

## 2025 Breakfast West PreK & Kindergarten

## **Announcements:**

Have a milk allergy? No worries!! Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.





Follow us on Facebook WSISD Child Nutrition

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com Download the app or visit www.schoolcafe.com

Please call the Child Nutrition office if you have any questions 817-367-1310



This institution is an equal opportunity provider. Menus are subject to change.

## Monday Wednesday **Thursday** Tuesday **Friday** 10 No School No School **Mini Pancakes Brown Sugar Cinnamon Egg & Cheese Croissant** Cereal **Oatmeal** Cereal Yogurt & Graham Crackers Cereal **Yogurt & Graham Crackers** Fruit **Yogurt & Graham Crackers** Fruit Juice Fruit Juice Red Grapefruit Milk Juice Milk Milk Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes and skin healthy and helps protect you from getting a cold. 13 16 17 **Breakfast Taco** Mini Bagel & Cream Cheese Scrambled Egg & Cheese w/ **Emoji Waffles Pancake Sausage Bites** Toast Cereal Cereal Cereal Cereal **Yogurt & Graham Crackers Yogurt & Graham Crackers** Cereal **Yogurt & Graham Crackers Yogurt & Graham Crackers** Fruit Fruit Yogurt & Graham Crackers Fruit Juice Juice Juice Juice Fruit Milk Milk Milk Milk Juice Milk 22 23 24 21 No School 20 Muffin- Chocolate, Banana Mini Pancakes **Brown Sugar Cinnamon Egg & Cheese Croissant** or Blueberry Cereal **Oatmeal** Cereal Cereal Yogurt & Graham Crackers Cereal **Yogurt & Graham Crackers Yogurt & Graham Crackers** Fruit **Yogurt & Graham Crackers** Fruit Juice Fruit Juice Fruit Juice Milk Juice Milk Milk Milk 30 **Breakfast Taco** Mini Bagel & Cream Cheese Scrambled Egg & Cheese w/ **Emoji Waffles Pancake Sausage Bites** Cereal Cereal Toast Cereal Cereal **Yogurt & Graham Crackers Yogurt & Graham Crackers** Cereal **Yogurt & Graham Crackers Yogurt & Graham Crackers** Fruit Red Grapefruit Yogurt & Graham Crackers Fruit Fruit Juice Juice Juice Fruit Fruit Milk Milk Milk Juice Juice Milk Milk