

OCTOBER 2024

CALAIS ELEMENTARY

BREAKFAST



Daily options include: Milk, fruit, granola bar, cheese stick, yogurt, bagel and cereal.



This institution is an equal opportunity provider. Menu subject to change.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Sausage and Cheese on a Maple Waffle **1**

Cinnamon Bun **2**

Ham and Cheese or Cheese Croissant **3**

Bacon Egg and Cheese on an English Muffin **4**

Muffin **7**

Sausage and Cheese on a Maple Waffle **8**

Donut Holes **9**

Ham and Cheese or Cheese Croissant **10**

Bacon Egg and Cheese on an English Muffin **11**

Muffin **14**

Sausage and Cheese on a Maple Waffle **15**

Blueberry Mini Waffles **16**

Ham and Cheese or Cheese Croissant **17**

Bacon Egg and Cheese on an English Muffin **18**

Muffin **21**

Sausage and Cheese on a Maple Waffle **22**

French Toast Sticks **23**

Ham and Cheese or Cheese Croissant **24**

Bacon Egg and Cheese on an English Muffin **25**

Muffin **28**

Sausage and Cheese on a Maple Waffle **29**

Cinnamon Bun **30**

Ham and Cheese or Cheese Croissant **31**

