

HANFORD ELEMENTARY SCHOOL DISTRICT OCTOBER 2024 BREAKFAST AND LUNCH MENU

Breakfast is served before school Monday through Friday from 7:20-7:50 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
*Breakfast **LUNCH Low fat white and fat free chocolate milk are available with each meal but can also be purchased "a la carte" for \$.40 during lunch	1 *Choice of Cereal and Cereal Bar Applesauce/Juice/Milk **SPAGHETTI W/ MEAT SAUCE Steamed Green Beans Garlic Bread Stick Salad/Carrots Watermelon/Peaches Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch	2 *Breakfast Pizza Fresh Apples/Juice/Milk **PICADILLO CON PAPPAS Corn Chips Salad/Carrots/Jicama Watermelon/Pears Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Jurassic World Crackers Ranch/Taco Sauce	3 *French Toast w/Cinnamon Glaze Peaches/Juice/Milk **CHICKEN NUGGETS Baked Beans Wheat Dinner Roll Salad/Carrots/Cucumbers Watermelon/Pineapple Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup	4 *Waffle Sticks Pears/Juice/Milk/Syrup **CHEESY PULL-APART W/MARINARA SAUCE Salad/Cucumbers Garbanzo Beans Watermelon/Mixed Fruit Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch
7 *Pancake w/Pork Sausage on a Stick Apricots/Juice/Milk/Syrup **ORANGE CHICKEN W/STEAMED RICE Steamed Rice Wheat Dinner Roll Salad/Carrots/Cauliflower Cantaloupe/Mixed Fruit Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch	8 *Mixed Berry Parfait Cup Juice/Milk **BEEF SLOPPY JOE ON A BUN Salad/Cauliflower Garbanzo Beans Cantaloupe/Peaches Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch	9 *Breakfast Pizza Fresh Apples/Juice/Milk **BEEF BARBACOA SOFT TACO Lettuce/Tomatoes/Jicama Cantaloupe/Mandarin Oranges Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Tortilla Chips Ranch/Taco Sauce	10 *Pan Dulce Pears/Juice/Milk **CHICKEN BURGER Baked Beans Lettuce/Tomatoes/Broccoli Cantaloupe/Apricots Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard	11 *French Toast Sticks Peaches/Juice/Milk/Syrup **BEEF TOSTADA BOWL Shredded Cheese Lettuce/Tomatoes/Jicama Cantaloupe/Pineapple Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Bug Bite Crackers Ranch/Taco Sauce
14 *Breakfast Crumb Cake Mixed Fruit/Juice/Milk **CHICKEN CORN DOG Baked Potato Wedges Salad/Broccoli Oranges/Mixed Fruit Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard	15 *Bean and Cheese Breakfast Burrito Mandarin Oranges/Juice/Milk **CHICKEN ALFREDO Garlic Bread Stick Salad/Broccoli Garbanzo Beans Oranges/Pears Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch	16 *Breakfast Pizza Fresh Apples/Juice/Milk **BEAN AND CHEESE BURRITO Lettuce/Tomatoes/Jicama Oranges/Pineapple Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Taco Sauce	17 *Pancakes w/Cinnamon Glaze Applesauce/Juice/Milk **TURKEY GORDITA Shredded Cheese Lettuce/Tomatoes/Jicama Oranges/Peaches Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Taco Sauce	18 *Waffle w/Pork Sausage Patty Apricots/Juice/Milk/Syrup **HAMBURGER ON A BUN Baked Beans Lettuce/Tomatoes/Broccoli Oranges/Apricots Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard
21 *Cinnamon Roll Pineapple/Juice/Milk/Syrup **BEEF AND CHEESE TACO STICK Steamed Corn Salad/Carrots/Jicama Apples/Pineapple Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Taco Sauce	22 *Pan Dulce Peaches/Juice/Milk **BEEF MEATBALL SANDWICH W/MARINARA SAUCE Salad/Broccoli/Carrots Apples/Mixed Fruit Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Scooby Doo Crackers Ranch	23 *Breakfast Pizza Fresh Apples/Juice/Milk **CHICKEN & CHEESE TAMALE Refried Beans Salad/Broccoli/Cucumber Apples/ Oranges Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Taco Sauce	24 *Mini Strawberry Pancakes Apricots/Juice/Milk/Syrup **FRENCH BREAD PIZZA Steamed Green Beans Salad/Cucumbers Garbanzo Beans Apples/Pears Diced Pears Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch	25 *Mini Bagel w/Beef Sausage and Cheese Pears/Juice/Milk **BREADED CHICKEN LEG Steamed Corn Wheat Dinner Roll Salad/Carrots Apples/Apricots Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Cinnamon Elf Grahams Ranch/BBQ sauce
28 *Choice of Cereal and Strawberry Banana Yogurt Applesauce/Juice/Milk **GRILLED CHEESE SANDWICH Baked Beans Salad/Carrots/Broccoli Honeydew/Mixed Fruit Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	29 *French Toast w/Cinnamon Glaze Peaches/Juice/Milk **CHICKEN FAJITA MEAT W/CILANTRO LIME RICE Lettuce/Tomatoes/Radishes Honeydew/Pineapple Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Tortilla Chips Ranch/Taco Sauce	30 *Breakfast Pizza Fresh Apples/Juice/Milk **CHEESE ENCHILADA Refried Beans Salad/Jicama/Radishes Honeydew/Peaches Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Taco Sauce	31 *Mixed Berry Parfait Cup Juice/Milk **SPOOKY BAT CHICKEN NUGGETS Steamed Corn Salad/Tomatoes Garbanzo Beans Honeydew/Oranges Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Jungle Crackers Ranch/Ketchup	Menu subject to change without notice Wellness Policy can be viewed on our HESD public website

This institution is an equal opportunity provider

The Hanford Elementary School District participates in the National School Lunch and Breakfast Programs.

We are continuing to utilize the Community Eligibility Provision for the 2024-2025 School Year. Our HESD students receive Breakfast and Lunch free of charge.

A variety of fresh fruits and vegetables are available at all school sites, and students can select healthful and nutritionally balanced foods to eat through "Offer vs Serve".

During both breakfast and lunch students are required to take a minimum number of items which include a ½ cup of fruit or vegetables or combination of both with each meal. Low fat white and fat free chocolate milk are available with each meal but may be purchased "a la carte" for \$.40 during lunch only.

If your student would like to purchase a milk, we request that you pre-pay. For faster service, simply visit: www.ezschoolpay.com

If you have questions or need assistance with your students account, please contact us at 559-585-3666.

We hope you take advantage of this opportunity as we look forward to serving your student