

# LIVE OAKS CAREER CAMPUS Cafeteria Menu

#### BREAKFAST \$1.30

**Entree** (includes grain or meat/meat alternative)

### Fruit and/or (1) Fruit Juice Milk

(Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:20-7:45am.

Daily offerings include: Cereal bars, bagels,
Pop Tarts, donuts, cereal bowls and
multiple hot entrees.

Fruit, juice and/or milk are also available.

## October 2024

\$3.50

Entree (includes grain)
(2) Fruit
(2) Vegetables
Milk

(Low Fat or Fat Free Chocolate)

	1	2	3	4
	Bosco Sticks w/Marinara Sauce Broccoli Steamed	Burger Bar w/Toppings Buttered Corn	Chicken Nuggets w/Dinner Roll Mashed Potatoes Green Beans	Soft Pretzel Stick w/Cheese Sweet Peas and Carrots
7	8	9	10	11
Chili Spaghetti w/Cheese Oyster Crackers Side Salad Green Beans	Sweet & Sour Chicken w/Brown Rice Oriental Vegetables	<b>Calzones</b> Corn Salsa Refried Beans	Chicken Tenders w/Dinner Roll Mashed Potatoes & Gravy Mixed Veggies	Baked Potato Bar Bowl of Chili w/Breadstick Steamed Broccoli
14	15	16	17	18
Queso Dip & Chips w/Pulled Pork Corn Black Beans	Mac 'N Cheese Bowl w/Toppings Whole Grain Breadstick Sweet Peas	Chicken Alfredo Garlic Breadstick Green Beans Steamed Carrots	Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Cheese Dinner Roll	No School Teacher PD Day
21	22	23	24	25
Chef's Choice	Chili Cheese Dog Oyster Crackers Side Salad Green Beans	Brunch for Lunch Sausage, Eggs Biscuits & Gravy Hash Brown	Spicy Chicken Tenders Cheesy Mashed Potatoes Hot Veggies	Grilled Cheese w/Soup of the Day Pickle Slice Sweet Peas
28	29	30	31	
General TSO Chicken w/Brown Rice Steamed Broccoli	Bosco Sticks w/Marinara Sauce Side Salad Corn	Spaghetti & Meatballs Garlic Bread Stick Sweet Peas	Chicken Nuggets w/Dinner Roll Cheesy Mashed Potatoes Green Beans Happy Halloween	

### Apply online today for Free or Reduced Meals!

Visit our website at:

http://www.greatoaks.com/about/food-service

A variety of fruits and vegetables are offered daily on our Fresh Bar and serving lines.

Romaine salad mix, cucumbers, cherry tomatoes, celery, carrots, peppers, apples, oranges, craisins, and applesauce just to name a few!

Be sure and visit our Ala Carte Snack Bar available after lunch meals are served, where all items are Smart Snack compliant!

### **Entrees Available Daily:**

- Pizza Meat & Cheese
- Hot & Cold Sandwiches
- Grab 'N Go Options
- Charcuterie Boxes
- Large Entree Salads
- Vegetarian Options