

ANNA ISD

OCTOBER HIGH SCHOOL BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Pancakes w/saus patty Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk Jelly</p>	<p>2</p> <p>Cinn Roll w/saus patty Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk</p>	<p>3</p> <p>Blueberry Muffin Chicken Biscuit Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk Jelly</p>	<p>4</p>
<p>7</p> <p>Morning Sausage Roll Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk</p>	<p>8</p> <p>Eggs Saus Bisc Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fruit Cocktail Choice of Juice Choice of Milk</p>	<p>9</p> <p>Yogurt Parfait Chicken Biscuit Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk</p>	<p>10</p> <p>Cinn Roll w/saus patty Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk</p>	<p>11</p>
<p>14</p> <p>French Toast Sticks Bacon slice Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Diced Peaches Choice of Juice Choice of Milk Syrup</p>	<p>15</p> <p>Breakfast Burrito Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Mandarin Oranges Fresh Fruit Choice of Juice Choice of Milk</p>	<p>16</p> <p>Breakfast Bowl Donuts, Pwd Sugar Minis Choice of Cereal Muffins Pop Tart Graham Crackers Blushing Pears Fresh Fruit Choice of Juice Choice of Milk</p>	<p>17</p> <p>Bacon, Egg & Cheese Bis Blueberry Muffin Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk</p>	<p>18</p>
<p>21</p> <p>Ham, Egg & Cheese Bisc Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Rosy Applesauce Fresh Fruit Choice of Juice Choice of Milk</p>	<p>22</p> <p>Cinn Roll w/saus patty Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Mandarin Oranges Fresh Fruit Choice of Juice Choice of Milk</p>	<p>23</p> <p>Scrambled Eggs w Biscuit Bacon slice Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk</p>	<p>24</p> <p>Morning Sausage Roll Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk</p>	<p>25</p>

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

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Monday	Tuesday	Wednesday	Thursday	Friday
28 Maple Pancake Minis Bacon slice Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk	29 Breakfast Burrito Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk	30 Yogurt Parfait Sausage Roll Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk	31 French Toast Sticks Bacon slice Choice of Cereal Muffins Pop Tart Donuts, Pwd Sugar Minis Graham Crackers Fresh Fruit Choice of Juice Choice of Milk	

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