

**DAILY CAFE EXPRESS**  
**ROTATIONS INCLUDE:**  
**CHEESEBURGER**  
**CHICKENWICH**  
**AND/OR HOT DOG**

# OCTOBER 2024

NORTH TAPPS MIDDLE SCHOOL

# LUNCH

**FRESH MADE SANDWICHES**  
**AVAILABLE DAILY**

SEE OUR ONLINE MENU: [myschoolmenus.com/organizations/2031](https://myschoolmenus.com/organizations/2031)

Monday	Tuesday	Wednesday	Thursday	Friday	
MAKE PAYMENTS AT <a href="https://wa-dieringer.intouchrecepting.com">https://wa-dieringer.intouchrecepting.com</a>	1 TACO TUESDAY w/CHERRY TOMATO & CORN SALSA	2 CHICKEN DRUMSTICKS w/NTMS POTATOES TASTE WASHINGTON DAY!	3 MAC & CHEESE	4 PIZZA FRIDAY!	
	7 MEATBALL SUB & SWEET POTATO FRIES	8 NACHOS	9 FISH STICKS & FRENCH FRIES	11 PIZZA FRIDAY!	
	14 WHITE CHICKEN CHILI NATIONAL SCHOOL LUNCH WEEK	15 CHICKEN FAJITA TACOS	16 PASTA w/MARINARA & NTMS ZUCCHINI PARMESAN	17 CHEESEBURGER OR LUMMI ISLAND SALMON w/ROASTED POTATOES	18 PIZZA FRIDAY!
	21 NO SCHOOL	22 SOFT PRETZEL w/CHEDDAR CHEESE SAUCE	23 CHEESE-STUFFED BREADSTICKS	24 CHICKEN TENDERS	25 PIZZA FRIDAY!
	28 POPCORN CHICKEN BOWL w/MASHED POTATOES	29 PASTA BAKE & BREADSTICK	30 CHICKEN NUGGETS w/ROASTED CAULIFLOWER	31 SPOOKY! BREAKFAST FOR LUNCH w/FRUIT CRISP	<b>LUNCH INCLUDES:</b> <b>CHOICE OF MILK</b> <b>FRUIT &amp; VEGETABLE VARIETY</b>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



OCTOBER IS NATIONAL FARM TO SCHOOL MONTH. WE ARE EXCITED TO BE SERVING PRODUCE FROM THE NTMS GARDEN!

MEAL APPLICATIONS AND MORE @ <https://www.dieringer.wednet.edu/departments/nutrition-services/>