



# JAZZ APPLE


## DID YOU KNOW?

- Jazz Apples are a cross between the Braeburn and Royal Gala varieties.
- Jazz Apples have rosy red skin with yellow, orange and green patches.
- Jazz Apples are crisp, juicy, sweet, and tart.
- Jazz Apples contain folic acid and antioxidants, both which help promote a healthy heart.

## FUN FACT!

Jazz Apples are grown both in the northern and southern hemispheres, so they're available all year long.



 **FCS Mobile App:** view school menus, nutrient info, and make meal payments.

Visit [fcsnutrition.com](https://www.fcsnutrition.com) for menus and more info!

