

# **SCARLET OAKS CAREER CAMPUS** Cafeteria Menu

### **BREAKFAST** \$1.30

Entree (includes grain or meat/meat alternative)

#### Fruit and/or (1) Fruit Juice Milk

(Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:20-7:45am. Daily offerings include: Cereal bars, bagels, Pop Tarts, donuts, cereal bowls and multiple hot entrees.

Fruit, juice and/or milk are also available.

LUNCH \$3.50

Entree (includes grain)

(2) Fruit

(2) Vegetables Milk

(Low Fat or Fat Free Chocolate)

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	1	2	3	4
	Chicken Fajitas Corn Salsa Grilled Peppers and Onions	Deluxe Cheeseburgers Buttered Corn Green Beans	Spicy Chicken Tenders Hash Browns Sweet Peas	Fried Rice w/Egg Roll Mixed Vegetables
7	8	9	10	11
Chili Spaghetti w/Cheese Oyster Crackers Side Salad Green Beans	<b>Nachos Grande</b> Corn Salsa Black Beans	Meatball Hoagie w/Marinara & Provolone Broccoli & Cauliflower	Deluxe Chicken Sandwich Mashed Potatoes Glazed Carrots	Chef's Choice
14	15	16	17	18
Bosco Sticks w/Marinara Sauce Side Salad Steamed Broccoli	<b>Beef Soft Taco</b> Corn Salsa  Refried Beans	Chicken Alfredo Garlic Breadstick Green Beans Steamed Carrots	Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Cheese Dinner Roll	BBQ Pulled Pork Sandwich Steak Fries Baked Beans
21	22	23	24	25
No School Teacher PD Day	Queso Dip & Chips w/Pulled Pork Corn Black Beans	Brunch for Lunch	Chicken Tenders w/Dinner Roll Potatoe Smiles Green Beans	Chili Cheese Dog Oyster Crackers Side Salad Mixed Veggies
28	29	30	31	
General TSO Chicken w/Brown Rice Oriental Vegetables	Walking Taco w/Cheese & Salsa Corn Salsa Black Beans	Spaghetti & Meatsauce Garlic Bread Stick Sweet Peas	Chicken Nuggets w/Dinner Roll Cheesy Mashed Potatoes Steamed Broccoli Happy Halloween	

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Visit our website at:

http://www.greatoaks.com/about/food-service

A variety of fruits and vegetables are offered daily on our Fresh Bar and serving lines.

Romaine salad mix, cucumbers, cherry tomatoes, celery, carrots, peppers, apples, oranges, craisins, and applesauce just to name a few!

Be sure and visit our Ala Carte Snack Bar available after lunch meals are served, where all items are Smart Snack compliant!

## **Entrees Available Daily:**

- Pizza Meat & Cheese
- Hot & Cold Sandwiches
- Grab 'N Go Options
- Charcuterie Boxes
- **Large Entree Salads**
- **Vegetarian Options**