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**2024-2025  
School Health Advisory Council (SHAC)  
Meeting #1  
Agenda, Recording and Minutes  
October 1, 2024**

A meeting of the Midlothian ISD School School Health Advisory Council will be held October 1, 2024 beginning at 9:00 AM via TEAMS. [Link to recording of meeting.](#) The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice.

**1. CALL TO ORDER**

A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

**2. PUBLIC COMMENT**

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email [krista.tipton@midlothianisd.org](mailto:krista.tipton@midlothianisd.org) by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

**3. INFORMATION ONLY**

- Call to Order
- Introductions
- SHAC Purpose & Goals
- MISD Parent/Community Resources
- Coordinated School Health
- Student Words Affecting Student Health
- Fentanyl Awareness – Tucker’s Law
- At a Glance Program Schedule

**4. DISCUSSION/ACTION ITEMS**

- Elect Parent Co-Chair

**5. ADJOURNMENT**

On this, the 30th day of September, 2024, this Notice posted an original copy was posted in the window of the School District Administration Building at 8:00am on said date.

*Krista Tipton*

Krista Tipton, M. Ed  
Executive Director of Administration and Student Services

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The SHAC Meeting Minutes  
10/01/24

1. Welcome– Krista Tipton called the meeting to order at 9:02 am and welcomed everyone and introduced the speakers for the meeting.
2. Krista provided Shac overview of program purpose and goals.
3. Sabra Golden reviewed district site parent/community resources. (Drug and Alcohol Prevention, Child Nutrition, Child Abuse Prevention, Trauma Informed Practices, Bullying & Cyberbullying Resources, Mental, Suicide Prevention, Character Education, Human Sexuality, and Reach Council).
4. Student Words Affecting Student Health- Sabra Golden shared a new focus initiative that will look at educating students on choice of words, in conjunction with continuing STOPit, Gaggle, and Ripple Kindness Anti-bullying Campaign.
5. Coordinated Health- Wendy Hein shared about coordinated school health and some of the programs we will be using.
6. Fentanyl Awareness- Wendy Hein spoke about Tucker’s Law and the requirements of the law and how we will be doing this in the schools. Awareness Week in RedRibbon Week at the end of this month. Posters are already on campuses for students' reference. REACH will assist in meeting the new requirements with Tucker’s Law.
7. At a Glance Program Schedule- Wendy Hein shared the infographic created with the SHAC programs that will be presented in the district. (YES, REACH, CATCH, Monique Burr, and FitnessGram)These are all presented through outside organizations that have been approved by SHAC.
8. Elect Parent Co-Chair- Following Policy BDF (Legal) nominations were made:
  - Casey Pfeiffer was nominated.
  - Lisa Huski- nominates
  - Katie Tackett- 2nd
  - Voted in with 13 votes.
9. Future Meeting Topics were shared by Krista: School Nutrition, FitnessGram, Hope Squad, and other program updates. Krista opened the floor for other recommendations for future meetings topics.
  - Review of local wellness policy
10. Future Meetings Dates- Krista presented the future meetings dates.

11. Krista Tipton adjourned the meeting at 9:43.

**Representatives in attendance:**

Krista Tipton  
Sabra Golden  
Wendy Hein  
Mandi Tucker  
Tim Perkins  
Alexis Valentine  
Bryce McKee  
Casey Pfeiffer  
Lisa Huski  
Emma Adair  
Jessica Chambon  
Kellee Rios  
Kristin Vernon  
Lori Cook  
Cassie Street  
Jason Milholen  
Patti Hill  
Cheryl Wherry  
Katie Tackett  
Jessica Martin  
Olivia McDonald  
Rachel Bryant