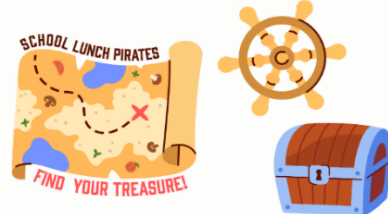


Celebrate National School Lunch Week

#NSLW



Orange County Schools Snack Menus for October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change.	October 1 Rice Krispies Treat (wg) Milk	October 2 Cereal (wg) Milk	October 3 Cheez-It Crackers (wg) Fruit Choice	October 4 No School Teacher Workday
October 7 Snack Crackers (wg) Fruit Choice	October 8 NutriGrain Bar (wg) 100% Fruit Juice	October 9 Cereal (wg) Milk	October 10 Tortilla Chips (wg) Salsa	October 11 Baked Doritos (wg) 100% Fruit Juice
October 14 Sweet Bread Slice (wg) Milk	October 15 Munchie Mix (wg) Fruit Choice	October 16 Cereal (wg) Milk	October 17 Fruited Yogurt Fruit Choice	October 18 Baked Cheetos (wg) 100% Fruit Juice
October 21 Muffin (wg) Milk	October 22 Rice Krispies Treat (wg) Milk	October 23 Cereal (wg) Milk	October 24 Cheez-It Crackers (wg) Fruit Choice	October 25 No School Teacher Workday
October 28 Snack Crackers (wg) Fruit Choice	October 29 NutriGrain Bar (wg) 100% Fruit Juice	October 30 Cereal (wg) Milk	October 31 Tortilla Chips (wg) Salsa	wg = whole grain rich

Families Making the Connection

Find Your Treasure with School Lunch

Did you know October 14-18 is National School Lunch Week? The #NSLW2024 theme is “Find Your Treasure with School Lunch”. Students can explore a world of flavors and foods and be ready for their next adventure by eating school lunch. School meals help students succeed in and out of the classroom.

School lunch offers students choices of whole grains, fruits, vegetables, lean proteins, and milk to fuel their day. Students who eat school meals have more focus in class and better test scores.

During NSLW, School Nutrition professionals, school staff and students will find ways to celebrate with their schools and districts through special menus, events, activities, and more. The 2024 NSLW theme allows schools to have fun, be creative, and highlight school meals and their local School Nutrition Programs.

For #NSLW2024 and all month, let’s recognize our amazing, dedicated #NCSchoolNutritionHeroes for providing appealing, nutritious meals with a kind word, thank you note, social media post, etc. **Nutrilink:** For more info about school meals and NSLW, go to www.schoolnutrition.org.