

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

Menu Name: Lunch

Include Cost: No

Site:

Report Style: Detailed

Use Alternate Menu Name: Alternate Menu Name 1

Tuesday - 10/01/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990128 TACO BAR	3	1	426	9.12	699	*4	*0	*16.41	*0.00	*92	33.70	7.72	29.72	*375	*17.8	*3.39	*3.44
990049 BEANS, REFRIED, DRY MIX	1/2 CUP	1	*38	*0.00	*87	*0	*0	*0.00	*0.00	*0	*6.50	*1.90	*1.90	*0	*0.0	*0.00	*0.29
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990087 SPECIALTY PIZZA	1 SLICE	1	194	2.07	373	*8	*0	4.19	*0.00	10	25.74	*1.94	8.50	*0	*102.3	*0.00	*1.50
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990074 SUB SANDWICH	EACH	1	335	1.13	707	*10	*6	7.27	*0.00	35	*44.73	*5.74	21.69	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990189 CANNED FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			*2732	*20.73	*3954	*126	*45	*75.04	*0.00	*210	*384.82	*41.79	*131.73	*3251	*878.2	*53.28	*17.09
% of Calories				*6.83%		*18.4%	*6.6%	*24.7%	*0.0%		*56.3%		*19.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 10/02/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990188 CHICKEN TENDERS	3	1	10	0.04	10	0	*0	0.27	0.00	0	1.44	0.15	0.44	*0	6.4	*0.00	0.05
990081 CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990085 SPECIALTY PIZZA	1 SLICE	1	280	2.07	979	*3	*0	14.29	*0.00	10	26.48	*1.98	8.46	*0	*102.3	*0.00	*2.77
990082 HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990195 SHAKER SALAD	20 OZ	1	356	*5.77	671	5	*0	30.90	*0.00	139	7.23	*1.10	12.96	*165	*35.6	*0.95	*0.76
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990189 CANNED FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			2494	*27.31	*4455	*88	*41	111.63	*2.00	*421	*265.49	*25.96	*123.14	*2330	*823.4	*21.84	*14.58
% of Calories				*9.86%		*14.1%	*6.6%	40.3%	*0.7%		*42.6%		*19.7%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 10/03/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990131 NACHO BAR	2 oz	1	94	0.18	424	*0	*0	*2.49	*0.00	*43	3.95	0.42	12.56	*318	*5.2	*2.91	*0.38
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990088 SPECIALTY PIZZA	1 SLICE	1	262	2.07	513	*2	*0	11.19	*0.00	35	19.80	*1.67	16.23	*0	*102.3	*0.00	*2.04
990074 SUB SANDWICH	EACH	1	335	1.13	707	*10	*6	7.27	*0.00	35	*44.73	*5.74	21.69	*0	*165.7	*0.00	*2.08
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990189 CANNED FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			2431	*11.79	*3732	*116	*44	*68.12	*0.00	*186	*342.63	*32.33	*120.40	*3194	*865.6	*52.80	*14.28
% of Calories				*4.36%		*19.1%	*7.2%	*25.2%	*0.0%		*56.4%		*19.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Monday - 10/07/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990134 PASTA BAR	BOWL	1	517	10.60	1015	*2	*0	25.96	*0.00	*78	53.45	*4.25	24.67	*0	160.9	*0.00	*8.57
990081 CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990082 HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990195 SHAKER SALAD	20 OZ	1	356	*5.77	671	5	*0	30.90	*0.00	139	7.23	*1.10	12.96	*165	*35.6	*0.95	*0.76
990158 SPECIALTY PIZZA	1 SLICE	1	271	2.29	1064	*9	*0	5.30	*0.00	37	30.53	*1.67	18.00	*0	*102.3	*0.00	*1.28
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			2763	*35.88	*5125	*94	*41	122.10	*2.00	*513	292.59	*28.53	*148.38	*2465	*876.8	*21.82	*20.63
% of Calories				*11.69 %		*13.6%	*5.9%	39.8%	*0.7%		42.4%		*21.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Tuesday - 10/08/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990128 TACO BAR	3	1	426	9.12	699	*4	*0	*16.41	*0.00	*92	33.70	7.72	29.72	*375	*17.8	*3.39	*3.44
990049 BEANS, REFRIED, DRY MIX	1/2 CUP	1	*38	*0.00	*87	*0	*0	*0.00	*0.00	*0	*6.50	*1.90	*1.90	*0	*0.0	*0.00	*0.29

Base Menu Spreadsheet

Colorado River Union HS District 2

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990087 SPECIALTY PIZZA	1 SLICE	1	194	2.07	373	*8	*0	4.19	*0.00	10	25.74	*1.94	8.50	*0	*102.3	*0.00	*1.50
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990073 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			*2725	*21.60	*4210	*129	*47	*76.82	*0.00	*217	*378.62	*42.24	*131.51	*3386	*879.3	*53.26	*17.10
% of Calories				*7.13%		*18.9%	*6.9%	*25.4%	*0.0%		*55.6%		*19.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 10/09/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990078 GRILLED CHEESE SANDWICH & TOMATO SOUP	SANDIWCH	1	294	0.00	440	14	2	15.32	0.00	30	42.00	2.50	21.00	*1000	340.0	*1.80	1.80
990081 CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990085 SPECIALTY PIZZA	1 SLICE	1	280	2.07	979	*3	*0	14.29	*0.00	10	26.48	*1.98	8.46	*0	*102.3	*0.00	*2.77
990082 HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990068 SHAKER SALAD	1 EACH	1	738	11.65	1375	*6	*3	53.11	*0.00	87	41.82	*6.00	26.26	*6	403.2	*0.00	*3.08
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			3124	*33.14	*5589	*103	*45	148.93	*2.00	*399	*331.49	*33.67	*157.11	*3307	*1525.7	*22.67	*18.67
% of Calories				*9.55%		*13.2%	*5.8%	42.9%	*0.6%		*42.4%		*20.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

Thursday - 10/10/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990131 NACHO BAR	2 oz	1	94	0.18	424	*0	*0	*2.49	*0.00	*43	3.95	0.42	12.56	*318	*5.2	*2.91	*0.38
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990088 SPECIALTY PIZZA	1 SLICE	1	262	2.07	513	*2	*0	11.19	*0.00	35	19.80	*1.67	16.23	*0	*102.3	*0.00	*2.04
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990073 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
990177	CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average				2423	*12.66	*3988	*119	*47	*69.90	*0.00	*192	*336.43	*32.78	*120.18	*3329	*866.8	*52.78	*14.29
% of Calories					*4.70%		*19.6%	*7.8%	*26.0%			*55.5%		*19.8%				
Weekly Nutrient Guideline				750 - 850	<10	1280			<=0									

Monday - 10/14/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
990054	ENCHILADAS	1 ENCHILADA	1	509	15.26	961	8	*0	23.58	*0.00	*82	41.63	4.65	20.75	*0	*20.8	*0.00	*2.68
990081	CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990082	HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990063	SHAKER SALAD	20 OZ	1	771	9.36	897	6	*0	39.47	0.00	*81	65.43	6.86	29.06	*0	*6.8	*0.00	*1.46
990158	SPECIALTY PIZZA	1 SLICE	1	271	2.29	1064	*9	*0	5.30	*0.00	37	30.53	*1.67	18.00	*0	*102.3	*0.00	*1.28
990194	SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105	TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
990190	FROZEN FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
000245	FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159	CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187	VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			3205	*44.13	*5297	*101	*40	128.26	*2.00	*459	348.13	*34.24	*160.47	*2166	*706.7	*20.89	*15.43
% of Calories				*12.39 %		*12.6%	*5.0%	36.0%	*0.6%		43.4%		*20.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Tuesday - 10/15/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990128 TACO BAR	3	1	426	9.12	699	*4	*0	*16.41	*0.00	*92	33.70	7.72	29.72	*375	*17.8	*3.39	*3.44
990049 BEANS, REFRIED, DRY MIX	1/2 CUP	1	*38	*0.00	*87	*0	*0	*0.00	*0.00	*0	*6.50	*1.90	*1.90	*0	*0.0	*0.00	*0.29
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990087 SPECIALTY PIZZA	1 SLICE	1	194	2.07	373	*8	*0	4.19	*0.00	10	25.74	*1.94	8.50	*0	*102.3	*0.00	*1.50
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990074 SUB SANDWICH	EACH	1	335	1.13	707	*10	*6	7.27	*0.00	35	*44.73	*5.74	21.69	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990190 FROZEN FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			*2732	*20.73	*3954	*126	*45	*75.04	*0.00	*210	*384.82	*41.79	*131.73	*3251	*878.2	*53.28	*17.09
% of Calories				*6.83%		*18.4%	*6.6%	*24.7%	*0.0%		*56.3%		*19.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 10/16/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990178 CHILI CHEESE DOG	1 PORTION	1	375	6.05	570	8	*4	13.11	*0.00	59	40.19	*4.52	23.00	*0	*124.9	*0.00	*2.06
990081 CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990085 SPECIALTY PIZZA	1 SLICE	1	280	2.07	979	*3	*0	14.29	*0.00	10	26.48	*1.98	8.46	*0	*102.3	*0.00	*2.77
990082 HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990068 SHAKER SALAD	1 EACH	1	738	11.65	1375	*6	*3	53.11	*0.00	87	41.82	*6.00	26.26	*6	403.2	*0.00	*3.08
990074 SUB SANDWICH	EACH	1	335	1.13	707	*10	*6	7.27	*0.00	35	*44.73	*5.74	21.69	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			3177	*38.32	*5462	*94	*44	144.98	*2.00	*422	*326.72	*35.69	*159.44	*2307	*1310.6	*20.87	*18.93
% of Calories				*10.86 %		*11.8%	*5.5%	41.1%	*0.6%		*41.1%		*20.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 10/17/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990131 NACHO BAR	2 oz	1	94	0.18	424	*0	*0	*2.49	*0.00	*43	3.95	0.42	12.56	*318	*5.2	*2.91	*0.38
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990088 SPECIALTY PIZZA	1 SLICE	1	262	2.07	513	*2	*0	11.19	*0.00	35	19.80	*1.67	16.23	*0	*102.3	*0.00	*2.04
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990190 FROZEN FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			2459	*12.66	*3988	*119	*47	*69.87	*0.00	*192	*345.59	*32.33	*120.08	*3194	*865.6	*52.80	*14.28
% of Calories				*4.63%		*19.4%	*7.6%	*25.6%	*0.0%		*56.2%		*19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Monday - 10/21/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990077 RIB SANDWICH	1 EACH	1	512	*0.52	1679	*23	*5	*18.04	*0.00	*40	63.59	*6.48	*23.32	*0	*160.0	*0.00	*1.80
990081 CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990082 HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990074 SUB SANDWICH	EACH	1	335	1.13	707	*10	*6	7.27	*0.00	35	*44.73	*5.74	21.69	*0	*165.7	*0.00	*2.08
990195 SHAKER SALAD	20 OZ	1	356	*5.77	671	5	*0	30.90	*0.00	139	7.23	*1.10	12.96	*165	*35.6	*0.95	*0.76
990158 SPECIALTY PIZZA	1 SLICE	1	271	2.29	1064	*9	*0	5.30	*0.00	37	30.53	*1.67	18.00	*0	*102.3	*0.00	*1.28
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
990189 CANNED FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			3129	*26.93	*6496	*125	*51	*121.41	*2.00	*510	*356.62	*36.05	*168.62	*2330	*1040.4	*21.84	*15.93
% of Calories				*7.75%		*16.0%	*6.5%	*34.9%	*0.6%		*45.6%		*21.6%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

Tuesday - 10/22/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990128 TACO BAR	3	1	426	9.12	699	*4	*0	*16.41	*0.00	*92	33.70	7.72	29.72	*375	*17.8	*3.39	*3.44
990049 BEANS, REFRIED, DRY MIX	1/2 CUP	1	*38	*0.00	*87	*0	*0	*0.00	*0.00	*0	*6.50	*1.90	*1.90	*0	*0.0	*0.00	*0.29
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990087 SPECIALTY PIZZA	1 SLICE	1	194	2.07	373	*8	*0	4.19	*0.00	10	25.74	*1.94	8.50	*0	*102.3	*0.00	*1.50
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990073 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	CalcM (mg)	Vit-C (mg)	Iron (mg)	
990177	CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average				*2725	*21.60	*4210	*129	*47	*76.82	*0.00	*217	*378.62	*42.24	*131.51	*3386	*879.3	*53.26	*17.10
% of Calories					*7.13%		*18.9%	*6.9%	*25.4%			*55.6%		*19.3%				
Weekly Nutrient Guideline				750 - 850	<10	1280			<=0									

Wednesday - 10/23/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	CalcM (mg)	Vit-C (mg)	Iron (mg)	
990167	PASTA BOWL	5 EACH	1	541	4.10	410	*1	*0	11.65	*0.00	32	87.88	4.70	21.60	*0	29.5	*0.00	8.05
990081	CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990154	PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990085	SPECIALTY PIZZA	1 SLICE	1	280	2.07	979	*3	*0	14.29	*0.00	10	26.48	*1.98	8.46	*0	*102.3	*0.00	*2.77
990082	HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990195	SHAKER SALAD	20 OZ	1	356	*5.77	671	5	*0	30.90	*0.00	139	7.23	*1.10	12.96	*165	*35.6	*0.95	*0.76
990194	SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105	TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245	FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159	CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187	VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990189 CANNED FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			3024	*31.36	*4855	*89	*41	123.01	*2.00	*452	*351.93	*30.51	*144.31	*2330	*846.5	*21.84	*22.58
% of Calories				*9.33%		*11.8%	*5.4%	36.6%	*0.6%		*46.6%		*19.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 10/24/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990131 NACHO BAR	2 oz	1	94	0.18	424	*0	*0	*2.49	*0.00	*43	3.95	0.42	12.56	*318	*5.2	*2.91	*0.38
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990088 SPECIALTY PIZZA	1 SLICE	1	262	2.07	513	*2	*0	11.19	*0.00	35	19.80	*1.67	16.23	*0	*102.3	*0.00	*2.04
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990189 CANNED FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
990131 NACHO BAR	2 oz	1	94	0.18	424	*0	*0	*2.49	*0.00	*43	3.95	0.42	12.56	*318	*5.2	*2.91	*0.38
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990088 SPECIALTY PIZZA	1 SLICE	1	262	2.07	513	*2	*0	11.19	*0.00	35	19.80	*1.67	16.23	*0	*102.3	*0.00	*2.04
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990189 CANNED FRUIT W/WHIP	4 OZ	1	130	*0.01	*7	*2	*2	2.49	*0.00	*0	28.37	*1.25	*0.44	*228	*6.8	*2.16	*0.32
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			4917	*25.32	*7975	*239	*95	*139.73	*0.00	*384	*691.19	*64.66	*240.16	*6388	*1731.3	*105.60	*28.57
% of Calories				*4.63%		*19.4%	*7.7%	*25.6%	*0.0%		*56.2%		*19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Monday - 10/28/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990044 LOADED FRY BAR	1 CUP	1	540	6.04	1288	*7	*0	15.20	*0.00	*64	55.23	4.13	25.14	*202	*46.3	*18.55	*4.80
990081 CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990082 HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990068 SHAKER SALAD	1 EACH	1	738	11.65	1375	*6	*3	53.11	*0.00	87	41.82	*6.00	26.26	*6	403.2	*0.00	*3.08
990158 SPECIALTY PIZZA	1 SLICE	1	271	2.29	1064	*9	*0	5.30	*0.00	37	30.53	*1.67	18.00	*0	*102.3	*0.00	*1.28
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			3168	*37.20	*6102	*100	*43	133.56	*2.00	*448	328.96	*33.32	*162.16	*2509	*1129.8	*39.42	*19.18
% of Calories				*10.57 %		*12.6%	*5.4%	37.9%	*0.6%		41.5%		*20.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Tuesday - 10/29/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990128 TACO BAR	3	1	426	9.12	699	*4	*0	*16.41	*0.00	*92	33.70	7.72	29.72	*375	*17.8	*3.39	*3.44
990049 BEANS, REFRIED, DRY MIX	1/2 CUP	1	*38	*0.00	*87	*0	*0	*0.00	*0.00	*0	*6.50	*1.90	*1.90	*0	*0.0	*0.00	*0.29
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990087 SPECIALTY PIZZA	1 SLICE	1	194	2.07	373	*8	*0	4.19	*0.00	10	25.74	*1.94	8.50	*0	*102.3	*0.00	*1.50

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990073 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			*2725	*21.60	*4210	*129	*47	*76.82	*0.00	*217	*378.62	*42.24	*131.51	*3386	*879.3	*53.26	*17.10
% of Calories				*7.13%		*18.9%	*6.9%	*25.4%	*0.0%		*55.6%		*19.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 10/30/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990201 MAC & CHEESE	2/3 CUP	1	*334	*9.29	*819	*4	*0	*16.36	*0.00	*49	*25.34	*2.49	*16.84	*0	*1.9	*0.00	*1.07
990200 BBQ BAKED BEANS	.5	1	77	0.04	497	*4	*0	0.22	*0.00	0	16.33	2.41	3.32	*33	*18.5	*0.04	*0.76

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990081 CHEESEBURGER	EACH	1	440	7.50	560	5	4	23.00	1.00	108	31.00	3.00	31.50	*270	218.0	*0.00	3.44
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990085 SPECIALTY PIZZA	1 SLICE	1	280	2.07	979	*3	*0	14.29	*0.00	10	26.48	*1.98	8.46	*0	*102.3	*0.00	*2.77
990082 HAMBURGER	EACH	1	430	7.50	560	4	4	21.00	1.00	100	30.00	3.00	28.00	*20	143.0	*0.00	3.44
990068 SHAKER SALAD	1 EACH	1	738	11.65	1375	*6	*3	53.11	*0.00	87	41.82	*6.00	26.26	*6	403.2	*0.00	*3.08
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			*3241	*42.47	*6465	*96	*43	*150.19	*2.00	*418	*331.15	*36.07	*156.27	*2340	*1206.1	*20.91	*18.69
% of Calories				*11.79 %		*11.8%	*5.3%	*41.7%	*0.6%		*40.9%		*19.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 10/31/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990131 NACHO BAR	2 oz	1	94	0.18	424	*0	*0	*2.49	*0.00	*43	3.95	0.42	12.56	*318	*5.2	*2.91	*0.38
990075 CHICKEN SANDWICH	1 EACH	1	410	3.00	650	5	5	15.00	0.00	25	45.00	6.00	21.00	*0	120.0	*0.00	3.24
990076 SPICY CHICKEN PATTY SANDWICH	1 EACH	1	400	3.00	530	5	5	15.00	0.00	20	45.00	5.00	20.00	*N/A*	120.0	*N/A*	3.24
990154 PEPPERONI PIZZA	1 SLICE	1	193	*2.20	420	*2	*0	6.28	*0.00	12	*19.80	*1.67	8.64	*0	*102.3	*0.00	*0.99
990088 SPECIALTY PIZZA	1 SLICE	1	262	2.07	513	*2	*0	11.19	*0.00	35	19.80	*1.67	16.23	*0	*102.3	*0.00	*2.04
990193 PARFAIT	1 portion	1	315	*0.00	*195	36	*5	*4.00	*0.00	*5	62.50	*2.50	8.50	*1000	*200.0	*29.00	*1.26
990194 SUB SANDWICH	EACH	1	363	2.01	963	13	8	9.01	0.00	42	47.70	5.74	21.37	*0	*165.7	*0.00	*2.08
990105 TOTS	1/2 CUP	1	22	*0.11	54	*0	*N/A*	1.03	*N/A*	*N/A*	3.07	0.22	0.22	*N/A*	*N/A*	*0.26	*0.04
000245 FRUIT,FRESH ASSORTED	EACH	1	74	0.06	1	14	*N/A*	0.27	0.00	0	19.11	2.99	0.89	175	16.9	17.77	0.25
990159 CRAISINS	1 EACH	1	110	*N/A*	0	24	21	0.00	*N/A*	*N/A*	27.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990187 VEGGIE VARIETY	.5 CUP	1	12	0.00	26	*1	*0	0.04	*0.00	*0	2.75	0.85	0.53	*1473	10.8	*0.71	0.16
990093 TOPPINGS FOR PATTIES	.5 CUP	1	36	0.04	5	4	0	0.07	0.00	0	8.30	2.02	1.70	*0	*15.7	*0.00	*0.28
990168 MIXED FRUIT W/WHIP	4 OZ	1	95	*0.01	*7	*2	*2	2.52	*N/A*	*0	19.20	*1.70	*0.54	*363	*7.9	*2.13	*0.33
990140 MILK VARIETY	8 OZ	1	0	0.00	25	11	*N/A*	0.00	0.00	5	12.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*
990177 CONDIMENTS OFFERES	1 EACH	1	36	0.00	175	0	0	3.00	0.00	5	1.25	0.00	0.00	*0	0.0	*0.00	0.00
Weighted Daily Average			2423	*12.66	*3988	*119	*47	*69.90	*0.00	*192	*336.43	*32.78	*120.18	*3329	*866.8	*52.78	*14.29
% of Calories				*4.70%		*19.6%	*7.8%	*26.0%	*0.0%		*55.5%		*19.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Base Menu Spreadsheet

Portion Values

Oct 1, 2024 thru Oct 31, 2024

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	*2927	*26.22	*4950	*118	*47	*104.32	*0.95	*329	*362.68	*36.80	*145.20	*3062	*1003.0	*41.85	*17.67
% of Calories		*8.06%		*16.1%	*6.4%	*32.1%	*0.3%		*49.6%		*19.8%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.