JÅNUARY:	Monday	Tuesday	Wednesday	Thursday	Friday
2025	6 No School	7 No School	8 Beef Tamales Chef Salad w/Turkey	9 Vegetable Soup w/Grilled Cheese	¹⁰ Pizza Rippers Baked Potato w/ Cheese
Lunch		Harvest Month	BearPack Lettuce & Diced Tomatoes Refried Beans	BearPack Turkey & Cheese Sandwich Broccoli	Turkey & Cheese Sandwich Garden Salad Sliced Cucumbers
Elementary Announcements:	Red Grapefruit Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes		Jicama Sticks Red Grapefruit Fruit	Emoji Fries Fruit Milk	Fruit Milk
Have a milk allergy? No worries!! Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.	and skin healthy and helps protect 13 Chicken & Waffle Chef Salad w/ Turkey Turkey & Cheese Sandwich Glazed Carrots Broccoli	14 Corn Dog Baked Potato w/ Cheese BearPack Corn Veggie Beans	Milk 15 Walking Taco Chef Salad w/Turkey BearPack Lettuce & Diced Tomatoes Corn & Black Beans	It's National Soup Month! 16 Scrambled Egg w/ Cheese, Pancakes and Sausage Link BearPack Turkey & Cheese Sandwich Roasted Potatoes	17 Cheese Calzone Baked Potato w/ Cheese Turkey & Cheese Sandwich Garden Salad Ranch Style Beans
Follow us on Facebook WSISD Child Nutrition	Fruit & Milk	Fruit Milk	Fruit Milk	Peppers & Onions Fruit Milk	Fruit Milk
BearPack is Grape or Strawberry Uncrustable with Cheese Stick and Pretzels. Students must also choose a fruit and/or vegetable. Chef Salads and Baked Potatoes are served with whole grain roll or breadstick. To view our monthly menus, meal prices, charge policy, nutri- tion and allergy information, and	20 No School THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT.	21 Chili w/ Fritos Baked Potato w/ Cheese BearPack Baby Carrots Corn & Black Beans Fruit Milk	22 Chicken Fajitas Chef Salad w/Turkey BearPack Peppers & Onions Pinto Beans Fruit Milk	23 Hamburger/Cheeseburger BearPack Turkey & Cheese Sandwich Sandwich Salad Waffle Fries Cinnamon Apples Fruit Milk	24 Pizza Slice– Cheese or Pepperoni Baked Potato w/ Cheese Turkey & Cheese Sandwich Garden Salad Sliced Cucumbers Fruit Milk
free/ reduced meal program guidelines go to www.wsisd.com Download the app or visit www.schoolcafe.com Please call the Child Nutrition office if you have any questions 817-367-1310	27 Chicken Nuggets Chef Salad w/ Turkey Turkey & Cheese Sandwich Whole Grain Roll Mashed Potatoes Green Beans Fruit	28 Lasagna Roll Up Baked Potato w/ Cheese BearPack Garlic Knot Garden Salad Corn Fruit	29 Beef Nachos Chef Salad w/Turkey BearPack Lettuce & Diced Tomatoes Pinto Beans Fruit Milk	Milk 30 BBQ Brisket Sandwich BearPack Turkey & Cheese Sandwich Cucumber Salad Sweet Potato Fries Fruit Milk	31 Personal Pizza– Cheese or Pepperoni Baked Potato w/ Cheese Turkey & Cheese Sandwich Spinach w/ Mandarins Steamed Broccoli Fruit
TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER This institution is an equal opportunity provider. Menus are subject to change.	Milk	Milk			Milk