



# ELEMENTARY MENU

## Daily breakfast entrée options:

- Main Entrée
- Choice of Cereal (Cocoa Puffs, Cinnamon Toast Crunch, Trix, Cinnamon Chex, Blueberry Chex, Honey Nut Cheerios) 🍃
- Choice of Pop Tart (Strawberry, Cinnamon, Fudge) 🍃

## Daily main lunch entrée options:

- One Hot Option
- One Vegetarian Option 🍃
- One Cold Option

## Choice of Cold Sandwiches Include:

- Peanut Butter and Jelly 🍃
- Sun Butter and Jelly 🍃
- Turkey and Cheese

## Daily fruit choices may include:

Fresh, frozen, or canned (in 100% juice or light syrup) or 100% Fruit Juice

## Daily vegetable choices may include:

Fresh veggies w/ dip, hot canned or frozen vegetable

\*\*Dominos Day may vary within the same week. Please refer to School Cafe for exact day\*\*

🍃 Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.

# OCTOBER 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Breakfast Burrito w/ Salsa ***** Beef Nachos Bean Nachos 🍃 Yogurt Snack Pack 🍃 Seasoned Black Beans Choice of Fresh Fruit Milk	<b>2</b> Cinnamon Swirl 🍃 ***** Cheeseburger Black Bean Burger 🍃 Hummus Snack Pack 🍃 Sweet Potato Fries Choice of Fresh Fruit Milk	<b>3</b> Breakfast Pizza ***** Tangerine Chicken w/ Fried Rice Spanish Rice w/ Black Beans 🍃 Yogurt Snack Pack 🍃 Steamed Broccoli Choice of Fresh Fruit Milk	<b>4</b> NO SCHOOL
<b>7</b> Trix Yogurt w/ Cinn Muffin 🍃 ***** Mini Corn Dogs Bosco Sticks w/ Marinara 🍃 Choice of Sandwich Steamed Broccoli Choice of Fresh Fruit Milk	<b>8</b> French Toast Sticks w/ Syrup 🍃 ***** Chicken Tamale Cheese Tamale 🍃 Yogurt Snack Pack 🍃 Refried Bean Choice of Fresh Fruit Milk	<b>9</b> Bagel w/ Cream Cheese 🍃 ***** Popcorn Chicken w/ Mashed Potatoes Chick'n Meatless Nuggets 🍃 Hummus Snack Pack 🍃 Mixed Vegetables Choice of Fruit Milk	<b>10</b> Breakfast Sandwich ***** Chicken Sandwich Black Bean Burger 🍃 Yogurt Snack Pack 🍃 Smile Fries Choice of Fresh Fruit Milk	<b>11</b> Chocolate Donut 🍃 ***** Mac & Cheese Bites 🍃 Bosco Sticks w/ Marinara 🍃 Choice of Sandwich Glazed Carrots Choice of Fresh Fruit Milk
<b>14</b> WG Blueberry Bread 🍃 ***** BBQ Beef Riblet Sandwich Black Bean Burger Choice of Cold Sandwich Baked Beans Choice of Fresh Fruit Milk	<b>15</b> WG Pancake Bites 🍃 ***** Crisпитos w/ Cheese Sauce Grilled Cheese 🍃 Yogurt Snack Pack 🍃 Steamed Corn Choice of Fresh Fruit Milk	<b>16</b> Cinni Minis 🍃 ***** Spaghetti w/ Meat Sauce Spaghetti w/ Marinara 🍃 Hummus Snack Pack 🍃 Steamed Broccoli Choice of Fresh Fruit Milk	<b>17</b> Breakfast Bagel ***** Chicken Egg Rolls w/ Fried Rice Spanish Rice w/ Black Beans Yogurt Snack Pack 🍃 Teriyaki Green Beans Choice of Fresh Fruit Milk	<b>18</b> Strawberry Bagel 🍃 ***** *Domino's Pizza - See Note* Choice of Sandwich Glazed Carrots Choice of Fresh Fruit Milk
<b>21</b> Blueberry Muffin w/ Yogurt 🍃 ***** Glazed Chicken Leg Mac & Cheese 🍃 WG Dinner Roll Zesty Green Beans Choice of Fresh Fruit Milk	<b>22</b> Breakfast Burrito w/ Salsa ***** Beef Nachos Bean Nachos 🍃 Yogurt Snack Pack 🍃 Seasoned Black Beans Choice of Fresh Fruit Milk	<b>23</b> Cinnamon Swirl 🍃 ***** Cheeseburger Black Bean Burger 🍃 Hummus Snack Pack 🍃 Sweet Potato Fries Choice of Fresh Fruit Milk	<b>24</b> NO SCHOOL	<b>25</b> NO SCHOOL
<b>28</b> Trix Yogurt w/ Cinn Muffin 🍃 ***** Mini Corn Dogs Bosco Sticks w/ Marinara 🍃 Choice of Sandwich Steamed Broccoli Choice of Fresh Fruit Milk	<b>29</b> French Toast Sticks w/ Syrup 🍃 ***** Chicken Tamale Cheese Tamale 🍃 Yogurt Snack Pack 🍃 Refried Bean Choice of Fresh Fruit Milk	<b>30</b> Breakfast Sandwich ***** Chicken Sandwich Black Bean Burger 🍃 Yogurt Snack Pack 🍃 Smile Fries Choice of Fresh Fruit Milk	<b>31</b> <b>Happy Halloween!</b> Bagel w/ Cream Cheese 🍃 ***** 'Bat' Chicken Nuggets w/ Mashed Potatoes Chick'n Meatless Nuggets Hummus Snack Pack 🍃 Mixed Vegetables Choice of Fruit Milk	