



HEAD START LUNCH MENU



✔ Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.

OCTOBER 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mac & Cheese Bites ✔ Steamed Corn Strawberries Milk	2 Popcorn Chicken w/ WG Roll Chick'n Meatless Nuggets w/ WG Roll ✔ Baked Beans Orange Slices Milk	3 Chicken Dumplings Brown Rice Yogurt Snack Pack ✔ Green Beans Pineapple Milk	4 NO SCHOOL
7 Glazed Chicken Leg w/ WG Roll Chick'n Meatless Nuggets w/ WG Roll ✔ Smile Fries Mixed Fruit Milk	8 Beef Taco Bean Taco ✔ Mixed Vegetables Apple Slices Milk	9 Cheeseburger Black Bean Burger ✔ Glazed Carrots Pineapple Milk	10 Chicken Egg Roll Fried Rice Yogurt Snack Pack ✔ Teriyaki Green Beans Milk	11 Spaghetti w/ Meat Sauce Spaghetti w/ Marinara ✔ Zesty Broccoli Pears Milk
14 Mini Corn Dogs Yogurt Snack Pack ✔ Baked Beans Strawberries Milk	15 Crispito w/ Cheese Sauce Bosco Sticks w/ Marinara ✔ Mixed Vegetables Mandarin Oranges Milk	16 Dominos Pizza ✔ Glazed Carrots Apple Slices Milk	17 Tangerine Chicken Fried Rice Yogurt Snack Pack ✔ Steamed Broccoli Milk	18 Bosco Sticks w/ Marinara ✔ Green Beans Pineapple Milk
21 Chicken Sandwich Yogurt Snack Pack ✔ Sweet Potato Fries Mixed Fruit Milk	22 Mac & Cheese Bites ✔ Steamed Corn Strawberries Milk	23 Popcorn Chicken w/ WG Roll Chick'n Meatless Nuggets w/ WG Roll ✔ Baked Beans Orange Slices Milk	24 NO SCHOOL	25 NO SCHOOL
28 Glazed Chicken Leg w/ WG Roll Chick'n Meatless Nuggets w/ WG Roll ✔ Smile Fries Mixed Fruit Milk	29 Beef Taco Bean Taco ✔ Mixed Vegetables Apple Slices Milk	30 Cheeseburger Black Bean Burger Glazed Carrots Pineapple Milk	31 Happy Halloween! 'Bat' Chicken Nuggets Yogurt Snack Pack Teriyaki Green Beans ✔ Milk	