



# October 2024

## Jericho Elementary Schools Lunch Menu

### Daily Lunch Offerings:

- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ granola & fruit
- Cheese, Turkey, Ham or Tuna Sandwich
- Sunbutter & Jelly Sandwich
- Grilled Cheese
- Bagel w/String Cheese & Yogurt
- Chef Salad served with WG flatbread

**Student Lunch**  
\$3.15  
**Adult \$5.50**

Powering  
potential.™

MON	TUES	WED	THURS	FRI
	WG Chicken Tenders <sup>1</sup> With Seasoned Rice Cherry Tomatoes Granny Smith Apple	<b>Brunch For Lunch</b> <sup>2</sup> WG French Toast Sticks with Cheese Sticks Baked Crinkle Fries Cantaloupe	<b>Schools Closed</b> <sup>3</sup>	<b>Schools Closed</b> <sup>4</sup>
Hamburger(B), <sup>7</sup> Cheeseburger(B), or Veggie Burger (V) Baked Tater Tots Applesauce Cup	Chicken Nachos <sup>8</sup> (tostitos w/ seasoned chicken, and cheese) Garbanzo Bean Salad Orange Wedges	<b>Brunch For Lunch</b> <sup>9</sup> WG Dutch Waffle Turkey Sausage Patties Red Pepper Strips Honeydew Melon	Homemade Mac & Cheese(V) <sup>10</sup> with Fresh Baked Breadstick Edamame Strawberries	<b>National Sausage Pizza Day</b> Homemade Sicilian Style Cheese(V) or Sausage(P) Pizza served with Garden Salad and Fresh Apple
<b>Schools Closed</b> <sup>14</sup>	Pizza Sticks with Marinara <sup>15</sup> Dipping Sauce Sweet Corn Orange Wedges	<b>Brunch For Lunch</b> <sup>16</sup> WG Pancakes with Chicken Sausage Sweet Red Pepper Strips Honeydew Melon	Beef or Bean Soft Tacos <sup>17</sup> (w/ shredded cheese & lettuce) Seasoned Black Beans Apple Slices	Homemade Cheese(V) <sup>18</sup> Pizza Bagels Romaine Caesar Salad Cantaloupe
<b>Spicy</b> or Breaded Chicken <sup>21</sup> Sandwich Garbanzo Bean Salad Banana	Cheese Quesadilla <sup>22</sup> served w/ salsa & sour cream Steamed Green Beans Cantaloupe	<b>Brunch For Lunch</b> <sup>23</sup> Confetti Pancakes Chicken Sausage Patties Baked Tater Tots Red Delicious Apple	Pasta with Marinara Sauce <sup>24</sup> and Chicken Meatballs Cherry Tomatoes Honeydew Melon	Homemade Cheese or <sup>25</sup> BBQ Chicken Pizza Spinach Salad Clementine
Grilled Three Cheese Melt <sup>28</sup> (american, cheddar & swiss) Baked Smiler Fries Banana	General Tso's Chicken <sup>29</sup> (breaded chicken with sauce) Fluffy Brown Rice Steamed Broccoli Red Delicious Apple	<b>Brunch For Lunch</b> <sup>30</sup> Maple Mini Waffles Egg Patties Cucumber Coins Strawberries	Homemade Mac & Cheese <sup>31</sup> with Fresh Baked Breadstick Roasted Cauliflower Apple Slices	

**Menus are subject to change.**

### Available Daily:

Fresh Fruits & Vegetables - Apples, Oranges, Carrots & Celery  
**Beverages** - 100% Apple Juice, 100% Tropical Punch,  
 1% White Milk, Fat-Free White Milk & Fat Free Choc Milk  
**Items with a (P) contain pork. Items with a (B) contain beef.**  
**Items with a (V) are vegetarian**  
**WG denotes Whole Grain rich products**

All Lunches Must  
 Include Choice of:  
 Fruits and/or  
 Vegetable  
 And May Include:  
 1% Low-Fat Milk



This institution is an equal opportunity provider.

