

# Philomath School District Middle School Menu 2024-2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Mini Breakfast Bites V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Chicken Patty Sandwich DF Cheesy Tear Apart Breadsticks & Marinara V	Hamburgers & Fries DF Cheeseburgers & Fries	Nacho Bar V DF GF Bean & Cheese Enchiladas V	Chicken Strips w/Fries DF Meatball Sub Sandwich	Assorted Homemade Pizzas V P
	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Buttermilk Bar V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Southwest Chicken Quesadillas Bean & Cheese Burritos V	Hamburgers & Fries DF Cheeseburgers & Fries	Orange Chicken and Rice DF Cheesy Tear Apart Breadsticks & Marinara V	Hot Italian Sandwich P Corn dog & Tater Tots DF	Chicken Nuggets w/Fries DF
Week 2	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Mini Breakfast Bites V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Chicken Patty Sandwich DF Cheesy Tear Apart Breadstick w/ Marinara V	Hamburgers & Fries DF Cheeseburgers & Fries	Nacho Bar V DF GF Bean & Cheese Enchiladas V	BBQ Chicken Sandwich DF Chicken Strips w/Fries DF	Assorted Homemade Pizzas V P
	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Buttermilk Bar V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Southwest Chicken Quesadillas Bean & Cheese Burritos V	Hamburgers & Fries DF Cheeseburgers & Fries	Orange Chicken and Rice DF Cheesy Tear Apart Breadsticks & Marinara V	BBQ Grilled Chicken Sandwich w/ Fries Mini Corn dog & Fries DF	Chicken Strips w/Fries DF
Week 3	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Mini Breakfast Bites V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Chicken Patty Sandwich DF Cheesy Tear Apart Breadstick w/ Marinara V	Hamburgers & Fries DF Cheeseburgers & Fries	Nacho Bar V DF GF Bean & Cheese Enchiladas V	BBQ Chicken Sandwich DF Chicken Strips w/Fries DF	Assorted Homemade Pizzas V P
	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Buttermilk Bar V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Southwest Chicken Quesadillas Bean & Cheese Burritos V	Hamburgers & Fries DF Cheeseburgers & Fries	Orange Chicken and Rice DF Cheesy Tear Apart Breadsticks & Marinara V	BBQ Grilled Chicken Sandwich w/ Fries Mini Corn dog & Fries DF	Chicken Strips w/Fries DF
Week 4	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Buttermilk Bar V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Chicken Patty Sandwich DF Cheesy Tear Apart Breadstick w/ Marinara V	Hamburgers & Fries DF Cheeseburgers & Fries	Nacho Bar V DF GF Bean & Cheese Enchiladas V	BBQ Chicken Sandwich DF Chicken Strips w/Fries DF	Assorted Homemade Pizzas V P
	French Toast Sticks V Pancake Sausage Dog DF	Assorted Breakfast Sandwiches P Cheesy Roll V	Assorted Waffles V Buttermilk Bar V	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V
	Southwest Chicken Quesadillas Bean & Cheese Burritos V	Hamburgers & Fries DF Cheeseburgers & Fries	Orange Chicken and Rice DF Cheesy Tear Apart Breadsticks & Marinara V	BBQ Grilled Chicken Sandwich w/ Fries Mini Corn dog & Fries DF	Chicken Strips w/Fries DF



Under the [Community Eligibility Provision](#) from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income.

**Families do not need to fill out free and reduced lunch applications for these benefits.**

**Reimbursable Meals:**

**Breakfast:** At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

**Lunch:** At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

**Meal Components:** Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit [LINQ Connect Portal](#), or cash and check are also accepted at our schools.

Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact: [nutrition.services@philomath.k12.or.us](mailto:nutrition.services@philomath.k12.or.us)

Menus are subject to change, please refer to school day calendar for days in session

**Dietary Key:**

- GF: Does not contain gluten ingredients
- DF: Does not contain dairy ingredients
- P: Contains Pork
- V: Vegetarian
- Fruit & Vegetable always GF DF

**Offered Daily**

**Breakfast:** Assorted Cereal GF, Assorted Benefit Bars V, Assorted Muffins V, Fresh Fruit or Juice, Milk

**Lunch:** Peanut Butter & Jelly V, Assorted Sandwiches, Full Salad Bar, Assorted Fruit, Milk

