

## ALTERNATIVE MODE USER (AMU) TRACKING FORM

<b>Name:</b>	<b>Month:</b>	<b>Year:</b>
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Indicate the days you used an alternative mode of transportation to commute, teleworked or worked a compressed schedule.

**C = Carpool , V = Vanpool, B = Bus, LR = Light Rail, T = Telework, BK = Bike, W = Walk, E = Earned Day Off (Compressed Schedule)**

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	<b>Return this form to:</b> _____ <b>by:</b> _____			