

# October 2024 Breakfast Menu for Mt. Ararat Middle School and Mt. Ararat High School

Meals are free to all students for the 2024/2025 school year. Menu subject to change without notice.

## Tuesday October 1, 2024

- Breakfast Sandwich
- French Toast Sticks
- Breakfast Bread

## Wednesday October 2, 2024

- Breakfast Sandwich
- Benefit Bar
- Breakfast Bread

## Thursday October 3, 2024

- Breakfast Sandwich
- Waffles
- Breakfast Bread

## Friday October 4, 2024

- Breakfast Sandwich
- Cinnamon Bun
- Breakfast Bread

## Monday October 7, 2024

- Breakfast Sandwich
- Caramel Bagel
- Breakfast Bread

## Tuesday October 8, 2024

- Breakfast Sandwich
- Muffin
- Breakfast Bread

## Wednesday October 9, 2024

- Breakfast Sandwich
- Maine Cinnamon Apple Coffee Cake
- Breakfast Bread

## Thursday October 10, 2024

- Breakfast Sandwich
- Pop Tart
- Breakfast Bread

## Friday October 11, 2024

Staff Development Day. No School.

## Monday October 14, 2024

Indigenous People's Day Holiday. No school.

## Tuesday October 15, 2024

- Breakfast Sandwich
- French Toast Sticks
- Breakfast Bread

## Wednesday October 16, 2024

- Breakfast Sandwich
- Scone
- Breakfast Bread

## Thursday October 17, 2024

- Breakfast Sandwich
- Benefit Bar
- Breakfast Bread

## Friday October 18, 2024

- Breakfast Sandwich
- Donut
- Breakfast Bread

## Monday October 21, 2024

- Breakfast Sandwich
- Bagel with Cream Cheese
- Breakfast Bread

## Tuesday October 22, 2024

- Breakfast Sandwich
- Apple Frudel
- Breakfast Bread

## Wednesday October 23, 2024

- Breakfast Sandwich
- Waffle Sticks
- Breakfast Bread

## Thursday October 24, 2024

- Breakfast Sandwich
- Gogurt with Muffin
- Breakfast Bread

## Friday October 25, 2024

- Breakfast Sandwich
- Cinnamon Bun
- Breakfast Bread

## Monday October 28, 2024

- Breakfast Sandwich
- Cheese Omelet
- Breakfast Bread

## Tuesday October 29, 2024

- Breakfast Sandwich
- Pancake Sausage Stick
- Breakfast Bread

## Wednesday October 30, 2024

- Breakfast Sandwich
- Scone
- Breakfast Bread

## Thursday October 31, 2024

- Breakfast Sandwich
- Pop Tart
- Breakfast Bread