

# BREAKFAST MENU

# OCTOBER 2024

DIERINGER HEIGHTS & LAKE TAPPS ELEMENTARY

**BREAKFAST INCLUDES:  
CHOICE OF MILK  
FRUIT OPTIONS**

SEE OUR ONLINE MENU: [myschoolmenus.com/organizations/2031](https://myschoolmenus.com/organizations/2031)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHOCOLATE CHIP BENEFIT BAR	2 STRAWBERRY MINI BAGEL	3 MAPLE MINI WAFFLES	4 APPLE CINNAMON MUFFIN
7 FRENCH TOAST STICKS	8 BLUEBERRY MUFFIN	9 MINI CINNI	10 BREAKFAST BURRITO	11 CINNAMON BUN
14 MINI CINNI	15 STRAWBERRY MINI BAGEL	16 BERRY PARFAIT	17 EGG & SAUSAGE	18 COCOA PUFFS CEREAL BAR
21 NO SCHOOL	22 TRIX YOGURT & ANNIE'S BUNNY GRAHAMS	23 MINI BLUEBERRY WAFFLES	24 BANANA BREAD	25 CINNAMON BUN
28 CHOCOLATE CHIP MUFFIN	29 BAGEL & CREAM CHEESE	30 BANANA CHOCOLATE CHUNK BAR	31 WAFFLES	

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<https://www.dieringer.wednet.edu/departments/nutrition-services/>