


 <b>RAMS SPORTS</b> Page 3	 <b>WHAT'S TRENDING</b> Page 4	 <b>FLAME THE BAND</b> Page 2	 <b>COMICS</b> Page 7
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# RANDOM RAMBLER



#WESTILLHAVEHOPE

It was 2 a.m, and it's dark outside and I didn't know what to do. And then I thought of you. When it's dark and grey, you always know what to say. You just gotta make it shine and hope for the sun to come out. You <sup>just</sup> gotta dance around and sing out loud. You gotta keep that smile on your face and know that I will be there. Every story you tell, I'll be there to listen, Every song you sing I'll be there to sing the melody. ooooo, Everything you do I will be right there. You cry, I cry, You run, I run You laugh, I laugh either way I'm right by your side. From dawn to dusk, I'll be there to brighten your day.

Written by Hope Inslee

Flame, the band, was able to spark the entire school up, both students and teachers, with their remarkable performance. On October 21st the Remsen High School gymnasium was roaring with cheering, clapping, dancing, and applause all thanks to the mentally disabled, but still very talented band who call themselves, *Flame*. The group started six years ago after a mentally challenged talent contest in Gloversville, New York. That's a little under an hour and a half from little ol' Remsen. The contest turned up some really talented musicians who decided to stick together and play.

The origin of the band's name is based off the Olympic torch flame. Band members only practice together one night a week. Usually performing all over the country, Flame was able to hit up our little school, which was not afraid to show the band how pumped up we were to have them! At first most students probably were unsure of the idea of listening to a band that has mentally challenged musicians. It didn't take more than two songs to inspire and excite the whole school, including the elementary students. The band played nine different songs and then an additional encore song at the end. I think everyone agrees when I say, our school should do this all the time.

The Upstate New York band members live with conditions including Downs Syndrome, cognitive delays, Autism, Cerebral Palsy, and blindness, but the band says this doesn't stop them from living their dreams as rockstars. Flame is for sure, a group full of inspiration that plays some pretty awesome tunes. -Ryan Polce



The band Flame has also been featured in PEOPLE magazine

“Flame ~  
Spreading hope  
and inspiration  
through their  
music”



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# F L A M E

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# SPORTS



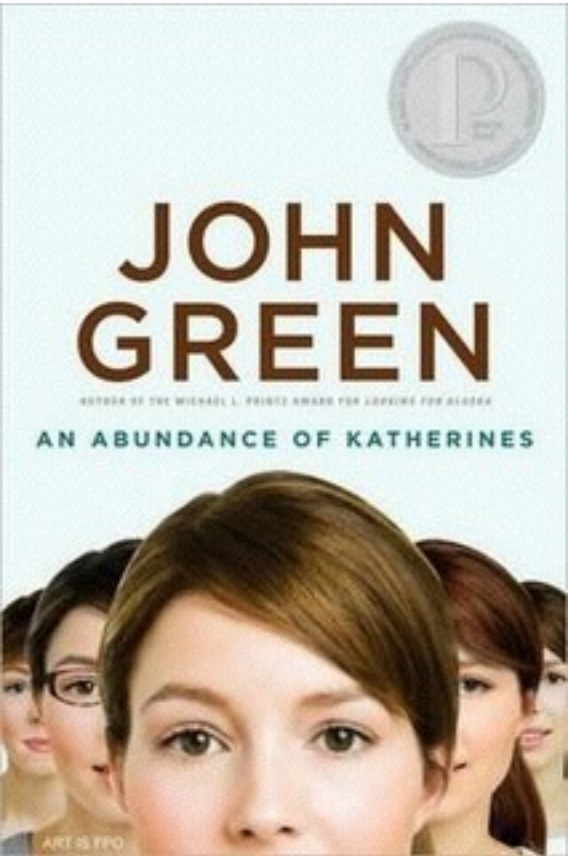
Fall Sports have come to an end! Congratulations to the boys and girls soccer teams, as well as the cross country teams. Stay in shape and eat healthy these next couple of weeks because Winter Sports have started. This year marks the first season of cheerleading being a recognized sport! All you athletes with pompoms, get ready to kick it in gear this year. Basketball is hoping to increase its spectators this year, so be sure to come out and support the boys as they try to improve their record. Varsity volleyball has a target on their back after last year's sectional win. Keep the momentum going girls! All of you modified and JV athletes, work hard and play harder. This is our season. Make it count! -Morgan Murray

# REVIEWS

## An Abundance of Katherines

Author: John Green

Many of you have heard the name John Green but at the thought of the author you usually think of the famous line, "Okay? Okay." Yes, the Fault In Our Stars is his most popular book and yes, it is one of his most fabulous works, but he has written many other novels that are just as good if not better in some reader's opinions. An Abundance Of Katherines is the book to read when you're in need of a laugh, good life advice, or any way to get over a former relationship (or in Colin Singleton's case... 19 of them). In this story, the reader follows a washed up child prodigy named Colin Singleton and his best friend, Hassan, on a journey full of mayhem, feral hogs, and a girl named Lindsey, and in the end they discovered the way to predict to how every relationship plays out. I recommend this book for anyone who dreams of dropping everything and taking off on an off the cuff adventure, and of course, anyone who loves John Green. Enjoy this month's pick and happy reading! -Julia Roos



Google Image

## Gotham

Before Bruce Wayne became Batman, Gotham was just a city filled with crime. Young Bruce Wayne witnesses his parents' murder. Detective James Gordon (Ben McKenzie) and his partner Harvey Bullock (Donal Lougue) try to solve the murder while fighting the city's two competing mob bosses (Falcone and Maroni), as well as other villains such as Fish Mooney (Jada Pinkett Smith) and Oswald Cobblepot (Robin Lord Taylor), also known as "the Penguin". You can catch Gotham Monday nights at eight O' clock on Fox. -Amanda Bolos



Google Image

# WHAT'S TRENDING?

Ebola. Oh, no. Run, far away... But do you really know what it is? Or are you just on the “it will turn you into a zombie” band wagon? Let’s all calm down and get serious for a minute. Ebola is considered a fatal disease. The most common symptoms are fever and severe internal bleeding and it’s spread through contact with infected bodily fluids. So, Ebola is a pretty scary disease, but it can be prevented and if it is being monitored very closely by the CDC (Center for Disease Control).

The CDC website has a list of ways to prevent Ebola. Wash your hands with soap and water, but make sure it’s hot water because that will kill the bacteria you can also use an alcohol based hand sanitizer. Do not handle items that have come in contact with an infected person’s blood or bodily fluids, for example clothes, bedding, needles and medical equipment. If you are flying from West Africa to the States, you may get screened coming through customs and asked a series of questions to make sure you haven’t come in contact with anything Ebola related. People diagnosed with Ebola are put in isolation and everyone who has come in contact with that person is monitored for symptoms.

There is no FDA (Food and Drug Administration) approved vaccine for Ebola. However, there are basic interventions that can help improve chances if used early enough. Patients receive IV fluids, and balanced electrolytes while doctors maintain oxygen, blood pressure, and lastly, they treat other infections if they occur. Those steps could help with survival but wouldn’t be a one hundred percent cure.

Ebola is a little scary to think about but there is prevention! Wash your hands! If you do develop any symptoms that are close to Ebola, do not panic or go rushing to the hospital. Call your doctor ask them for their professional opinion and if they feel like it is serious enough they will refer you to the hospital to get treated.-Alex Opperman

# MEET THE TEACHERS

1. I believe in good dental health and brush my teeth about 7 times a day.

2. I had a cat Charles which is my brother’s name so I changed it to Chuck because I think that is cooler.

3. I played soccer in high school and my favorite part was being aggressive and pushing people off the ball.

4. I am a vegetarian.

5. My favorite band is Led Zeppelin.
- 1.\_\_\_\_

2.\_\_\_\_

3.\_\_\_\_

4.\_\_\_\_

5.\_\_\_\_
- A. Ms. Haley

B. Mr. Turner

C. Mr. Glass

D. Ms.Galime

E. Mr. Haynes

By Morgan Murray



Match each letter to the teachers fun fact about themselves!  
Then turn to the last page to see if you were correct!



# FFA AND STUDENT COUNCIL

Six FFA members traveled to Louisville, Kentucky for the 87th National FFA Convention. On the way, they stopped in Cleveland, Ohio at Lincoln Electric. While at Lincoln, they were able to tour the factory and have lunch. They passed Fort Knox while the other schools toured the Jim Beam Facility. They also visited the Frazier History Museum and the Kentucky Science Center. The theme of the convention was "Go All Out," which meant anything you do, you should put all of your heart and soul into it and go all out! As Mr.Byrne, Remsen's FFA Advisor, said, "the trip was great!" -Jeffery Klossner



Remsen's Student Council held a Homecoming dance on October 25, 2014. The members of student council in conjunction with their advisors (Ms. Haley and Mrs. Hartnett) did an outstanding job organizing and holding the Homecoming dance. On November 5, 2014 Student Council teamed up with the American Red Cross to hold a blood drive. Thanks to everyone who donated, the Red Cross was able to meet their goal. Well done Remsen! -Jeffery Klossner

# STUDENTS SUPPORT HUMANE SOCIETY



Over the summer a few Remsen elementary school students wanted to make a difference to homeless animals at the Stevens-Swan Humane Society. Fifth grader Paige Loveric went to visit the animals at the shelter. She noticed that they needed help fundraising. She said, "I wanted to do the fundraiser because I know there are a lot of homeless animals in the area. When I visited the Stevens-Swan Humane Society the cats and dogs were all sitting on concrete floors. I could tell that they didn't have enough money to buy new toys and blankets for the animals, so I started to raise money so the animals would be happier!" Paige asked a couple of other students for help. Fourth grader Julia Denning, and sixth graders Railey Ehart and Jade Denning started to help fundraise by making jewelry. Paige had the idea to sell different charms, bracelets, and necklaces to raise money. These girls were able to raise \$330.00 during Barn FOTA! - Samantha Boucher



# HOMECOMING

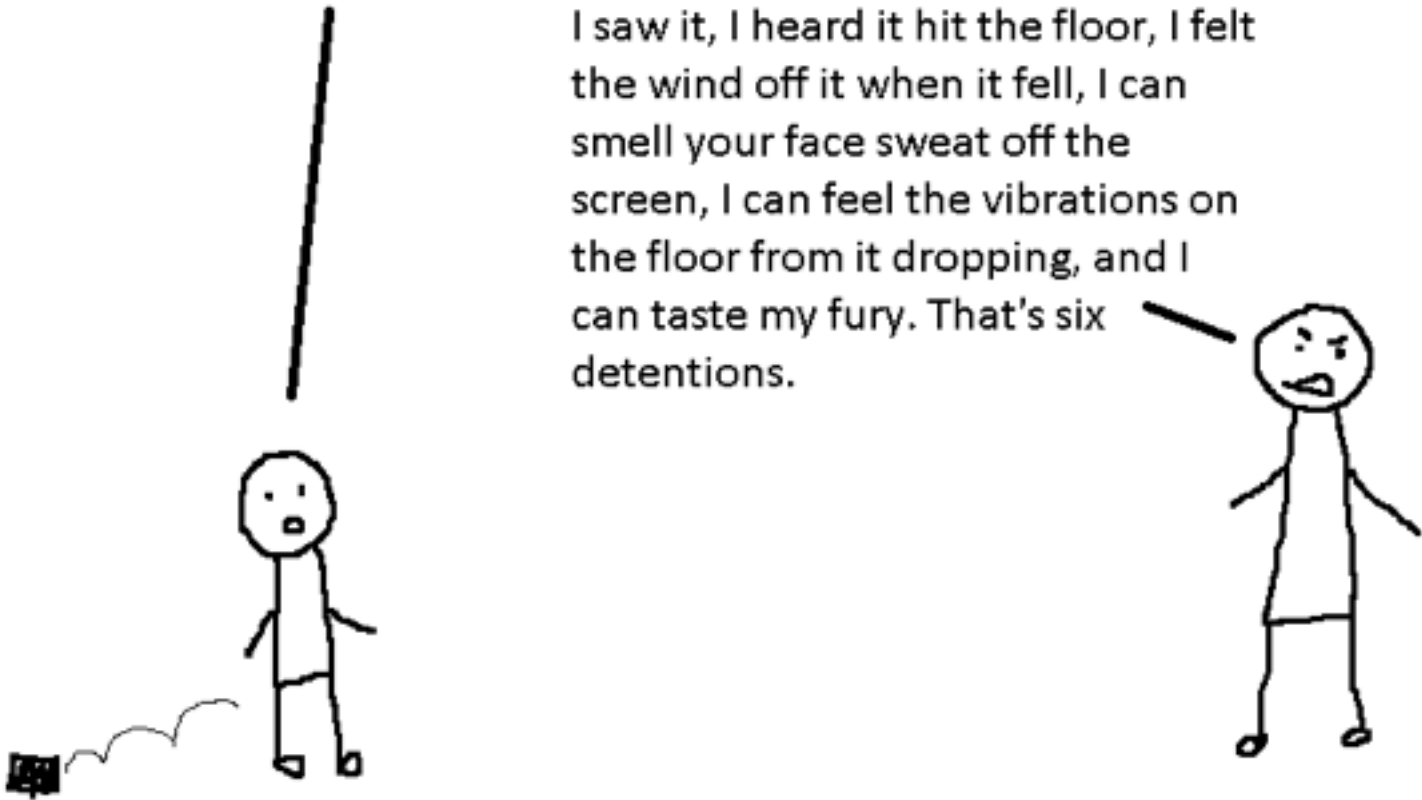




# COMICS FROM RILEY



Oops, I dropped my phone



# HALLOWEEN FEATURE

By Vicente Nunez

Monsters stood all around James, and he was pretty sure they could hear his heart racing.

The four legendary beasts were nothing like the old monster movies. The Wolf Man was a lean, almost greyhound-like creature, but crawled on four giraffe-neck arms and legs, and claws as sharp as knives spread from his front paws. Mr. Hyde was nothing but a hunchbacked, withered old man with a maniacal giggle. The skin of Frankenstein was not green like most people depicted, but patches of multiple colors: black, tan, and pale chunks of decaying bodies. The Mummy was no fool of an actor wrapped in toilet paper, but an almost human thing with decaying skin and wounds covered with flies eating away at him. They were far scarier than any film.

The four things crept toward James, who was kicking the walls and screaming bloody murder. They tore him away from it and began feeling the hair and sniffing the blood from his arm, which began bleeding when he had fallen into the dark room. They went into a sort of blood trance, almost like sharks, and began lapping the blood from his cut. James tried to pull away, but the Hyde creature held him fast. “No, silly boy!” he said, with a maniacal laugh, his voice cracky and shrill. “With your blood, we will be humans once more!” Against the monsters’ brute strength, James couldn’t even begin to fight back. Then the licking stopped and the monsters pulled away.

Except they were no longer monsters, or monsters plural. A single boy stood in front of James, surprisingly short, with his head in his lap. James tried to ask who he was, but all that emerged was a rattle of teeth and a wolfish groan. He looked more closely at the boy and realized it was himself!

The clone looked up and James saw his own face was contorted in malicious pleasure. “Does it feel nice boy?” the thing asked in the voice of Hyde, “To look like a monster? To be a monster?”

James didn’t know what the thing was talking about, but he had a grim suspicion. He looked down at his body, and saw it was not his. His feet were sharp claws and his body was grey and deathly thin. He had become a monster himself! He was so horrified that his brain went haywire and he could not make a move or sound as the evil thing left the cavern to claim a life that was not his.



Answers to Meet the Teachers: 1.) E   2.) C   3.) A   4.) B   5.) D