

Worthington Kilbourne Sports Medicine Team

What is OhioHealth Sports Medicine?

OhioHealth Sports Medicine Institute is the largest multidisciplinary sports medicine group in central Ohio dedicated to treating student athletes, college athletes, professional athletes, and the athlete in you. WE are made up of more than 160 athletic trainers at over 55 high schools, with more than 60 physicians board-certified in sports medicine, primary care physicians, orthopedic surgeons, sports medicine physical therapists, occupational therapists, registered dietitians, sports psychologists, and the most comprehensive team of experts for sport concussions in central Ohio.

The Team Behind Your Team



Boston Waltenberger AT, ATC
Head Athletic Trainer
Kilbourne High School
Boston.Waltenberger@ohiohealth.com



Amanda Sampsel MSAH, AT, ATC
Athletic Trainer
Kilbourne High School
Amanda.Sampsel@ohiohealth.com



Dyanne Lewis MA, AT, ATC
Athletic Trainer
Worthington Schools
dklewis@wscloud.org



Molly Rowe AT, ATC
Athletic Trainer
McCord & Perry Middle Schools
Molly.Rowe@ohiohealth.com



Dr. John Hedge DO
Team Physician

OhioHealth Sports Medicine & Primary Care
3705 Olentangy River Rd, Suite 260
Columbus, OH 43214
(614) 533-6600

Athletic Training Room Information

Hours

Mon-Fri: 2:00PM – end of practices/contests
Sat/Sun: AT discretion/contest coverage

Treatments during free periods of school available by appointment with Dyanne Lewis AT, dklewis@wscloud.org.

Summer Hours: by appointment

Contact

Phone: (614) 450-6517
Fax: (614) 450-6575

Team Physician

Dr. John Hedge, DO is an alumnus of Worthington Kilbourne High School and a Sports and Family Medicine physician at OhioHealth. Dr. Hedge received his Bachelor of Science from The Ohio State University and medical degree from the Ohio University College of Osteopathic Medicine. He completed his Family Medicine residency at Cleveland Clinic's Fairview Hospital in Cleveland, Ohio and his Sports Medicine Fellowship at Duke University in Durham, North Carolina. Dr. Hedge is board-certified by the American Board of Family Medicine and is a member of the American Medical Society for Sports Medicine, American Osteopathic Association, and the American Academy of Family Physicians.

WE are dedicated to working together with athletes, their families, coaches, and other healthcare professionals to provide the highest quality of care, treatment, and rehabilitation possible and to ensure proper communication regarding the athlete's status and safe return to play.