

Kindergarten & 1st Grade Parents



NUTRITION
for
LIFE!

FUN PRIZES AND FREE MEALS EACH DAY!

Why Try Nutrition for Life?

Even devoted lunch packers will really enjoy the celebration!

What is Nutrition for Life?

Nutrition for Life is an event to welcome your child into the cafeteria, make them feel special and introduce them to the tastiest half hour of the day!

First Graders are invited to try a complimentary lunch and breakfast.

A special dining event

to help your child learn how school lunch works.

You'll love it

for the nutritional value, ease and convenience for you and your child!

This event

is made possible through the sponsorship of The Nutrition Group's food vendors!

Our friendly staff will help your first grader choose a nutritious, delicious lunch.

A variety of kid-friendly favorites and tasty new foods to sample

Fun-filled nutrition education events

Free prizes each day your child participates

Students are offered 1 serving each of meat, grains, and milk, as well as two different servings of fruits and/or vegetables. Your child can choose a minimum of 3 items as long as one is a fruit or vegetable. For more information about the

National School Lunch Program visit:

www.fns.usda.gov/nslp/national-school-lunch-program-nslp

The Nutrition Group is proud to be your school district's food service provider. Our goal is to serve your child healthy, nutritious foods in a fun and inviting atmosphere.

We partner with your district to educate your child on the importance of making balanced food choices in and out of school as part of a healthy lifestyle.

No mess, NO FUSS, NO COST.

