

Daily Offerings:

Breakfast:

Cereal with Giant Graham-MWF 24/21

Yogurt with Pop-Tart-TTH 15/27

Fruit Juice

Fruit Choice

OCTOBER 2024

Ruckersville Elementary

Monday



Tuesday

Wednesday

Thursday

Friday

Breakfast: Mini Pancakes/Waffles 39
 Beef Tacos 32
 (GF- Beef Taco with Corn Tortilla)
 Crispy Chicken Sandwich 45

Refried Beans (GF) 16
 Fresh Cucumbers (GF) 1
 Berries (GF) 20

Breakfast: Chicken Biscuit 30
 Mini Corn Dogs 30
 (GF- Hot Dog on GF Bun)
 Yogurt Meal

Seasoned Green Beans (GF) 3
 Fresh Broccoli Florets (GF) 3
 Applesauce (GF) 14

Breakfast: Swirl Rolls 36
 Chicken Alfredo with Breadstick 34/22
 (GF- Chicken Alfredo with GF Pasta and
 GF Bread slice)

Sandwich of the Day
 Crisp Garden Salad (GF) 8
 Fresh Grape Tomatoes (GF) 3
 Chilled Pineapples (GF) 11

Breakfast: Breakfast Pizza 27
 BBQ Pork on Bun 25
 (GF- BBQ Pork on GF Bun)
 Hamburger/Cheeseburger

Golden Potato Puffs (GF) 21
 Assorted Fresh Vegetables (GF)
 Assorted Fruit (GF)

Breakfast: Muffin 27

Breaded Cheese Stick with Marinara 28/8
 (GF-Grilled Cheese Sandwich)
 Pizza
 Baked Beans(GF) 3
 Fresh Grape Tomatoes(GF)
 Fresh Fruit (GF) 19

Breakfast: French Toast Sticks 37

Spaghetti and Meat sauce
 Breadstick 23/22
 (GF- GF Spaghetti with Meat Sauce)
 Crispy Chicken Sandwich 45
 Seasoned Corn (GF) 16
 Crisp Garden Salad (GF) 8
 Mandarin Oranges (GF) 17

Breakfast: Sausage Biscuit 9

Breakfast for Lunch:
 French Toast Sticks with Sausage Patties
 37/0
 Yogurt Meal
 Sweet Potato Wedges
 Fresh Broccoli Florets
 Mixed Fruit

Breakfast: Pillsbury Cinni Mini 39

Chicken Tenders and Breadstick 14/22
 (GF- Chicken Tenders)
 Sandwich of the Day
 Mashed Potatoes (GF) 17
 Seasoned Green Beans(GF) 3
 Sidekick(GF) 23

Breakfast: Donut 41

French Bread Pizza 33
 (GF- GF Pizza)
 Hamburger/Cheeseburger
 Mixed Vegetables (GF) 12
 Assorted Fresh Vegetables (GF)
 Assorted Fruit (GF)

NO SCHOOL 14

Breakfast: French Toast Sticks 37

Mac and Cheese 30.5
 (GF- GF Mac and Cheese)
 Crispy Chicken Sandwich 45
 Seasoned Green Peas(GF) 3
 Fresh Baby Carrots (GF) 6
 Sidekick(GF) 23

Breakfast: Chicken Biscuit 30

Orange Chicken with Egg Roll 13/21
 (GF- Orange Chicken with Rice)
 Yogurt Meal
 Steamed Broccoli (GF) 3
 Fresh Grape Tomatoes(GF) 3
 Fresh Banana (GF) 27

Breakfast: Pillsbury Frudel 36

Grilled Cheese Sandwich 31
 (GF- GF Grilled Cheese Sandwich)
 Sandwich of the Day
 Crisp Salad (GF) 8
 Fresh Red Pepper Strips(GF) 4
 Chilled Peaches (GF) 19

Breakfast: Breakfast Pizza 27

Fiesta Pizza 35
 (GF- GF Pizza)
 Hamburger/Cheeseburger
 Hummus Cup (GF) 16
 Assorted Fresh Vegetables (GF)
 Assorted Fruit (GF)

Breakfast: Muffin 27

Baked Chicken with Mac and Cheese
 (GF- Grilled Chicken on GF Mac and
 Cheese)
 Pizza
 Green Peas(GF) 21
 Fresh Cauliflower Florets (GF) 3
 Sidekick (GF) 23

Breakfast: Mini Pancakes/Waffles 39

Beef and Macaroni Bake with Breadstick
 23/22
 (GF- GF Pasta with Beef and Marinara)
 Crispy Chicken Sandwich 45
 Seasoned Peas and Carrots(GF) 17
 Fresh Baby Carrots (GF) 6
 Fresh Fruit (GF) 17

Breakfast: Sausage Biscuit 30

Mini Corn Dogs 30
 (GF- Hot Dog on GF Bun)
 Yogurt Meal
 Seasoned Green Beans (GF) 3
 Fresh Broccoli Florets (GF) 3
 Applesauce (GF) 14

Breakfast: Pillsbury Cinni Mini 39

Chicken Alfredo with Breadstick 34/22
 (GF- Chicken Alfredo with GF Pasta and
 GF Bread slice)
 Sandwich of the Day
 Crisp Garden Salad (GF) 8
 Fresh Grape Tomatoes (GF) 3
 Chilled Pineapples (GF) 11

Breakfast: Donut 41

Hot Dog 31
 (GF- Hot Dog on GF Bun)
 Hamburger/Cheeseburger
 Baked Beans (GF) 22
 Assorted Fresh Vegetables (GF)
 Assorted Fruit (GF)

Breakfast: Mini Pancake Wraps 28

Cheese Stuffed Breadstick with Marinara
 (GF- GF Grilled Cheese Sandwich)
 Pizza
 Seasoned Corn (GF) 16
 Fresh Baby Carrots (GF) 6
 Craisins (GF) 18

Breakfast: Mini Pancakes/Waffles 39

Beef Soft Tacos 32
 (GF Beef Taco Meat with Corn Tortilla)
 Crispy Chicken Sandwich 45
 Refried Beans (GF) 16
 Fresh Cucumber Slices (GF) 1
 Fresh Fruit (GF) 20

Breakfast: Bacon Egg and Cheese Biscuit 24

Domino's Pizza Day 29
 (GF- GF Pizza)
 Yogurt Meal
 Seasoned Corn (GF) 16
 Crisp Garden Salad (GF) 8
 Chilled Mixed Fruit (GF) 19

Breakfast: Pillsbury Frudel 36

Bat Chicken Nuggets with Roll 13/22
 (GF- GF Chicken Tenders with GF Bread)
 Sandwich of the Day
 Mashed Potatoes (GF) 17
 Fresh Broccoli (GF) 3
 Fresh Apples(GF) 25



Milk Choice is offered daily.

Notes: Menus are subject to change.

"This institution is an equal opportunity provider."

