

# OCTOBER 2024

## LUNCH



Daily Sandwich Options: Peanut Butter & Jelly, Ham & Cheese or Turkey & Cheese



This institution is an equal opportunity provider. Menu is subject to change.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Chicken or Bean Nachos  
Cheddar, Olives, Avocado,  
Sour Cream, Salsa and  
Corn **1**

Pasta Bar  
Marinara, Cheese or Pesto  
Sausage, Garlic Toast  
Broccoli **2**

Turkey BLT on a Croissant  
(Vegetarian Option)  
Fries **3**

Pizza Sticks  
Cheese or Pepperoni  
Kale Chips **4**

Brunch  
Eggs, Sausage Patty,  
Maple Waffles, Hash  
Browns **7**

Chicken or Tofu Stir Fry  
Rice  
Edamame **8**

Loaded Potatoes  
Tots, Bacon, Ham, Beans,  
Cheddar, Sour Cream,  
Broccoli, Breadstick **9**

Chicken Patty on a Bun  
(Vegetarian Option)  
Zucchini Noodles **10**

Pizza  
Cheese, Sausage or Ham  
and Pepperoni  
Salad **11**

Chicken and Biscuits  
Peas and Carrots  
Mashed Potatoes **14**

Cheese Quesadilla  
Black Bean Soup **15**

Mac and Cheese  
Brussels Sprouts **16**

Pulled Pork on a Bun  
(Vegetarian Option)  
Sweet Potato Fries **17**

Spaghetti and Meatballs  
Garlic Toast  
Salad **18**

Brunch  
Cheesy Eggs, Sausage  
Patty, Hash Brown,  
Pancakes and Maple Syrup **21**

Beef or Bean Nachos  
Cheddar, Olives, Avocado,  
Sour Cream, Salsa and  
Corn **22**

Grilled Cheese  
Tomato Soup  
Salad **23**

Hamburger, Cheeseburger  
or Veggie Burger  
Fries **24**

Cheese or Pepperoni  
Pizza  
Salad **25**

Cheesy Noodles with Beef  
Green Beans  
Garlic Toast **28**

Cheese Quesadilla  
Candy Corn **29**

Fish or Tofu Sticks  
Buttery Noodles  
Peas **30**

Corn Dogs  
(Vegetarian Option)  
Purple Sweet Potato Soup **31**

