

# **REMSEN CENTRAL SCHOOLS**



**K-12 Comprehensive School Counseling Program**

**District Guidance Plan**

**2023 - 2024**

**PO Box 406, 9733 Main Street, Remsen 13438 ~ Phone: (315) 205-4300 ~ Fax: (315) 831-4283**

## **REMSEN BOARD OF EDUCATION MEMBERS**

**Mrs. Mary Lou Allen, Board President**

**Mr. Patrick Nolan, Board Vice President**

**Mrs. Stephanie Karis**

**Mrs. Tara Kennerknecht**

**Mrs. Jeannie Scouten**

## **REMSEN ADMINISTRATION**

**Mr. Timothy Jenny, Superintendent of Schools**

Phone: (315) 205-4300 x:

Email: [tjenny@remsenncsd.org](mailto:tjenny@remsenncsd.org)

**Mrs. Sanya Pelrah, Remsen Jr./Sr. High School Principal**

Phone: (315) 205-4300 x:5210

Email: [spelrah@remsenncsd.org](mailto:spelrah@remsenncsd.org)

**Mr. Gary Winghart, Remsen Elementary School Principal**

Phone: (315) 205-4300 x:4227

Email: [gwinghart@remsenncsd.org](mailto:gwinghart@remsenncsd.org)

## **GUIDANCE DEPARTMENT**

**Kathleen Nebush, Jr./Sr. High School Counselor**

Phone: (315) 205-4300 x: 5212

Email: [knebush@remsenncsd.org](mailto:knebush@remsenncsd.org)

**Robin Hajdasz, Jr./Sr. High Counseling Assistant**

Phone: (315) 205-4300 x: 5213

Email: [rhajdasz@remsenncsd.org](mailto:rhajdasz@remsenncsd.org)

**Erika Kistowski, Elementary School Counselor**

Phone: (315) 205-4300 x: 4451

Email: [ekistowski@remsenncsd.org](mailto:ekistowski@remsenncsd.org)

## **GUIDANCE ADVISORY COUNCIL MEMBERS**

Timothy Jenny    Sanya Pelrah    Gary Winghart    Kathleen Nebush    Erika Kistowski

Robin Hajdasz    Emily Laurey    Melissa Polidori    Lisa Hill

Mary Beth Hollenbeck    Nicole Nehme    Fay Harper

# **Remsen School District Comprehensive Guidance Plan**

The following pages outline the district-wide Counseling and Guidance plan. In accordance with the national standards for a school counseling program, as set forth by the American School Counseling Association, the primary function of the school counseling department is to facilitate student development in three broad content areas: academic development, career development and personal/social development. Therefore, we targeted these three areas as goals throughout each grade level providing a clear understanding of how we are to meet the goals set by the American School Counseling Association. The district comprehensive Guidance Plan also supports the Remsen School District's Mission Statement.

The purpose of the guidance plan, in accordance with the revised Commissioner's Regulations adopted by the New York State Board of Regents in July 1982, which can be found at [www.emsc.nysed.gov/part100/pages/1002a.html](http://www.emsc.nysed.gov/part100/pages/1002a.html), is to serve all students in grades K-12 equitably. It is to graduate all students with the understanding necessary to achieve their personal, educational, vocational, and social potentials throughout life. As required, the plan includes objectives, activities, resources and staffing, along with an assessment and provisions for an annual review or revision.

Specifically, the guidance plan contains a variety of counseling and guidance strategies, which allows counselors to maximize their talents, and offers the ability to address the needs of our student population. The plan will define and outline how to efficiently deliver those services, which counselors provide for students throughout the district. It is not intended to be a summary of all that our staff does throughout the course of the year.

The Comprehensive Guidance Plan described herein is a general outline of the activities that are provided to all students in the Remsen Public Schools and can be found on [www.remsencsd.org](http://www.remsencsd.org).

## **ASCA National Model Overview**

School counselors design and deliver school counseling programs that improve student outcomes. "The ASCA National Model: A Framework for School Counseling Programs" outlines the components of a school counseling program that is integral to the school's academic mission and is created to have a significant positive impact on student achievement, attendance and discipline.

The ASCA National Model guides school counselors in the development of school counseling programs that:

- are based on data-informed decision making
- are delivered to all students systematically
- include a developmentally appropriate curriculum focused on the mindsets and behaviors all students need for postsecondary readiness and success
- close achievement and opportunity gaps
- result in improved student achievement, attendance and discipline

### **Remsen District Mission Statement**

The mission of Remsen Central School District is to lead by example, instill essential traits of great character, foster a sense of belonging, and provide a solid academic foundation. Students will be empowered to learn and achieve their individual potential through diverse, challenging, relevant and engaging educational opportunities and differentiated learning experiences. A commitment to students first, positive relationships, quality instruction, continuous personal and professional growth, recognition for hard work, as well as a comprehensive system of student supports provided in a safe, encouraging learning environment with consistently high expectations for everyone, will ensure that all Remsen students Soar to Success.

### **Remsen District Enduring Goals**

Improve student measurable achievement PK-12 within a pervasive data-driven culture, using highly effective instructional systems designed and evaluated to create the optimum learning environment to ensure that each child will be successful.

Build responsibility and accountability to high educational standards in Parents/Caregivers & Students so that high levels of learning are expected and attained.

Hire, develop, supervise, and evaluate a community of high quality, collaborative faculty, administration, and staff so that they will excel at their job responsibilities, according to relevant needs of student learning and school improvement.

Develop, procure, maintain and improve resources (facilities, equipment, technology, materials and supplies, finances) with sustainability in mind to meet the needs of relevant student learning and instruction now and with intent to the future.

To prepare a fiscally sound and responsible budget that addresses the needs of students and the concerns of taxpayers while exploring alternative funding sources.

To improve external and internal district relations, transparency and communication with our various stakeholder groups.

Expose students to learning opportunities beyond the walls of Remsen CSD and its community, and expect students to learn and demonstrate important social competencies.

# **Remsen Guidance Department**

## **Remsen School Counseling Department Mission Statement**

The School Counseling program in Remsen Central Schools promotes and assists academic, social, emotional, and career development for all students. As leaders, school counselors serve students in collaboration with parents, administration, teachers, staff, and the community. Valuing diversity, school counselors use a comprehensive approach to facilitate the development of all students to achieve personal excellence. Through the school counseling curriculum, school counselors promote 21<sup>st</sup> century learning expectations and skills to ensure that all students graduate career and college ready.

## **Remsen School Counseling Department Vision**

An effective School Counseling program ensures that the importance of each student is acknowledged. We will make a concerted effort to communicate and demonstrate our concerns and commitment for each student. As a result, each student will feel that he or she is valued as a member of the school community. In order to create and maintain an effective program we will abide by the following guidelines:

- Attention is focused on facilitating the successful transition of our students within our district.
- Each student and family is provided the information, assistance, and support that enable them to develop personalized educational and career goals.
- The social-emotional well-being and academic progress of each child are continually monitored, and appropriate services are initiated as needed.
- The resources of the department are available to individual students, families, classes, grade levels, and teachers.
- Professional learning is encouraged and supported in a collaborative environment.

## **Benefits of a Comprehensive School Counseling Program**

Counseling programs will strive to positively impact all stakeholders, students, parents, teachers, administrators, board of education, other student services personnel, as well as the school counselors. The advantages for each of these groups include the following:

### **Students**

- Prepares students for the challenges of the 21st century by acquiring knowledge and skills in academic, career, and personal/social development.
- Connects the educational program to future success.
- Facilitates career exploration and development.
- Develops decision-making and problem solving skills.
- Assists in acquiring knowledge of self and others.
- Enhances personal-social development.
- Assists in developing effective interpersonal relationship skills.
- Broadens knowledge of our changing world.
- Provides school counseling services to every student.
- Increases the opportunity for counselor-student interaction.
- Encourages facilitative, cooperative peer interactions.
- Fosters resiliency factors for students.

### **Parents**

- Helps prepare their children for the challenges of the 21st century through academic, career, and personal/social development.
- Provides support for parents in advocating for their child's academic, career, and personal/social development.
- Develops a systematic approach for their child's long-range planning and learning.
- Increases opportunities for parent/school interaction.
- Enables parents to access school and community resources.

### **Teachers**

- Provides an interdisciplinary team effort to address student needs and educational goals.
- Provides skill development for teachers in classroom management, teaching effectiveness, and affective education.
- Provides consultation to assist teachers.
- Positively impacts school climate and the learning community.
- Encourages positive, calendared activities and supportive working relationships.
- Promotes a team effort to address developmental, personal/social needs of the student.
- Increases teacher accessibility to the counselor as a classroom presenter and resource person.

## **Administrators**

- Integrates school counseling with the academic mission of the school.
- Provides a program structure with specific content.
- Assists administration to use school counselors effectively to enhance learning and development for all students.
- Enhances community image of the school counseling program.

## **Board of Education**

- Provides rationale for implementing a comprehensive developmental counseling program in the school system.
- Provides assurance that a quality school counseling program is available to every student.
- Demonstrates the necessity of appropriate levels of funding for implementation.
- Supports appropriate credentialing and staffing.
- Provides a basis for determining funding allocations for school counseling programs.
- Furnishes program information to the community.
- Acts as liaison for community and school partnerships.

## **School Counselors**

- Provides a clearly defined role and function in the educational system.
- Provides direct service to every student.
- Provides a tool for program management.
- Enhances the role of the school counselor as a student advocate.
- Ensures involvement in the academic mission of the school.
- Places school counselors in a leadership role.

## **Pupil Personnel Services**

- Provides school psychologists, social workers, and other professional student services personnel with a clearly defined role of the school counselor.
- Clarifies areas of overlapping responsibilities.
- Fosters a positive team approach, which enhances cooperative working relationships.

## **Community**

- Provides an increased opportunity for collaboration and participation of community members with the school program.
- Creates community awareness and visibility of the school counseling program.
- Involves Community members in various activities of the school counseling program.

# REMSEN PREK-12 SCHOOL COUNSELING PROGRAM

Grade Level	Guidance Level Content	ASCA Standards	NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools / NYSED Mental Health Education Literacy in Schools	Curriculum and Materials	Timeframe	Projected Number of Students Affected	Staff Assigned
PreK-12	Individual Counseling	M 1, 3 B-SS 1, 2	100.2(j)(2)(i)(d)		All Year	All Students based on referrals and school data	School Counselors
PreK-12	Group Counseling	M 1, 3 B-SS 1, 2	100.2(j)(2)(i)(d)		All Year	All Students based on referrals and school data	School Counselors
PreK-12	Crisis Counseling	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(d) 100.2(j)(2)(i)(e)		All Year	All Students based on referrals and school data	School Counselors, School Social Worker, School Psychologist, Administrators
PreK-12	Attendance Monitoring	M 1-3	100.2(j)(2)(i)(d)		All Year	All Students based on referrals and school data	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers
PreK-12	Outside Agency Referrals	M 1 B-SS 3, 6, 8	100.2(j)(2)(i)(d) 100.2(j)(2)(i)(e)		All Year	All Students based on referrals and school data	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers
PreK-12	CPSE/CSE/504 Committee	M 1, 2 B-SMS 6 B-SS 3	100.2(j)(2)(i)(d)		All Year	All Students based on referrals and school data	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers



PreK-12	SBIT	M 1-3 B-LS 3, 4, 8 B-SMS 5 B-SS 1, 3, 6	100.2(j)(2)(i)(d)		All Year	All Students based on referrals and school data	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers
PreK-12	Academic Support & Skills	M 1-3 B-LS 3, 4, 8 B-SMS 5 B-SS 1, 3, 6	100.2(j)(2)(i)(d)		All Year	All Students based on referrals and school data	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers
PreK-5	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All PreK-5 Students as needed	Elementary School Counselor
PreK-12	Bullying Prevention	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(d)		All Year	All PreK-12 Students	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers
PreK-12	Conflict Resolution / Peer Mediation	M 1, 3 B-SMS 1-9 B-SS 1-9 B-LS 9	100.2(j)(2)(i)(d)		All Year	All PreK-12 Students	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers
PreK-12	Social Skills Development	M 1, 3 B-SMS 7,9 B-SS 1-9	100.2(j)(2)(i)(d)		All Year	All PreK-12 Students	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers
PreK-12	Safety - Personal, Internet, etc.	M 1, 3 B-SMS 7,9 B-SS 1-9	100.2(j)(2)(i)(d)		All Year	All PreK-12 Students	School Counselors, School Social Worker, School Psychologist, Nurse, Administrators, Teachers

**POSITIVITY PROJECT CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
PreK-6	Other People Mindset (OPM)		100.2(j)(2)(i)(a) 1A. Cb.	Positivity Project	September	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Curiosity		100.2(j)(2)(i)(a) 1A. Cb.	Positivity Project	September	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Teamwork	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(a) 3C. Ca.	Positivity Project	September	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Open-Mindedness		100.2(j)(2)(i)(a) 1B. Cb.	Positivity Project	October	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	OPM - Being present and giving others my attention		100.2(j)(2)(i)(a) 2A. Cd.	Positivity Project	October	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Integrity		100.2(j)(2)(i)(a) 1A. Cb. 1C. Ca.	Positivity Project	October	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Creativity		100.2(j)(2)(i)(a) 1C. Ca.	Positivity Project	October	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	OPM - Knowing my words and actions affect others		100.2(j)(2)(i)(a) 2A. Ca. 2A. Cc.	Positivity Project	November	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators

PreK-6	Bravery			100.2(j)(2)(i)(a) 3A. Ca.	Positivity Project	November	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Gratitude			100.2(j)(2)(i)(a) 2C. Ca.	Positivity Project	November	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Kindness			100.2(j)(2)(i)(a) 2A. Cd. 2B. Ca. 2B. Cc.	Positivity Project	December	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	OPM - Supporting others when they struggle			100.2(j)(2)(i)(a) 2B. Cc. 3A. Cb. 3A. Cd. 3C. Cb. 3D. Cb.	Positivity Project	December	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Self-Control			100.2(j)(2)(i)(a) 1A. Ca. 3D. Cc.	Positivity Project	December	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Optimism			100.2(j)(2)(i)(a) 3A. Ce.	Positivity Project	January	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Prudence			100.2(j)(2)(i)(a) 1A. Cd.	Positivity Project	January	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Perseverance			100.2(j)(2)(i)(a) 1B. Cd. 1B. Ce. 3A. Ce.	Positivity Project	January	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Social Intelligence			100.2(j)(2)(i)(a) 2B. Cb. 3A. Cb. 3A. Cc. 3B. Ca.	Positivity Project	January	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators

PreK-6	Forgiveness		100.2(j)(2)(i)(a) 2C. Ca.	Positivity Project	January	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	OPM - Cheering others' success		100.2(j)(2)(i)(a) 2A. Cb. 3A. Ca.	Positivity Project	February	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Love		100.2(j)(2)(i)(a)	Positivity Project	February	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Love of Learning		100.2(j)(2)(i)(a) 1A. Cc. 1A. Ce. 2A. Cb.	Positivity Project	February	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Humility		100.2(j)(2)(i)(a) 1B. Ca.	Positivity Project Book	March	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	OPM - Identifying & appreciating the good in others		100.2(j)(2)(i)(a) 1A. Cc.	Positivity Project	March	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Perspective		100.2(j)(2)(i)(a) 1A. Cd. 1A. Cf. 2B. Cb. 3D. Ca.	Positivity Project	March	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Fairness		100.2(j)(2)(i)(a) 2B. Ca.	Positivity Project	March	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Humor		100.2(j)(2)(i)(a) 1A. Ce. 1B. Cd.	Positivity Project	April	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Appreciation of Beauty & Excellence		100.2(j)(2)(i)(a)	Positivity Project	April	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators

PreK-6	Purpose		100.2(j)(2)(i)(a) 1B. Ca.	Positivity Project	April	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Enthusiasm		100.2(j)(2)(i)(a) 1B. ICc.	Positivity Project	May	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators
PreK-6	Leadership		100.2(j)(2)(i)(a) 3A. Cd.	Positivity Project	May	All PreK-6 Students	Teachers, School Counselor, School Social Worker, School Psychologist, Administrators

**PRESCHOOL SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
PreK	Prep for Back to School	M 2	100.2(j)(2)(i)(c)	YouTube Video - Llama Llama Back to School Compilation Book - Llama Llama Back to School, Discussion Questions, Coloring Activity	August	All Preschool Students	Elementary School Counselor
PreK	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	School Counselor Hamburger Demo	September	All Preschool Students	Elementary School Counselor
PreK	Listening / Following the School Rules (backup Book - How do Dinosaurs go to School?, PowerPoint Activity)	B-SMS 1, 2, 10 B-SS 1, 2, 3, 4, 5, 6, 9	100.2(j)(2)(i)(c)	Book - The Pout-Pout Fish Goes to School, Discussion Questions, Coloring Activity	September (with above lesson)	All Preschool Students	Elementary School Counselor

PreK	Sharing	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	YouTube Video - Llama Time To Share Compilation Book - Llama Llama Time to Share, Discussion, Coloring Activity	September	All Preschool Students	Elementary School Counselor
PreK	Bullying (backup Book - Pout Fish and the Bully-Bully Shark, Discussion, Coloring Activity)	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	YouTube Video - Bully Goat Compilation Book - Llama Llama and the Bully Goat, Discussion, Coloring Activity	October	All Preschool Students	Elementary School Counselor
PreK	Friendship (backup Book - How do Dinosaurs Stay Friends?, Coloring Activity)	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	YouTube Video - Llama Llama and Friends Book - Llama Llama and Friends, Discussion, Coloring Activity	November	All Preschool Students	Elementary School Counselor
PreK	Self-Awareness (backup Book - The Pout-Pout Fish or How do Dinosaurs Say I'm Mad?, Play Doh Activity)	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	YouTube Video - Llama Llama Mad at Mama Book - Llama Llama Mad at Mama and Book - Llama Llama Misses Mama, Play Doh Activity	December	All Preschool Students	Elementary School Counselor
PreK	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	Book - The Pout-Pout Fish in the Big-Big Dark, Discussion, Activity (calming strategies)	January	All Preschool Students	Elementary School Counselor
PreK	Character Education: Respect (backup - Book - How do Dinosaurs Show Good Manners?)	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - Llama Llama Mess Mess Mess, Discussion (new/broken toys), Manners Coloring Activity	February	All Preschool Students	Elementary School Counselor

PreK	P2 Fairness / Character Education: Fairness	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - Fair is Fair, Discussion (clothing -same size, try on)	March	All Preschool Students	Elementary School Counselor
PreK	P2 Perspective / Character Education: Honesty	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Netflix Video - S2 E 2 Llama Llama Talent Show / Llama Llama's Lie, Book - Llama Llama's Little Lie, Honesty Coloring Activity, Discussion	April	All Preschool Students	Elementary School Counselor
PreK	Character Education: Trust / Personal Safety: Saying No, Stranger Danger	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - How do Dinosaurs Stay Safe?, Discussion, Group Activity	May	All Preschool Students	Elementary School Counselor
PreK	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	"Whose Hat is That", Discussion, Hat Coloring Activity	June	All Preschool Students	Elementary School Counselor
PreK	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All Preschool Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators

**KINDERGARTEN SCHOOL COUNSELING CURRICULUM**

Grade Level	Guidance Level Content	ASCA Standards	NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools	Curriculum and Materials	Timeframe	Projected Number of Students Affected	Staff Assigned
K	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All Kindergarten Students	Elementary School Counselor
K	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	School Counselor Toolbox	September	All Kindergarten Students	Elementary School Counselor

K	Listening / Following the School Rules	B-SMS 1, 2, 10 B-SS 1, 2, 3, 4, 5, 6, 9	100.2(j)(2)(i)(c)	Book - Howard B Wigglebottom Learns to Listen, Song, "Counselor Says", Bunny Ears Activity, Discussion	September	All Kindergarten Students	Elementary School Counselor
K	Bullying	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	Book - Howard B Wigglebottom: Learns about Bullies, Song, Yes/No Amination, Discussion	October	All Kindergarten Students	Elementary School Counselor
K	Friendship	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	Book - Howard B. Wigglebottom Learns We Can All Get Along, Song, Yes/No Amination, Discussion	November	All Kindergarten Students	Elementary School Counselor
K	Self-Awareness (backup Book - Howard B Wigglebottom and the Power of Giving: A Christmas Story)	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	Book - Howard B Wigglebottom Learns it's Okay to Back Away, Song, Yes/No Amination, Body Drawing, Discussion	December	All Kindergarten Students	Elementary School Counselor
K	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	P2 / Book - Howard B. Wigglebottom Learns too Much of a Good Thing is Bad, Song, Calming Activities, Discussion	January	All Kindergarten Students	Elementary School Counselor
K	P2 Forgiveness / Character Education: Respect	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	P2 / Book - Howard B. Wigglebottom and Manners Matter, Song, Yes/No Amination, Discussion	February	All Kindergarten Students	Elementary School Counselor



K	P2 Perspective / Character Education: Honesty	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - Howard B. Wigglebottom and the Monkey on his Back, Song, Yes/No Amination, Discussion	March	All Kindergarten Students	Elementary School Counselor
K	P2 Fairness / Character Education: Fairness	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - Howard B. Wigglebottom Learns About Sportsmanship, Song, Yes/No Amination, Fairness Activity Book, Discussion	April	All Kindergarten Students	Elementary School Counselor
K	Character Education: Trust / Personal Safety: Saying No, Stranger Danger	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - Howard B. Wigglebottom on Yes or No: A Fable about Trust, Song, Discussion, Scenarios	May	All Kindergarten Students	Elementary School Counselor
K	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	My Careers Coloring Book, NYS Career Plan	June	All Kindergarten Students	Elementary School Counselor
K	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All Kindergarten Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators
<b>GRADE 1 SCHOOL COUNSELING CURRICULUM</b>							
<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
1	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All First Grade Students	Elementary School Counselor

1	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	Book - Mrs. Joyce Gives the Best High Fives, Discussion, Coloring Activity	September (if needed)	All First Grade Students	Elementary School Counselor
1	Listening / Following the School Rules	B-SMS 1, 2, 10 B-SS 1, 2, 3, 4, 5, 6, 9	100.2(j)(2)(i)(c)	Book - Personal Space Camp, Discussion, Activity	September	All First Grade Students	Elementary School Counselor
1	Bullying	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	Book - The Recess Queen, PowerPoint Activity	October	All First Grade Students	Elementary School Counselor
1	Friendship	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	Book - Making Friends is an Art, Discussion, Crown Activity	November	All First Grade Students	Elementary School Counselor
1	Self-Awareness (backup Book - Wilma Jean The Worry Machine)	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	Book - Soda Pop Head, Balloon ex., Discussion, Feelings Slide Activity, Calm down strategy worksheet	December	All First Grade Students	Elementary School Counselor
1	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	Book - My Mouth is a Volcano, Discussion, Role Play, Coloring Activity	January	All First Grade Students	Elementary School Counselor
1	Character Education: Respect (backup Respect Coloring Book)	M 1, 2, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Small / Big Problems PowerPoint, IMessages, Discussion, Scenario Activity	February	All First Grade Students	Elementary School Counselor
1	Character Education: Honesty/Integrity	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - Lying Up a Storm, Discussion, Activity	March	All First Grade Students	Elementary School Counselor

1	P2 Fairness / Character Education: Fairness	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - No Fair!, Discussion, Scenario Activity	April	All First Grade Students	Elementary School Counselor
1	Character Education: Trust / Personal Safety: Saying No, Stranger Danger	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Safe Body / Personal Space PowerPoint, Discussion, Scenario Activity	May	All First Grade Students	Elementary School Counselor
1	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Book - What Shoes Will You Wear?, Discussion, Activity, NYS Career Plan	June	All First Grade Students	Elementary School Counselor
1	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All First Grade Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators

**GRADE 2 SCHOOL COUNSELING CURRICULUM**

Grade Level	Guidance Level Content	ASCA Standards	NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools	Curriculum and Materials	Timeframe	Projected Number of Students Affected	Staff Assigned
2	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All Second Grade Students	Elementary School Counselor
2	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	School Counselor Activity	September (if needed)	All Second Grade Students	Elementary School Counselor
2	Listening / Following the School Rules	B-SMS 1, 2, 10 B-SS 1, 2, 3, 4, 5, 6, 9	100.2(j)(2)(i)(c)	Book - The Worst Day of My Life Ever, PowerPoint Discussion, Coloring/Writing Activity	September	All Second Grade Students	Elementary School Counselor
2	Bullying	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	Is it Mean, Rude, Bullying PowerPoint, Activity, Discussion	October	All Second Grade Students	Elementary School Counselor

2	Friendship	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	Book - Enemy Pie, Discussion, Coloring/Writing Activity	November	All Second Grade Students	Elementary School Counselor
2	Self-Awareness	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	Book - Wilma Jean The Worry Machine, Discussion, Dice Activity	December	All Second Grade Students	Elementary School Counselor
2	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	P2 / Book - Ants in My Pants, Discussion, Role Play, Game	January	All Second Grade Students	Elementary School Counselor
2	Character Education: Respect	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - What if Everybody did that?, Activity	February	All Second Grade Students	Elementary School Counselor
2	Character Education: Honesty (Backup - Book - The "I" in Integrity)	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - Empty Pot, Discussion, Coloring Activity	March	All Second Grade Students	Elementary School Counselor
2	P2 Fairness / Character Education: Fairness	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	P2 / Bandaid Activity, Scoot Game, Discussion	April	All Second Grade Students	Elementary School Counselor
2	Character Education: Trust / Personal Safety: Saying No, Stranger Danger	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	Book - ??, Discussion, Activity	May	All Second Grade Students	Elementary School Counselor
2	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Book - When I Grow Up, Discussion, Activity, NYS Career Plan	June	All Second Grade Students	Elementary School Counselor
2	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All Second Grade Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators

**GRADE 3 SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOs Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
3	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All Third Grade Students	Elementary School Counselor
3	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	School Counselor T/F Activity	September (if needed)	All Third Grade Students	Elementary School Counselor
3	P2 Teamwork / Cooperation	B-LS 1, 2, 4 B-SS 1, 2, 4, 5, 6, 7, 8, 9	100.2(j)(2)(i)(c)	<a href="#">Save Sam</a> Video & Activity	September	All Third Grade Students	Elementary School Counselor
3	Bullying	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	Book - Bully B.E.A.N.S., Game Show	October	All Third Grade Students	Elementary School Counselor
3	P2 Gratitude / Friendship	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	P2 Video, Is it a Sticky Icky Thought or Attitude for Gratitude Game, Discussion	November	All Third Grade Students	Elementary School Counselor
3	P2 OPM - Supporting others when they struggle (Empathy) / Kindness	M 1, 3 B-SS 4	100.2(j)(2)(i)(c)	P2 Video "Show Love", Book - Invisible Boy, Discussion, Scoot Activity	December	All Third Grade Students	Elementary School Counselor
3	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	P2 / Video / Marshmallow test, Discussion, Scenario Activity	January	All Third Grade Students	Elementary School Counselor

3	Character Education: Respect, Honesty, Integrity	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	P2 / Video / Respect Skit, Book - The "I" in Integrity, Respect and Honesty Scoot Games, Activity	February	All Third Grade Students	Elementary School Counselor
3	P2 Perspective / Study Skills / Test Anxiety	B-LS 3 B-SMS 8	100.2(j)(2)(i)(c)	P2 / Video / Book - The Anti-Test Anxiety Society, Discussion, Activity, Test Strategies PowerPoint	March	All Third Grade Students	Elementary School Counselor
3	P2 Appreciation of Beauty / Self-Esteem / Growth Mindset / Confidence	M 1, 3 B-SMS 5, 6	100.2(j)(2)(i)(c)	P2 / Video / Book - Bubble Gum Brain OR Carla's Sandwich, Activity	April	All Third Grade Students	Elementary School Counselor
3	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Career Bingo, NYS Career Plan	May	All Third Grade Students	Elementary School Counselor
3	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All Third Grade Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators

**GRADE 4 SCHOOL COUNSELING CURRICULUM**

Grade Level	Guidance Level Content	ASCA Standards	NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools	Curriculum and Materials	Timeframe	Projected Number of Students Affected	Staff Assigned
4	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All Fourth Grade Students	Elementary School Counselor
4	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	School Counselor Cootie Catcher games	September (if needed)	All Fourth Grade Students	Elementary School Counselor
4	P2 Teamwork / Cooperation	B-LS 1, 2, 4 B-SS 1, 2, 4, 5, 6, 7, 8, 9	100.2(j)(2)(i)(c)	Escape Room (lockbox) Activity, Discussion	September	All Fourth Grade Students	Elementary School Counselor

4	Bullying / Cyber Bullying	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	Bullying, Mean, Conflict Scoot Game, Discussion	October	All Fourth Grade Students	Elementary School Counselor
4	P2 Gratitude / Friendship	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	Gratitude Scoot Game, Discussion	November	All Fourth Grade Students	Elementary School Counselor
4	P2 OPM - Supporting others when they struggle (Empathy) / Kindness	M 1, 3 B-SS 4	100.2(j)(2)(i)(c)	P2 Video "Show Love", Kindness Activities, Discussion	December	All Fourth Grade Students	Elementary School Counselor
4	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	P2 / Video / Scoot Game	January	All Fourth Grade Students	Elementary School Counselor
4	P2 Forgiveness / Character Education: Respect, Honesty, Integrity	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	P2 / Video / PowerPoint, Scavenger Hunt Activity, Discussion	February	All Fourth Grade Students	Elementary School Counselor
4	P2 Perspective / Study Skills / Test Anxiety	B-LS 3 B-SMS 8	100.2(j)(2)(i)(c)	P2 / Video / Book - I'm Stretched, Test Anxiety PowerPoint, Discussion, Activity	March	All Fourth Grade Students	Elementary School Counselor
4	P2 Appreciation of Beauty / Self-Esteem / Growth Mindset / Confidence	M 1, 3 B-SMS 5, 6	100.2(j)(2)(i)(c)	Video / PowerPoint, Escape a Fixed Mindset Maze, Discussion	April	All Fourth Grade Students	Elementary School Counselor
4	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Career Interest Inventory PowerPoint, Discussion, Activity, NYS Career Plan	May	All Fourth Grade Students	Elementary School Counselor
4	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All Fourth Grade Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators

**GRADE 5 SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
5	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All Fifth Grade Students	Elementary School Counselor
5	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	School Counselor Jenga game	September (if needed)	All Fifth Grade Students	Elementary School Counselor
5	P2 Teamwork / Cooperation	B-LS 1, 2, 4 B-SS 1, 2, 4, 5, 6, 7, 8, 9	100.2(j)(2)(i)(c)	Build Highest Tower Activity, <a href="#">Ted Talk Video</a> , Discussion	September	All Fifth Grade Students	Elementary School Counselor
5	Bullying / Cyber Bullying	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	Bullying Trivia Game, Discussion	October	All Fifth Grade Students	Elementary School Counselor
5	P2 Gratitude / Friendship	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	P2 Video, Gratitude Game Show, Discussion	November	All Fifth Grade Students	Elementary School Counselor
5	P2 OPM - Supporting others when they struggle (Empathy) / Kindness	M 1, 3 B-SS 4	100.2(j)(2)(i)(c)	P2 Video "Show Love", Responding with Empathy Activity, Discussion	December	All Fifth Grade Students	Elementary School Counselor
5	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	P2 Video,	January	All Fifth Grade Students	Elementary School Counselor



5	P2 Forgiveness / Character Education: Respect, Honesty, Integrity	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	P2 / Video / PowerPoint, Discussion, Activity	February	All Fifth Grade Students	Elementary School Counselor
5	P2 Perspective / Study Skills / Test Anxiety	B-LS 3 B-SMS 8	100.2(j)(2)(i)(c)	P2 / Video / PowerPoint, Discussion, Activity	March	All Fifth Grade Students	Elementary School Counselor
5	P2 Appreciation of Beauty / Self-Esteem / Growth Mindset / Confidence	M 1, 3 B-SMS 5, 6	100.2(j)(2)(i)(c)	P2 / Video / PowerPoint, Discussion, Activity	April	All Fifth Grade Students	Elementary School Counselor
5	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	P2 / Video / PowerPoint, Discussion, Activity, NYS Career Plan	May	All Fifth Grade Students	Elementary School Counselor
5	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All Fifth Grade Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators

**GRADE 6 SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
6	Elementary Academic Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		All Year	All Sixth Grade Students	Elementary School Counselor
6	Meet the School Counselor	M 2	100.2(j)(2)(i)(c)	Meet the School Counselor Jeopardy Game	September (if needed)	All Fifth Grade Students	Elementary School Counselor

6	P2 Teamwork / Cooperation	B-LS 1, 2, 4 B-SS 1, 2, 4, 5, 6, 7, 8, 9	100.2(j)(2)(i)(c)	<a href="#">P2 Video Group Juggle &amp; Activity</a> , <a href="#">P2 Video Excellent Teamwork</a> , Helium Stick Activity, Discussion	September	All Sixth Grade Students	Elementary School Counselor
6	Bullying / Cyber Bullying	M 1, 3 B-SMS 7, 9 B-SS 1-9	100.2(j)(2)(i)(c)	<a href="#">Rocket Kids Bullying Video</a> , Bullying Centers Activity	October	All Sixth Grade Students	Elementary School Counselor
6	P2 Gratitude / Friendship	B-LS 1, 2, 4, 7 B-SMS 3 B-SS 1, 2, 3, 4, 5, 8, 9	100.2(j)(2)(i)(c)	P2 Video, Kindness, Empathy, Gratitude Escape Room, Discussion	November	All Sixth Grade Students	Elementary School Counselor
6	P2 OPM - Supporting others when they struggle (Empathy) / Kindness	M 1, 3 B-SS 4	100.2(j)(2)(i)(c)	P2 Video "Show Love", Discussion, Hand Activity	December	All Sixth Grade Students	Elementary School Counselor
6	P2 Self-Control / Self-Discipline	M 1, 3 B-SMS 1, 2, 7, 10 B-SS 2, 9	100.2(j)(2)(i)(c)	P2 / Video / PowerPoint, Discussion, Activity	January	All Sixth Grade Students	Elementary School Counselor
6	P2 Forgiveness / Character Education: Respect, Honesty, Integrity	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	P2 / Video / PowerPoint, Discussion, Activity	February	All Sixth Grade Students	Elementary School Counselor
6	P2 Perspective / Study Skills / Test Anxiety	B-LS 3 B-SMS 8	100.2(j)(2)(i)(c)	P2 Video, PowerPoint Perspective Taking, Discussion, Activity	March	All Sixth Grade Students	Elementary School Counselor
6	Career Exploration	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Holland's Code Activity, Discussion	April	All Sixth Grade Students	Elementary School Counselor
6	Annual Career Planning (Individual)	M 4, 5 B-LS 7	100.2(j)(2)(i)(b) 1.1, 2.1	Remsen Career Planning Worksheet	May-June	All Sixth Grade Students	Elementary School Counselor

6	Career Field Trip	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Field Trip	May	All Sixth Grade Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators
6	Annual Course Selection (Individual)	M 5 B-LS 1 B-SMS 5	100.2(j)(2)(i)(b) 2.1	Academic Course Selection Worksheet	May-June	All Sixth Grade Students	Elementary School Counselor
6	Remsen Elementary Career Day	M 4, 5 B-LS 7	100.2(j)(2)(i)(c) 1.1, 2.1	Outside Presenters	June	All Sixth Grade Students	Elementary School Counselor, SABA Coordinator, Teachers, Administrators
6	Jr. High School Transition	B 2 B-SMS 7, 8, 9, 10 B-SS 7, 8, 9	100.2(j)(2)(i)(d)	Discussion, Handouts	June	All Sixth Grade Students	Elementary School Counselor
6	Seventh Grade Orientation	M 3 B-SS 1, 2, 3, 7, 8, 9	100.2(j)(2)(i)(d)	Visitation to Jr. High School	June	All Sixth Grade Students	Jr./Sr. High School Counselor, Administrators

**GRADE 7 SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
7	Jr. High School Academic Planning Individual Meeting	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		October	All Seventh Grade Students	Jr./Sr. High School Counselor
7	Annual Course Selection	M 5 B-LS 1 B-SMS 5	100.2(j)(2)(i)(c) 2.1	Academic Course Selection	March	All Seventh Grade Students	Jr./Sr. High School Counselor
7	Everyday Speech SEL, The Value in Mistakes	M 1, 3 B-SS 4	100.2(j)(2)(i)(c)	ES Video, Discussion, Handout Activity	October	All Seventh Grade Students	Jr./Sr. High School Counselor

7	Everyday Speech SEL, Building our Strengths	M 1, 3 B-SMS 1, 2, 7 B-SS 2, 9	100.2(j)(2)(i)(c)	ES Video, Discussion, Handout Activity	January	All Seventh Grade Students	Jr./Sr. High School Counselor
7	Everyday Speech SEL, Adapting to Challenges	M 1, 3 B-SMS 1 B-SS 5	100.2(j)(2)(i)(c)	ES Video, Discussion, Handout Activity	March	All Seventh Grade Students	Jr./Sr. High School Counselor
7	Everyday Speech SEL, What Matters to Me	B-LS 3 B-SMS 8	100.2(j)(2)(i)(c)	ES Video, Discussion, Handout Activity	May	All Seventh Grade Students	Jr./Sr. High School Counselor
<b>GRADE 8 SCHOOL COUNSELING CURRICULUM</b>							
<b>Student Focus</b>	<b>Program Activity or Service</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOs Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
8	Jr. High School Academic Planning Individual Meeting	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1		October	All Eighth Grade Students	Jr./Sr. High School Counselor
8	Annual Course Selection	M 5 B-LS 1 B-SMS 5	100.2(j)(2)(i)(c) 2.1	Academic Course Selection	March	All Eighth Grade Students	Jr./Sr. High School Counselor
8	High School Orientation	M 1, 2, 3, 5 B-LS 1, 5 B-SMS 1, 2, 10	100.2(j)(2)(i)(d) 2.1	Guidance Info Session Presentation	January	All Eighth Grade Students	Jr./Sr. High School Counselor, Administrators

**GRADE 9 SCHOOL COUNSELING CURRICULUM**

<b>Student Focus</b>	<b>Program Activity or Service</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOs Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
9	College & Career Readiness Course	M 6 B-LS 6, 7, 9 B-SS 1, 2, 3, 8	100.2(j)(2)(i)(c) 1.1, 2.1, 3A 1-8	Course Offering	Semester 1, Semester 2	Available to 9-12 Students	Teacher
9	Overcoming Obstacles	M 1 B-PF 6			October	All Ninth Grade	Administration, School Counselor, Teacher (Additional Chaperone)
9	High School Orientation	M 1, 2, 3, 5 B-LS 1, 5 B-SMS 1, 2, 10	100.2(j)(2)(i)(d) 2.1	Guidance Info Session Presentation	January	All Eighth Grade Students	Jr./Sr. High School Counselor, Administrators
9	Sr. High School Academic Planning Individual Meeting	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1	Career Plan, Academic Plan, transcripts	January	All Ninth Grade Students	Jr./Sr. High School Counselor
9	SABA Career Exploration	M 4 B-LS 1, 5, 9 B-SMS 10	100.2(j)(2)(i)(c) 1.1	Online Personality Assessment	February	All Ninth Grade Students	Jr./Sr. High School Counselor, SABA Coordinator
9	Annual Course Selection	M 5 B-LS 1 B-SMS 5	100.2(j)(2)(i)(c) 2.1	Academic Course Selection	March	All Ninth Grade Students	Jr./Sr. High School Counselor
9	MVCC College Tour	M 6 B-LS 6, 7, 9 B-SS 8	100.2(j)(2)(i)(c)		April	All Ninth Grade Students	Jr./Sr. High School Counselor

**GRADE 10 SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOs Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
10	College & Career Readiness Course	M 6 B-LS 6, 7, 9 B-SS 1, 2, 3, 8	100.2(j)(2)(i)(c) 1.1, 2.1, 3A 1-8	Course Offering	Semester 1, Semester 2	Available to All Tenth Grade Students	Teacher
10	Sr. High School Academic Planning Individual Planning	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1	Career Plan, Academic Plan, transcripts	December	All Tenth Grade Students	Jr./Sr. High School Counselor
10	PSAT Information	M 6 B-LS 4, 5 B-SMS 5	100.2(j)(2)(i)(c)	PSAT handouts	May	All Tenth Grade Students	Jr./Sr. High School Counselor
10	Annual Course Selection	M 5 B-LS 1 B-SMS 5	100.2(j)(2)(i)(c) 2.1	Academic Course Selection	March	All Tenth Grade Students	Jr./Sr. High School Counselor
10	BOCES Information	M 2, 6 B-LS 7 B-SMS 10	100.2(j)(2)(i)(c) 1.1, 2.1, 3A 1-8	BOCES handouts, BOCES visitation	March	All Tenth Grade Students	Jr./Sr. High School Counselor, BOCES Staff
10	Manufacturing Day	M 6 B-LS 6 B-SMS 1, 2, 3	100.2(j)(2)(i)(c) 1.2, 2.1, 3A 1-8		October	All Tenth Grade Students	Jr./Sr. High School Counselor, SABA Coordinator
10	SABA Career Exploration	M 4 B-LS 1, 5, 9 B-SMS 10	100.2(j)(2)(i)(c) 1.1	Online Career Exploration	December	All Tenth Grade Students	Jr./Sr. High School Counselor, SABA Coordinator
10	Utica University College Tour	M 6 B-LS 6, 7, 9 B-SS 8	100.2(j)(2)(i)(c)		September- January	All Tenth Grade Students	Jr./Sr. High School Counselor, College Advisors



**GRADE 11 SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
11	College & Career Readiness Course	M 6 B-LS 6, 7, 9 B-SS 1, 2, 3, 8	100.2(j)(2)(i)(c) 1.1, 2.1, 3A 1-8	Course Offering	Semester 1, Semester 2	Available to All Eleventh Grade Students	Teacher
11	Sr. High School Academic Planning Individual Meeting	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1	Junior Meeting Packet, Career Plan, Academic Plan, transcripts	November	All Eleventh Grade Students	Jr./Sr. High School Counselor
11	PSAT Administered	M 6 B-LS 3 B-SMS 10	100.2(j)(2)(i)(c)	PSAT Exam	October	Eleventh Grade Students	Jr./Sr. High School Counselor, Support Staff
11	SAT Information & Exam	M 6 B-LS 4, 5 B-SMS 5	100.2(j)(2)(i)(c)	SAT Handouts	November-April	All Eleventh Grade Students	Jr./Sr. High School Counselor
11	Financial Aid Information	M 6 B-LS 4, 5 B-SMS 5	100.2(j)(2)(i)(c)	Financial Aid Handouts, Financial Aid Night	October	All Eleventh Grade Students	Jr./Sr. High School Counselor, College Financial Aid Rep
11	College Visitations	M 6 B-LS 6, 7, 9 B-SS 8	100.2(j)(2)(i)(c)	Informational Handouts	September - January	All Eleventh Grade Students	Jr./Sr. High School Counselor, College Advisors
11	Sr. High School Academic Planning Individual Meeting	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1	Career Plan, Academic Plan, transcripts	December	All Tenth Grade Students	Jr./Sr. High School Counselor
11	Annual Course Selection	M 5 B-LS 1 B-SMS 5	100.2(j)(2)(i)(c) 2.1	Academic Course Selection	March	All Eleventh Grade Students	Jr./Sr. High School Counselor

11	SABA Shadow Day	M 6 B-LS 6 B-SMS 1, 2, 3	100.2(j)(2)(i)(c) 1.1, 2.1, 3A 1-8	Shadow Day	November	All Eleventh Grade Students	Jr./Sr. High School Counselor, SABA Coordinator
11	New Visions/RPE Information	M 2, 6 B-LS 7 B-SMS 10	100.2(j)(2)(i)(c) 1.1, 2.1, 3A 1-8	BOCES handouts, BOCES visitation	March	Interested Eleventh Grade Students	Jr./Sr. High School Counselor, BOCES Staff
11	College & Career Post-Graduation Planning	M 4 B-LS 1, 5, 9 B-SMS 10	100.2(j)(2)(i)(c) 1.1	Planning Packet, Website	November	All Eleventh Grade Students	Jr./Sr. High School Counselor
11	SUNY Poly College Tour	M 6 B-LS 6, 7, 9 B-SS 8	100.2(j)(2)(i)(c)		September- January	All Eleventh Grade Students	Jr./Sr. High School Counselor, College Advisors

**GRADE 12 SCHOOL COUNSELING CURRICULUM**

<b>Grade Level</b>	<b>Guidance Level Content</b>	<b>ASCA Standards</b>	<b>NYSED Regulations / NYSED CDOS Standards / NYSED Mental Health Education Literacy in Schools</b>	<b>Curriculum and Materials</b>	<b>Timeframe</b>	<b>Projected Number of Students Affected</b>	<b>Staff Assigned</b>
12	Senior Seminar (Post Graduate Planning)	M 6 B-LS 6, 7, 9 B-SS 1, 2, 3, 8	100.2(j)(2)(i)(c) 1.1, 2.1, 3A 1-8	Course Offering	All year	All Twelfth Grade Students	Teacher
12	Sr. High School Academic Planning Individual Meeting	M 1, 2, 3, 6 B-LS 7 B-SMS 5	100.2(j)(2)(i)(a) 2.1	Senior Meeting Packet, Career Plan, Academic Plan, Transcript	September	All Twelfth Grade Students	Jr./Sr. High School Counselor
12	SAT Information & Exam	M 6 B-LS 4, 5 B-SMS 5	100.2(j)(2)(i)(c)	SAT handouts	October	All Twelfth Grade Students	Jr./Sr. High School Counselor
12	Financial Aid Information Presentation	M 6 B-LS 4, 5 B-SMS 5	100.2(j)(2)(i)(c)	Financial Aid Handouts, Financial Aid Night Presentation	October	All Twelfth Grade Students	Jr./Sr. High School Counselor, College Financial Aid Rep



12	MVCC Open House	M 6 B-LS 6, 7 B-SS 8	100.2(j)(2)(i)(c)		November	All Twelfth Grade Students	Jr./Sr. High School Counselor, College Advisors
12	College Rep Visits	M 6 B-LS 6, 7, 9 B-SS 8	100.2(j)(2)(i)(c)		September- January	All Twelfth Grade Students	Jr./Sr. High School Counselor, College Advisors