




Meal Price:
Students – No cost
Adults \$2.84+tax

October 2024

SECONDARY SCHOOL | BREAKFAST MENU

MON	TUES	WED	THURS	FRI
<u>National Apple Month</u>	¹ Bacon, Egg, & Cheese on a Bun Fruit & Milk	² Maple Mini Pancakes Fruit & Milk	³ Schools Closed	⁴ Schools Closed
⁷ French Toast Sticks Fruit & Milk	⁸ Sausage, Egg & Cheese on a Bun Fruit & Milk	⁹ Maple Mini Pancakes Fruit & Milk	¹⁰ Apple Frudel Roll Fruit & Milk	¹¹  Sausage, Egg & Cheese on a Bun Fruit & Milk
¹⁴ Schools Closed	¹⁵ Bacon, Egg, & Cheese on a Bun Fruit & Milk	¹⁶ Maple Mini Pancakes Fruit & Milk	¹⁷ Chocolate Crescent Roll Fruit & Milk	¹⁸ Chocolate Chip Muffin Fruit & Milk
²¹ French Toast Sticks Fruit & Milk	²² Sausage, Egg & Cheese on a Bun Fruit & Milk	²³ Maple Mini Pancakes Fruit & Milk	²⁴ Apple Frudel Roll Fruit & Milk	²⁵ Chocolate Chip Muffin Fruit & Milk
²⁸ French Toast Sticks Fruit & Milk	²⁹ Bacon, Egg, & Cheese on a Bun Fruit & Milk	³⁰ Maple Mini Pancakes Fruit & Milk	³¹ Chocolate Crescent Roll Fruit & Milk	

Grades K-12 are Offer vs Serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.
 -Grain (all grain offerings count as 2 items)
 -Fruit (must pick 1)
 -Milk (pick up to 1)

Powering potential.™

Menus are subject to change.

More Info:

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate* (all antibiotic & hormone free)

*FF Chocolate Milk available to Grades K-5 only

Fruit Offerings (Juice available to Grades K-5 only): Apple slices, orange, seasonal fresh fruit, plus 100% juice offerings (apple and fruit punch)

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, WG bagel w/ cream, Egg & Cheese sandwich with or without Bacon (P) on a WG roll

All Meals Must Include
 Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk



This institution is an equal opportunity provider.

