

OCTOBER | 2024



TRES Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30 Pancakes Syrup OR Cereal Choice Juice Choice Fruit Milk	1 Crispy Steak, Egg Patty/Biscuit OR Donut Juice Choice Fruit Milk	2 Tornado OR Cereal Choice Juice Choice Fruit Milk	3 Mini Chicken/Biscuit OR Honey Bun Juice Choice Fruit Milk	4 Breakfast Pizza Hash Brown OR Pop-Tart Juice Choice Fruit Milk
7 No School	8 No School	9 No School	10 No School	11 No School
14 No School	15 No School	16 No School	17 No School	18 No School
21 Pop-Tart OR Honey Bun Juice Choice Fruit Milk	22 Crispy Steak, Egg Patty/Biscuit OR Pop-Tart Juice Choice Fruit Milk	23 Tornado OR Muffin Cheese Stick Juice Choice Fruit Milk	24 Mini Chicken/Biscuit OR Cereal Choice Juice Choice Fruit Milk	25 Bacon/Cheese Egg Bites Mini Biscuit OR Donut Juice Choice Fruit Milk
28 Honey Bun OR Cereal Choice Juice Choice Fruit Milk	29 Crispy Steak, Egg Patty/Biscuit OR Pop-Tart Juice Choice Fruit Milk	30 Tornado OR Cereal Choice Juice Choice Fruit Milk	31 Muffin Cheese Stick Juice Choice Fruit Milk	1 Cereal Choice Juice Choice Fruit Milk



Breakfast is FREE for all students!



Houston County Child Nutrition
Eat Right - Future Bright