

# Philomath School District High School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Yogurt Parfait <b>V</b> Whole Grain Donuts <b>V</b>  Cheesy Garlic Bread w/ Marinara <b>V</b> Assorted Homemade Pizza <b>V P</b>	Assorted Waffles w/Sausage Links <b>P</b> Assorted Breakfast Sandwiches <b>P</b>  Hamburger <b>DF</b> or Cheeseburger & Fries Chicken Fajitas	Pancake Sausage Dogs <b>DF</b> Biscuits and Gravy <b>V</b>  Chicken Verde Quesadilla Mac & Cheese w/Chicken Strips	Freshly Baked Cinnamon Roll <b>V</b> Breakfast Burritos  BBQ Chicken Sandwich <b>DF</b> Pancakes, Scrambled Eggs & Pork Sausage Links <b>P</b>	French Toast Sticks & Hashbrowns <b>V</b> Pancake & Sausage Links <b>P</b>  Meatloaf w/Mashed Potatoes, Gravy & Roll Chicken Patty Sandwiches & Fries <b>DF</b>
<b>Week 2</b>	Yogurt Parfait <b>V</b> Whole Grain Donuts <b>V</b>  BBQ Grilled Chicken Sandwich & Fries Assorted Homemade Pizza <b>V P</b>	Assorted Waffles w/Sausage Links <b>P</b> Assorted Breakfast Sandwiches <b>P</b>  Teriyaki Chicken and Rice <b>DF</b> BBQ Chicken Sandwich & Fries	Pancake Sausage Dogs <b>DF</b> Biscuits and Gravy <b>V</b>  Chicken Cordon Blue Sandwich w/ Fries <b>P</b> Cheeseburger Mac & Cheese w/ Roll	Freshly Baked Cinnamon Roll <b>V</b> Breakfast Burritos  Chicken Parmesan Over Pasta Corndog & Fries <b>DF</b>	French Toast Sticks & Hashbrowns <b>V</b> Pancake & Sausage Links <b>P</b>  Country Fried Chicken Bowl Hamburgers <b>DF</b> or Cheeseburgers & Fries
<b>Week 3</b>	Yogurt Parfait <b>V</b> Whole Grain Donuts <b>V</b>  Assorted Homemade Pizza <b>V P</b> Bean & Cheese Enchiladas <b>V</b>	Assorted Waffles w/Sausage Links <b>P</b> Assorted Breakfast Sandwiches <b>P</b>  Hotdog & Fries <b>DF</b> Carolina BBQ Rubbed Chicken w/ Mashed Potatoes & Cornbread	Pancake Sausage Dogs <b>DF</b> Biscuits and Gravy <b>V</b>  Meatball Sub Sandwich Spaghetti & Meat Sauce w/ Breadsticks <b>DF</b>	Freshly Baked Cinnamon Roll <b>V</b> Breakfast Burritos  Southwest Chicken Quesadillas Pancakes, Scrambled Eggs & Pork Sausage Links <b>P</b>	French Toast Sticks & Hashbrowns <b>V</b> Pancake & Sausage Links <b>P</b>  Beef Patty w/Mashed Potatoes, Gravy & Roll Chicken Patty Sandwiches & Fries <b>DF</b>
<b>Week 4</b>	Yogurt Parfait <b>V</b> Whole Grain Donuts <b>V</b>  BBQ Grilled Chicken Sandwich & Fries Assorted Homemade Pizza <b>V P</b>	Assorted Waffles w/Sausage Links <b>P</b> Assorted Breakfast Sandwiches <b>P</b>  Corndog and Fries <b>DF</b> Chicken Stir Fry	Pancake Sausage Dogs <b>DF</b> Biscuits and Gravy <b>V</b>  Chicken Gravy w/Mashed Potatoes & Roll Bean & Cheese Burrito with Chips & Cheese <b>V</b>	Freshly Baked Cinnamon Roll <b>V</b> Breakfast Burritos  Chicken Alfredo w/ Garlic Bread Mini Corndog & Pretzel w/Cheese	French Toast Sticks & Hashbrowns <b>V</b> Pancake & Sausage Links <b>P</b>  Country Fried Chicken Bowl Hamburgers <b>DF</b> or Cheeseburgers & Fries



Under the [Community Eligibility Provision](#) from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income.

**Families do not need to fill out free and reduced lunch applications for these benefits.**

**Reimbursable Meals:**

**Breakfast:** At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

**Lunch:** At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

**Meal Components:** Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit [LINQ Connect Portal](#), or cash and check are also accepted at our schools.

Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact: [nutrition.services@philomath.k12.or.us](mailto:nutrition.services@philomath.k12.or.us)

Menus are subject to change, please refer to school day calendar for days in session

**Dietary Key:**

- GF:** Does not contain gluten ingredients
- DF:** Does not contain dairy ingredients
- P:** Contains Pork
- V:** Vegetarian
- Fruit & Vegetable always **GF DF**

**Offered Daily**

**Breakfast:** Assorted Cereal **GF**, Assorted Benefit Bars **V**, Assorted Muffins **V**, Fresh Fruit or Juice, Milk  
**Lunch:** Peanut Butter & Jelly **V**, Assorted Sandwiches, Assorted Pack Meals **V**, Full Salad Bar, Assorted Fruit, Milk

September 2024	October 2023	November 2023	December 2023	January 2024	February 2024	March 2024	April 2024	May 2024	June 2024
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