

# McKinley Elementary & Poland Middle School LUNCH - OCTOBER 2024

Food Service Director:

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## MENUS SUBJECT TO CHANGE



### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

- Choice of Meat/Meat Alternate
- Choice of Vegetable, Choice of Fruit\*
- Choice of Grain and Choice of Milk

\*Students must choose at least one fruit or vegetable

Full Lunch: \$2.75; Lunch Entrée: \$2.00



### Fresh Fruits and Vegetables Offered Daily

Fruit/Veggie Side: \$1.00

#### \*Vegetables may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

\*May choose two 1/2 cup servings

#### \*Fruits may include:

- Crisp Apple
- Diced Peaches
- Fruit Cocktail
- Fresh Orange
- Banana
- Diced Pears

\*May choose one 1/2 cup serving



### Milk Choices Offered Daily

Fat Free Chocolate & Low Fat White  
Milk: \$.65

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
|   | 1<br>French Toast Sticks w/<br>Sausage<br>Crispy Tater Tots<br>Diced Pears<br>Corn Dog Nuggets                               | 2<br>Chicken Alfredo w/ Sliced<br>Bread<br>Broccoli<br>Diced Peaches<br>Bosco Sticks  | 3<br>BBQ Pork Sandwich<br>BBQ Baked Beans<br>Applesauce<br>Chicken Nuggets w/ Sliced<br>Bread                                 | 4<br>Cheese Pizza<br>Oven Roasted Carrots<br>Mandarin Oranges<br>Chicken Patty Sandwich                               |
| 7<br>Hot Dog on a Bun<br>Popcorn Chicken Bowl w/<br>Fresh Bread<br>Creamy Mashed Potatoes<br>Tropical Pineapple Tidbits       | 8<br>Fish Sticks w/Garlic Toast<br>Juicy Cheeseburger on a<br>Bun<br>Baked French Fries<br>Applesauce                        | 9<br>Corn Dog<br>Freshly Baked Italian<br>Dunkers<br>Seasoned Steamed Broccoli<br>Diced Pears                                     | 10  | 11  |
| 14<br>Crispy Breaded Chicken<br>Patty on a Bun<br>Meatball Hoagie<br>Oven Roasted Carrots<br>Diced Peaches                    | 15<br>Juicy Hamburger on a Bun<br>French Toast Sticks w/ 2<br>Sausage Patties<br>Crispy Tater Tots<br>Refreshing Mixed Fruit | 16<br>Bosco Sticks w/Dipping<br>Sauce<br>Pierogies w/ Fresh Bread<br>Seasoned Steamed Broccoli<br>Citrusy Mandarin Oranges        | 17<br>Chicken & Cheese Soft<br>Tacos<br>Seasoned Steamed Golden<br>Corn<br>Tropical Pineapple Tidbits<br>Assorted Lowfat Milk | 18<br>Cheese Pizza<br>Seasoned Steamed Green<br>Beans<br>Applesauce<br>Assorted Lowfat Milk                           |
| 21<br>Sweet and Sour Chicken<br>w/Rice<br>Seasoned Steamed Mixed<br>Vegetables<br>Diced Pears<br>Assorted Lowfat Milk         | 22<br>Crispy Fish Sandwich<br>Baked Penne w/Garlic Toast<br>Seasoned Steamed Broccoli<br>Diced Peaches                       | 23<br>Juicy Hamburger on a Bun<br>Crispy Chicken Nuggets w/<br>Buttered Noodles<br>Oven Roasted Carrots<br>Refreshing Mixed Fruit | 24<br>Fiestada Pizza<br>Walking Taco w/ Fresh Bread<br>Seasoned Steamed Golden<br>Corn<br>Citrusy Mandarin Oranges            | 25<br>Crispy Breaded Chicken<br>Patty on a Bun<br>Cheese Pizza<br>Seasoned Steamed Peas<br>Tropical Pineapple Tidbits |
| 28<br>Chicken Nuggets<br>Meatballs and Gravy<br>Mashed Potato Bowl w/<br>Garlic Toast<br>Creamy Mashed Potatoes<br>Applesauce | 29<br>Fish Sticks w/Garlic Toast<br>Tangy BBQ Chicken Dunkers<br>BBQ Bacon Baked Beans<br>Diced Pears                        | 30<br>Bosco Sticks w/Dipping<br>Sauce<br>Breaded Chicken Parm &<br>Pasta<br>Seasoned Steamed Peas<br>Diced Peaches                | 31<br>Corn Dog Nuggets<br>Hot Turkey Sandwich<br>w/Gravy<br>Creamy Mashed Potatoes<br>Refreshing Mixed Fruit                  | 1   |