



HEAD START BREAKFAST MENU



Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.

OCTOBER 2024



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | 1 Breakfast Burrito Blueberry Muffin Pears Milk | 2 Cocoa Puffs Cereal Blueberry Chex Applesauce Cup Milk | 3 Breakfast Pizza Banana Muffin Orange Slices Milk | 4 NO SCHOOL |
| 7 Trix Yogurt w/ Cinnamon Muffin Orange Slices Milk | 8 Scrambled Eggs w/ Turkey Sausage Scrambled Eggs w/ WG Toast Applesauce Cup Milk | 9 Bagel w/ Cream Cheese Strawberries Milk | 10 Breakfast Burrito Blueberry Muffin Pears Milk | 11 Apple Frudel Peaches Milk |
| 14 WG Blueberry Bread Pineapple Milk | 15 Biscuit w/ Turkey Sausage Biscuit w/ Jelly Strawberries Milk | 16 Cinnamon Toast Crunch Trix Cereal Peaches Milk | 17 French Toast Sticks Cinnamon Apples Milk | 18 Strawberry Cream Bagel Applesauce Cup Milk |
| 21 WG Banana Bread Pineapple Milk | 22 Breakfast Burrito Blueberry Muffin Pears Milk | 23 Cocoa Puffs Cereal Blueberry Chex Applesauce Cup Milk | 24 NO SCHOOL | 25 NO SCHOOL |
| 28 Trix Yogurt w/ Cinnamon Muffin Orange Slices Milk | 29 Scrambled Eggs w/ Turkey Sausage Scrambled Eggs w/ WG Toast Applesauce Cup Milk | 30 Bagel w/ Cream Cheese Strawberries Milk | 31 Happy Halloween! Breakfast Burrito Blueberry Muffin Pears Milk | |