



**Jericho
Public
Schools**



October 2024

Jericho HS and MS Lunch Menu

Daily Lunch Offerings:

- Nacho Bar(HS)
- Burritos-(HS)
- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ granola & fruit
- Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- Bagel Boss Bagel w /2
- LF String Cheese
- Entrée salads served with a WG roll
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Grilled Cheese
- Hamburger/Cheeseburger
- Spicy Chicken Patty

Student Lunch \$3.15

Adult Lunch \$5.50

**Powering
potential.™**

MON	TUES	WED	THURS	FRI
<p>*LTO Cheesy Chorizo Enchilada Bake Turkey Chorizo, Cheddar Cheese, Green Onions, Enchilada Sauce, Cilantro Lime Crema & Tostitos Scoops Offered 10/15-10/18</p>	<p>World Vegetarian Day¹ Baked Potato with Vegetable Chili(V) Celery Sticks Orange Wedges</p>	<p>² WG French Toast Sticks Chicken Sausage Patties Baked Tater Tots Red Grapes</p>	<p>³ Schools Closed</p>	<p>⁴ Schools Closed</p>
<p>⁷ BBQ Chicken Sandwich Sweet Corn Celery Sticks Granny Smith Apple</p>	<p>⁸ Cheese Quesadilla(V) served with sour cream and salsa Seasoned Black Beans Pink Grapefruit</p>	<p>⁹ WG Dutch Waffle Egg Patties Baked Tater Tots Cantaloupe</p>	<p>¹⁰ Homemade Mac & Cheese(V) Roasted Broccoli Cucumber Coins Honeydew Melon</p>	<p>¹¹ Chicken Carnitas Tacos (spicy chicken, shredded lettuce & cheddar cheese) Creamy Cole Slaw Orange Wedges</p>
<p>¹⁴ Schools Closed</p>	<p>¹⁵ Max Pizza Sticks with a Marinara Dipping Sauce Steamed Green Beans Red Delicious Apple</p>	<p>¹⁶ WG Pancakes w/ syrup Turkey Sausage Links Baked Crinkle Fries Strawberries</p>	<p>¹⁷ General Tso's Chicken Fluffy Brown Rice Roasted Broccoli Clementine</p>	<p>¹⁸ Meatball (B) Hero with melted mozzarella Kale Salad Pink Grapefruit</p>
<p>²¹ Grilled 3 Cheese Sandwich (cheddar,american & swiss) Baked Curly Fries Banana</p>	<p>²² Burrito Bowl (Choice of chicken, rice, cheddar, salsa & sour cream) Seasoned Pinto Beans Cantaloupe</p>	<p>²³ WG French Toast Sticks Turkey Sausage Patties Baked Tater Tots Orange Wedges</p>	<p>²⁴ Penne Pasta with Homemade Meat(B) Sauce or Marinara(V) Roasted Carrots Honeydew Melon</p>	<p>²⁵ Homemade Pizza Bagels(V) Spinach Salad Celery Sticks Granny Smith Apple</p>
<p>²⁸ Bacon Cheeseburger(P) or Veggie Burger(V) Vegetarian Beans Banana</p>	<p>²⁹ Homemade Mac & Cheese(V) Steamed Zucchini Cucumber Coins Pink Grapefruit</p>	<p>³⁰ WG Dutch Waffle Chicken Sausage Patties Baked Crinkle Fries Red Delicious Apple</p>	<p>³¹ Egg Roll in a Bowl (shredded cabbage, carrots, chicken strips, duck sauce & tortilla strips served over rice) Cherry Tomatoes Orange Wedges</p>	

Menus are subject to change.

Available Daily:

Fresh Fruits & Vegetables - Apples, Oranges, Carrots, & Celery
Beverages - 100% Apple Juice, 100% Tropical Punch,,
1% White Milk, Fat-Free White Milk & Fat Free Choc Milk
Items with a (P) contain pork. Items with a (B) contain beef. Items with a (V) are vegetarian
WG denotes Whole Grain rich products

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.

