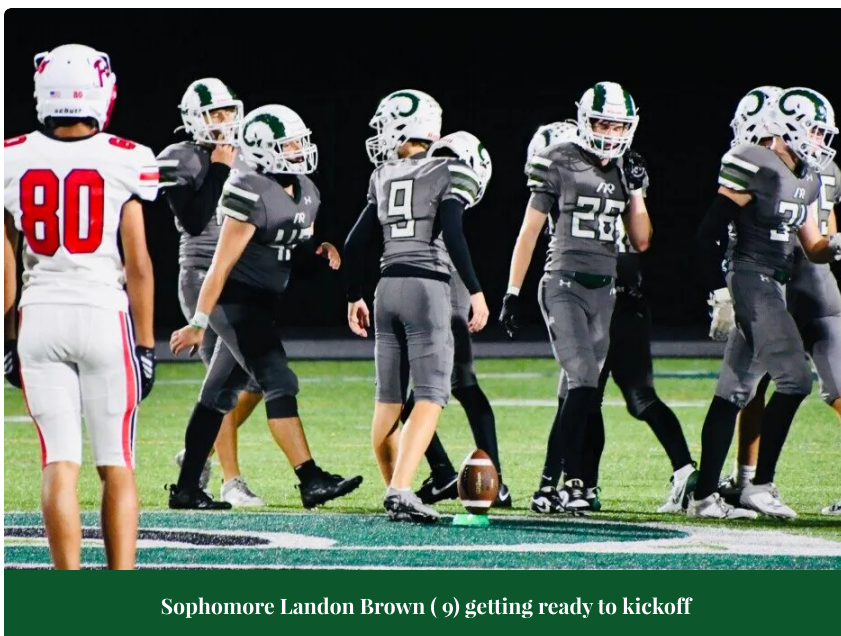
DAVIS NATALI STAFF WRITER

Pine-Richland carried the momentum from last week's win at Plum by dominating Fox Chapel 71-0 in the homecoming game to improve to 5-0 on the season. As the neon student section shined through a rainy night. The Rams were no strangers to overpowering the Foxes, Pine-Richland won the previous 2 matchups by a combined score of 111-14. Pine-Richland looked fast and strong early as sophomore quarterback Aaron Strader with full keys of the offense led PR up and down the rain-soaked field, finishing the night with 150 yards and 4 touchdowns on only 6 completions.

Senior Tanner Cunningham's 30-yard touchdown from Strader put the Rams up 22-0 after one quarter. Pine-Richland would keep their foot on the gas as the points piled up putting the new scoreboard to work. PR would put up the most they have had this season in the first half with half a hundred at halftime. Fox Chapel had no answers all night for the lethal attack of Pine-Richland whether it came from the ground with Running Back Mac Miller 2 weeks removed from missing the North Hills game or pass catchers Jalen Neals and Tanner Cunningham lighting up the rainy and gloomy night.

Coach Ledonne and Coach Leasure of Fox Chapel agreed to shorten the game to from 12 to 8-minute quarters out of halftime. The underclassmen shined as Freshmen QBs Carson Campbell and Cooper Stiscak found the endzone. The Rams dominated and suffocated the Foxes on defense from start to finish holding them to 3 first downs and not allowing them to cross midfield all night.

This was the start of a three-game home stretch for the Rams as the Penn Hills Indians come to town next looking to spoil PR's perfect season.



Sophomore Landon Brown ( 9 ) getting ready to kickoff

### A Tough Loss For The Pittsburgh Steelers



24 Steelers--27 Colts



### Sunday, October 6 @ 8:20pm



VS.



**ATTENTION ALL VARSITY ATHLETES!**

**Jostens/Neff is scheduled for Letter Jacket Sizing/Order Day on Tuesday October 8th during lunches in cafeteria.**

# Fall Collection

## Flavors of the Season

### *When is the Right Time for Pumpkin Spice?*

SOPHIA KERNS STAFF WRITER



Photo provided by Google

Fall is around the corner, which means cooler temperatures, fall sports, and fall flavors. People all over are excited for fall so they can get their pumpkin spice drinks, pies, and rolls. But, way before fall even came around, pumpkin spice was already here. Customers were already purchasing these products in August. So, when is it truly time for pumpkin spice?

There are tons of companies that get a head start on pumpkin spice. One of these companies is Starbucks. They come out with their pumpkin spice flavors in late August. It does get them lots of sales, but some people think that it is way too early to start selling pumpkin spice.

Thirty students from Pine-Richland were asked when they think pumpkin spice products should start to be sold. Out of all of them, seventeen said that they thought pumpkin spice flavors should be sold around the start of fall. One student said, "I think you shouldn't have pumpkin flavored things until the start of October, the same month of Halloween." Most students agreed that starting fall flavors later makes sure that they come around during their season and don't start creeping into summer. "When the leaves start changing" and "When the weather starts getting colder" were also two suggestions for when fall flavors should start coming out.

The other thirteen students said that they would like for pumpkin spice to start coming before fall comes around. "Companies should start selling their fall flavored drinks earlier so they can get more sales," was one comment from a student. Being able to start selling pumpkin flavored products earlier can drive in more money for the company. Pumpkin spice is a very popular flavor that people look forward to all year. Maybe it is worth it for companies to begin selling their fall menus in August, but people just don't agree and would prefer for pumpkin spice to wait until its season.

## Changing Of Seasons

### *Leaping into Fall*

KATE IAMS STAFF WRITER

As the seasons shift from summer to fall, there is so much to look forward to, and so much being left behind. I love every season for different reasons. I think summer is one of the best parts of the entire year. There is no school, and it is so warm and sunny outside. You can travel to new places and experience new adventures. Memories are made, bonfires are lit, watermelon is cut, and the sky is always beautiful. Not to mention, hanging out at the pool and swimming.

Then as summer comes to an end, fall starts to slowly creep in. The air becomes not as hot and more crisp. The temperature is not warm anymore, but it also is not considered cold. The leaves start to transform from a bright green to deep reds and dark oranges. The wind picks the leaves up off their branches, and makes them dance. It is like a beautiful swirl of colors.

The fall season also brings amazing holidays with it, such as Halloween and Thanksgiving. Halloween has always been one of my favorite holidays. It is such a special feeling, and the atmosphere is spectacular with all the decor. I have so many fond memories of Trick-or-Treating and neighborhood Halloween parties from when I was younger. Orange pumpkins of all sizes are everywhere. Caramel apples are made, and bags of candy are poured into bowls. Scary and classic Halloween movies are being watched. My friends and I love going to haunted houses late at night. You know it was a good haunted house if you

scream so loud you have a headache when it's over.

After Halloween, there is so much ahead. Thanksgiving is the perfect opportunity to spend time with family. Nature is still full of color and breathtaking. There is good food and treats and the smell of pumpkin cookies in the air. Fall is full of so much joy and nostalgic memories.



Photo provided by Google

# Fall Collection

## Discovering the Wonders of Fall *Everything You Need to Know About the Autumn Season*

BAILEY RODRIGUEZ STAFF WRITER

Many of us are getting back into our school routines, which means fall is slowly creeping up on us. The leaves are starting to change colors, and the air is getting crispier. The school is starting to get busier with activities as we are adjusting to the new schedule of things. Fall is arguably the most busy season of the school year because so many activities are going on, not only in the school aspect, but also in students' personal lives.

On Friday nights, of course, there are football games, which the student section never fails to show up to support the team. Many students love to go to not only watch the team play, but also for the social aspect of the game. Groups of people walk around, stopping to occasionally say hi to each other, grab food, or go to the student mob to show their love and support for our football team. Excitement flows through the student section the whole game, no matter what point of the game it is.

Not only are football games around, but Homecoming was too. It was a great way for the student body to come together for a fun night. Not only were Pine-Richland students there, but also students from different schools were too! It was a great opportunity to hang out with friends and meet new people.

For those who like the eerie side of fall, Halloween is approaching. Some people may choose to go to haunted houses, such as Cheeseman's Farms or the Phantom Fright Night at Kennywood. Others may choose to stay home.

For the students who are eager to get into the fall spirit, a great way to do that is to read a great fall book or watch a Halloween movie. Depending on which side of fall is your favorite, the comfy or eerie side, there are great picks for each. You also may be interested in getting a pumpkin or apple flavored treat or drink from a local coffee shop. You could even make something you make yourself or have a movie night with friends. There are many ways to spend the comforting or spooky holiday.

Not only are there things you can do at home to get yourself into the fall mood, but also festivities. Such as haunted houses, pumpkin patches, hayrides, and many more favorite activities.

### Ask A Ram

"Dear Rammy, How soon is too soon to start applying to colleges? I'm so tired from school and have no energy. How do I get motivation to start getting into the groove of applying? Please help me!"

First off, you have PLENTY of time to apply to colleges. However, do not wait until the last second. I would meet with our very own Mrs. Whalen and try to get your college essay done soon. Submit the Google Form for your transcript and get your letters of recommendation!

These steps take 5 minutes, so do it right now so it will be done. Applying for college can be tedious, but you can do it in small increments. Everything will be okay and it will all work out.

On the topic of being tired from school and having no energy, which is causing your motivation to be low, I would say try to get plenty of sleep! Rammy sleeps 12 hours a night and listens to FUN MUSIC every morning to get hyped up for the day. Take a page out of Rammy's book and try it out!

I hope this helped, and remember you have time, so take small steps.



Photo provided by Google

Even with the busy hustle and bustle of fall, it's also a time to slow down and appreciate everything going on around you. Fall is a great way to see the change going on around us and welcome a new beginning chapter of our life through a simple season.

## Halloween

### *Spooky Fun and Traditions*

GIANNA UNGOR STAFF WRITER

Halloween, celebrated on October 31st, is a holiday full of traditions. It's when the supernatural is embraced, and people from all over can engage in festivities that are spooky and sweet. Halloween is globally celebrated, but especially in the United States and Canada. There are a bunch of activities like carving

pumpkins, costume parties, visiting haunted houses, and trick-or-treating.

One of the most popular activities, trick-or-treating, kids dress up in costumes and go from house to house, asking for candy with the phrase "trick or treat." The activity Trick-or-Treating combines the excitement of dressing up in costumes with the adventure of going door-to-door to get treats. It is a chance to express yourself and be creative. While also spending time with family and friends. Plus you get free candy!

Carving pumpkins is another fun activity. Having the freedom to create something that stands out from the rest, whether it's a spooky face or even something adorable. Choosing a pumpkin with character and making it your own unique piece of art.

Haunted houses are another fascinating attraction during Halloween. They

# Fall Collection

## Continued...

blend the thrill of fear with suspense. It is a great way to get your adrenaline pumping and the challenge of facing your fears. Additionally, haunted houses tell a story with spooky decorations, creative designs, and actors dressed as monsters, creatures, and many more scary characters.

Halloween is a great way to try new things with friends and family. It is a chance to let your curiosity flow.



Photo provided by Google Photo provided by Google

## Summer vs. Fall

### *A Seasonal Debate*

BREE ARTHUR STAFF WRITER

Summer, the greatest season of them all. I love going outside and laying in the sunshine. I never want summer to end; I wish that it was endless. Summer has so many options for what you can do, because of the great weather, and no chill. You can go to the pool, hangout with friends outside, go on a walk. Since we don't have school, you can have a chill day and relax. You also get to wear shorts, skirts, and cute tank tops.

I enjoy fall, but I don't think that it will ever be better than summer. Fall has great things that come with the season, like Halloween and Thanksgiving. Those two holidays are both fantastic. I like getting to hang out with friends on Halloween and eating candy. I love Thanksgiving, because the food tastes so good, even though I eat way too much and make myself sick. I love seeing my family on these holidays too. I like wearing Uggs, jeans, and sweaters, but not as much as I love wearing shorts.

The food is the most debated topic between these two seasons. In summer, the food has light and fresh flavors. It is the growing season for most fruits, so the fruit has such bright and refreshing flavors. I love to have ice cream and slushies during the summer too. They are staple treats of the summer. Meanwhile in the fall, you have all the apple cider and pumpkin spice treats. I think that they taste good. I like apple cider donuts. I like how all the food tastes cozy and warm. Starbucks should not start selling pumpkin spice lattes on August 22, our first day of school. That in my opinion is still summer.

Some have very different opinions than mine, but I will always love summer. I don't like how fall means we are getting closer to the cold. I want it to always be warm. When I see the leaves change, it makes me sad at first. I think that fall has its benefits, but not as many.



Photo provided by Google Photo provided by Google

**Soergels Fall Festivals run every Saturday from 10-5 and Sunday from 11-5 until October 27th. Go to <https://www.soergels.com/fall-update/> for more information.**

# People

## More Than A Hero: *Read About PR's Joe Strobel Continued...*

There were no thoughts going through his head except the fact that this man needed help, and he was going to be the one to save him. In the end, the man was okay, and it took him a little bit of time to realize what had just happened.

He later thanked Strobel, saying, "You saved my life. I can go back to my family tonight."

This brought Strobel high amounts of gratitude that he was there for this man and gave him the chance to go back home to see his family.

These types of situations are rare as no civilians expect to be going along with their day and then having to rescue a life. Strobel thanks PR for offering a CPR class to all employees.

"I commend the school district on the classes they provide. Without this class I would be like the three ladies," Strobel stated.

Now, Strobel may be known for saving that man, but there is more to him than being a hero. Strobel looks up to his mother. She was a nurse for 28 years, so she specialized in helping others. His happy place is Yellow Creek because that's where his mother's ashes were laid. Part of her motto is why he wanted to help that poor man:

"Try to help somebody out. Always help somebody out because in life you're going to need help one day," Strobel stated.

Although his name is in the paper and all over the media, Strobel does not focus on his fame. He has not even read any of his papers about him. He was

**Take a CPR class and learn to save someones life.**

**Top 3 CPR classes in Gibsonia**

**1. Start the Heart**

**2. Safeguard CPR Training Services and Supply**

**3. Sports Medic 2 The Rescue**



actually more nervous to be interviewed rather than to perform the Heimlich. In addition, Strobel has a program called mission hunting for cancer. In this event, Strobel hunts and pays a butcher to prepare the meat to be given to veterans and cancer patients.

On the outside, we may see Strobel as being our janitor, but there is way more to him than meets the eye. He helps others in his free time and lives by the motto of caring for others. So, if there is one thing you can take away from this article, it is to be there for each other and sign up for that CPR class.

## Sister Spotlight

### *A Forever Friendship*

GIANNA UNGOR STAFF WRITER

Growing up, my sister Savannah was one of the biggest role models in my life. She taught me so many different things and helped me become who I am today. I am forever grateful to have a sister like Savannah.

She always helped me when I needed it. Our relationship is built on shared memories, laughter, and, sometimes, fights.

Some of my fondest memories were shared with her, from bike rides and sledding to staying up late and watching our favorite movies. She is one of my biggest supporters and my best friend. We have navigated the ups and downs of life together.

My sister is always offering advice, encouragement, and a listening ear. She understands me in a way that no one else does. Savannah knows when something is bothering me, often without me even saying anything. She is one of the most caring people I know. She always goes out of her way to make sure everyone around her feels loved and appreciated.

No matter what misunderstandings or disagreements arise between us, she always finds a way to forgive and move on. My sister never holds grudges and sees the good in everyone. She is very ambitious and works so hard to achieve her biggest goals in life. Which is one of the many reasons I look up to her. The best part is seeing her meet those goals and seeing all the hard work pay off. Her success is a constant reminder that I can go far if I put my effort into it.

But, by far, one of my favorite things about my sister is her outgoing personality. She effortlessly engages with everyone she meets. Savannah's enthusiasm and energy are contagious. I love how she is so open about experiencing all kinds of things and meeting new people. Not only is she the best sister, but an amazing friend too. She



Savannah Ungor: Photo Provided by Gianna Ungor

invests so much time and effort into understanding the people around her, always showing genuine interest. Savannah will remember the littlest things and will make sure you're happy. And, the crazy thing is, she never fails.

I can't thank my sister enough for everything she has done for me. I am truly thankful for having such an amazing sibling. All of my life she is the person who stuck by my side through everything, and that is very rare.



# Mean Girl's Day: October 3rd

## "Are You A Plastic?" Quiz Results on page 17

**What color do you wear on Wednesdays?**

- a. Pink
- b. Black
- c. Whatever I feel like

**How do you handle gossip?**

- a. Spread it right away.
- b. Listen, but don't get involved.
- c. Stop it. I hate drama

**How do you feel about being popular?**

- a. I need to be on top
- b. I like to be liked, but being genuine matters more
- c. I don't care.

**What's your style?**

- a. Trendy and bold
- b. Casual and cute
- c. Comfy

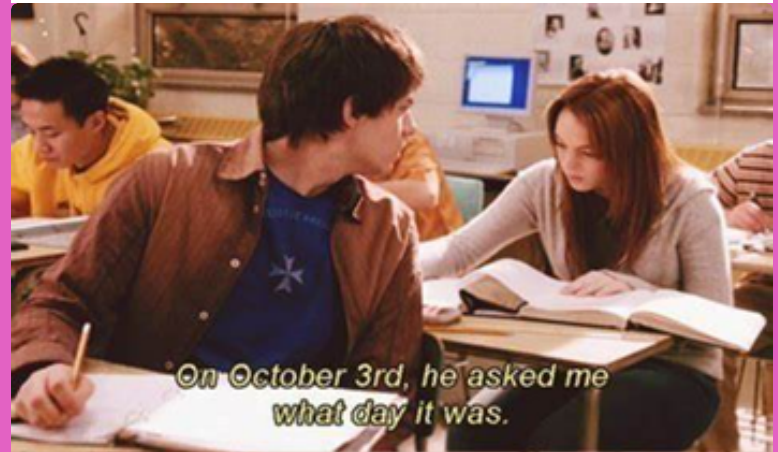
**How do you treat your friends?**

- a. They are my minions
- b. We try to uplift each other
- c. I am loyal to my real friends

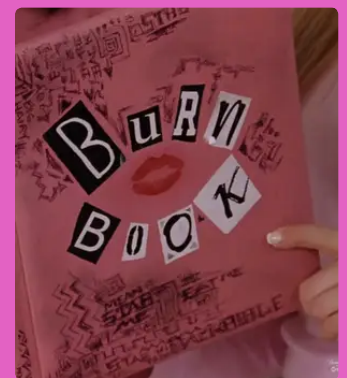
**What do you talk about at your lunch table?**

- a. What people are wearing
- b. Whatever is going on in each others lives at the time.
- c. Random topics that are hard to follow.

**Happy October 3rd!  
"MEAN GIRLS DAY"**



All photos provided by Google



# Mean Girl's Day: October 3rd

## Quiz Results

### Mostly A's: You're a Plastic!

You may be just as iconic as Regina George...

### Mostly B's: You're Gretchen Wieners!

Do you have a hair full of secrets?!

### Mostly C's: You're Cady Heron!

Wait...you're a mathlete and queen bee...groot!



*Mean Girls* is known for its iconic one liners that have taken on a life of their own, yet many of these quotes were actually IMPROVISED! Here are some of our favorite lines made up on the spot by the cast:

- "You go, Glenn Cocco!"
- "I'm sorry that people are so jealous of me...but I can't help it that I'm popular."
- "That's why her hair is so big. It's full of secrets."
- "You can't sit with us."
- "I'm a mouse, duh!"
- "It's like I have ESPN or something."
- "She doesn't even go here!"
- "Is butter a carb?"
- "Get in loser, we're going shopping."
- "Fetch!"



All Photos Provided by Google

# Entertainment

## Sabrina Carpenter's Short n' Sweet

### *The '20s Pop Princess Now On Tour*

JUNE MCCUNE EDITOR-IN-CHIEF

Britney Spears is famously known as the Pop Princess, but, as time has gone on since she left the music scene, the Pop Princess crown has been sitting, waiting for a new princess to rise. Sabrina Carpenter has, over the past year and a half, taken the crown and ran with it. She had one of the best summers of all time with her hit *Espresso* winning song of the summer at the 2024 VMAs. She also released *Please Please Please*, which ran on the Billboard Hot 100 charts for numerous weeks.

Carpenter is fighting the "one hit wonder" allegations with her new *Short n' Sweet* album that she released in August 2024. The album has and still is dominating the Billboard charts. To keep the momentum going she just started her *Short n' Sweet* tour. Will her tour prove to the world she really is our new Pop Princess? Will she wow us the same way our old Pop Princess, Britney Spears, did in the 2000s? I guess we will find out.

#### Set List:

1. "Taste"
2. "Good Graces"
3. "Slim Pickins"
4. "Tornado Warnings"
5. "Lie to Girls"
6. "decode"
7. "Bed Chem"
8. "Feather"
9. "Fast Times"
10. "Read your Mind"
11. "Sharpest Tool"
12. "Opposite"
13. "because i liked a boy"
14. "Coincidence"
15. "Spin the Bottle (surprise song)"
16. "Nonsense"
17. "Dumb & Poetic"
18. "Juno"
19. "Please, Please, Please"
20. "Don't Smile"
21. "Espresso"

### Billboard Top 5 From the Past Week

**Die With A Smile: Lady Gaga & Bruno Mars**

**Birds Of A Feather: Billie Eilish**

**Taste: Sabrina Carpenter**

**Espresso: Sabrina Carpenter**

**Good Luck, Babe!: Chappell Roan**

### Billboard Top 5 from October 3, 2004

**Goodies: Ciara Featuring Petey Pablo**

**Lean Back: Terror Squad**

**Sunshine: Lil' Flip Featuring Lea**

**My Place: Nelly Featuring Jaheim**

**My Boo: Usher and Alicia Keys**



* Sep 23	Columbus, OH	Nationwide Arena
* Sep 25	Toronto, ON	Scotiabank Arena
* Sep 26	Detroit, MI	Little Caesars Arena
* Sep 29	New York, NY	Madison Square Garden
* Oct 2	Hartford, CT	XL Center
* Oct 3	Boston, MA	TD Garden
* Oct 5	Baltimore, MD	CFG Bank Arena
* Oct 8	Philadelphia, PA	Wells Fargo Center
* Oct 11	Montréal, QC	Centre Bell
* Oct 13	Chicago, IL	United Center
* Oct 14	Minneapolis, MN	Target Center
* Oct 16	Nashville, TN	Bridgestone Arena
* Oct 17	St Louis, MO	Chaifetz Arena
* Oct 19	Raleigh, NC	PNC Arena
* Oct 20	Charlottesville, VA	John Paul Jones Arena
* Oct 22	Atlanta, GA	State Farm Arena
* Oct 24	Orlando, FL	Kia Center
* Oct 25	Tampa, FL	Amalie Arena
* Oct 28	Austin, TX	Moody Center
* Oct 30	Dallas, TX	American Airlines Center
* Nov 1	Denver, CO	Ball Arena
* Nov 2	Salt Lake City, UT	Delta Center
* Nov 4	Vancouver, BC	Pacific Coliseum
* Nov 6	Seattle, WA	Climate Pledge Arena
* Nov 7	Portland, OR	Moda Center
* Nov 9	San Francisco, CA	Chase Center
* Nov 10	San Diego, CA	Pechanga Arena
* Nov 13	Phoenix, AZ	Footprint Center
* Nov 15	Los Angeles, CA	Crypto.com Arena

#### Short n' Sweet Tour Dates

# Acknowledgments

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The Rampage is a student-created publication of Pine-Richland High School, 700 Warrendale Road, Gibsonia, PA 15044.

The newsroom is room 221.

The RAMPAGE is available online every Thursday under the high school Resources Tab. It is written by students, for students, and will make every attempt to report all school-related news. We welcome freelance submissions, suggestions, comments, and story ideas from students and staff. Since this is a student-publication, we realize we make mistakes: we encourage readers to report mistakes to the staff writers; you may win a prize if you locate any/all mistakes.

**There would be no need for a Rampage if you did not read it. Thank you for stopping by and we hope to see you next Thursday!**

**PSAT/NMSQT:** On October 22nd, the PSAT/NMSQT exam will be taken during school. All Juniors are required to take this exam. Room assignments will be communicated prior to the test via email. Any Sophomore that would like to take the exam must register within the Counseling Department Google Classroom. Registration is open until September 30th. Registration for sophomores requires an 18-dollar fee. Drop your check off in the HS Counseling Office to confirm your seat.

**LETTER JACKETS:** Jostens/Neff is scheduled for Sizing/Order Day on Tuesday, October 8th, during lunches in the cafeteria.

**STUDENT GOVERNMENT CLOTHING DRIVE**  
**DONATE TO HARVEST STREET MISSION!**

Items in Need (New or Gently Used):  
 Seasonal clothing:  
 -Jeans  
 -Sweatpants  
 -Sweatshirts/Hoodies  
 -Long sleeve shirts  
 -Winter Coats  
 -Hats  
 -Gloves  
 -Sneakers and Boots  
 -Socks (Only New-preferably white crew length)  
 -Underwear (Only New)  
 -Backpacks (adult sized)  
 -Sleeping Bags  
 -Tents  
 -Luggage  
 -Blankets

Collecting Dates:  
 Before homeroom on 9/30-10/11 in Room 51  
 Or at Open House on 10/10

**DONATE TO ENTER RAFFLE FOR A PRIZE!**  
 Rams Way Parking Pass: Upperclassmen  
 Gift Card: Underclassmen



Students during the pie eating competition at the Homecoming pep rally 9/27: Photo Provided by @pr\_schools