

ANNA ISD

HIGH SCHOOL LUNCH MENU OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken&Cheese Crispito Chicken Quesadilla Beef Nachos Pepperoni Pizza Baked Potato, Variety Refried Beans Spanish Rice Corn, Elotes Garden Salad w/Ranch Mandarin Oranges Fresh Fruit Choice of Milk	2 Steak Fingers Spaghetti w Meat Sauce Breadstick Pepperoni Pizza Baked Potato, Variety Sweet & Sour Chicken Mashed Potatoes Green Beans Bahama Salad Fresh Fruit Choice of Milk Gravy	3 Chicken Strips Fish Nuggets Cheese Pizza Baked Potato, Variety Cheese Sticks w/ Marinar Steamed Corn Garden Salad w/Ranch Fresh Fruit Applesauce Cups Choice of Milk	4
7 Chicken Sandwich Cheesy Rotini Pepperoni Pizza Baked Potato, Variety Cheese Sticks w/ Marinar Cheesy Garlic Breadstick Vegetable Medley Broccoli w/ Cheese Sauce Hamburger Salad Applesauce Cups Fresh Fruit Choice of Milk	8 Chicken&Cheese Crispito Pepperoni Pizza Baked Potato, Variety Beef Nachos Charro Beans Spanish Rice Corn, Elotes Garden Salad w/Ranch Slushie Cups Fresh Fruit Choice of Milk	9 Chicken Strips Chef Salad Ham & Turkey Pepperoni Pizza Baked Potato, Variety Spicy Chicken Sandwich Broccoli w/ Cheese Sauce Mashed Potatoes Peas & Carrots Cheesy Garlic Breadstick Diced Pears Fresh Fruit Choice of Milk Gravy	10 Cheeseburger Fish Nuggets Pepperoni Pizza Baked Potato, Variety Corn Dog Spicy Potato Wedges Goldfish Crackers Baby Carrots Hamburger Salad Sliced Apples Fresh Fruit Choice of Milk	11
14 Chicken Sandwich Chicken Alfredo Cheesy Garlic Breadstick Pepperoni Pizza Chicken Nuggets Baked Potato, Variety Spicy Potato Wedges Baked Beans Hamburger Salad Pineapple Tidbits Fresh Fruit Choice of Milk	15 Beef Tacos Pepperoni Pizza Baked Potato, Variety Crispito, chicken WG Charro Beans Spanish Rice Broccoli w/ Cheese Sauce Slushie Cups Fresh Fruit Choice of Milk	16 Steak Fingers Pepperoni Pizza Bake Cheesy Garlic Breadstick Pepperoni Pizza Baked Potato, Variety Spicy Popcorn Chicken Mashed Potatoes Seasoned Green Beans Roll Diced Peaches Fresh Fruit Choice of Milk Gravy	17 Sweet & Sour Chicken Egg Roll Pepperoni Pizza Baked Potato, Variety Popcorn Chicken & Roll Fried Rice Broccoli w/ Cheese Sauce Glazed Carrots Fresh Fruit Choice of Juice Fortune Cookies Choice of Milk	18
21 Spaghetti w/Meatballs Corn Dog Pepperoni Pizza Baked Potato, Variety Bosco Sticks Italian Blend Vegetables Cheesy Garlic Breadstick Peas & Carrots Strawberries w/ Whip Fresh Fruit Choice of Milk	22 Chicken&Cheese Crispito Chicken Quesadilla Beef Nachos Pepperoni Pizza Baked Potato, Variety Refried Beans Spanish Rice Corn, Elotes Garden Salad w/Ranch Mandarin Oranges Fresh Fruit Choice of Milk	23 Steak Fingers Pepperoni Pizza Baked Potato, Variety Spicy Chicken Sandwich Mashed Potatoes Green Beans Roll Mandarin Oranges Fresh Fruit Choice of Milk Gravy	24 Cheeseburger Fish Nuggets Pepperoni Pizza Baked Potato, Variety Corn Dog Spicy Potato Wedges Goldfish Crackers Baby Carrots Hamburger Salad Sliced Apples Fresh Fruit Choice of Milk	25

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Oct 1, 2024

Page 2

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28 Chicken Sandwich Fish Nuggets Pepperoni Pizza Baked Potato, Variety Cheese Sticks w/ Marinara Vegetable Medley Broccoli w/ Cheese Sauce Hamburger Salad Applesauce Cups Fresh Fruit Choice of Milk	29 Chicken Strips Turkey Club Wrap Cheese Pizza Baked Potato, Variety Cheese Sticks w/ Marinara Steamed Corn Garden Salad w/Ranch Fresh Fruit Applesauce Cups Choice of Milk	30 Steak Fingers Spaghetti w Meat Sauce Breadstick Pepperoni Pizza Baked Potato, Variety Sweet & Sour Chicken Mashed Potatoes Green Beans Bahama Salad Fresh Fruit Choice of Milk Gravy	31 Corn Dog Bearcat Burger Cheese Pizza Baked Potato, Variety Cheese Sticks w/ Marinara Tator Tots Baked Beans Baby Carrots Fresh Fruit Applesauce Cups Choice of Milk	

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