



SECONDARY BREAKFAST OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
=whole grain options Additional Fresh Fruits available daily	Breakfast Pizza Cereal*, Muffin* or Cereal Bar* Mandarin Oranges/100% Juice Milk	Pop-Tarts* Cereal*, Muffin* or Cereal Bar* Applesauce/Mixed Fruit Milk	Pancakes* Cereal*, Muffin* or Cereal Bar* Strawberries/Pineapples Milk	Cinnamon Roll* Cereal*, Muffin* or Cereal Bar* Banana/100% Fruit Juice Milk
7	8	9- National Apple Crunch Day!	10	11
Banana Bread* Cereal*, Muffin* or Cereal Bar* Oranges/Pears Milk	Breakfast Bagel* Sandwich Cereal*, Muffin* or Cereal Bar* Peach Cup/Apple Milk	Bagel* W/ Cream Cheese Cereal*, Muffin* or Cereal Bar* Grapes/Pears Milk	French Toast Sticks* Cereal*, Muffin* or Cereal Bar* Banana/Strawberries Milk	Donuts* Cereal*, Muffin* or Cereal Bar* Clementines/100% Juice Milk
14	15	16	17	18
Pancake on a Stick* Cereal*, Muffin* or Cereal Bar* Applesauce Cup/100% Juice Milk	Breakfast Pizza* Cereal*, Muffin* or Cereal Bar* Apple/Mandarin Oranges Milk	Pop-Tarts* Cereal*, Muffin* or Cereal Bar* Mixed Fruit/Pineapple Milk	Waffles* Cereal*, Muffin* or Cereal Bar* Banana/Pears Milk	No School! Have a great Weekend
21	22	23	24	25
No School! See You Tomorrow	Breakfast Biscuit* Sandwich Cereal*, Muffin* or Cereal Bar* Clementines/Applesauce Milk	Bagel* W/ Cream Cheese Cereal*, Muffin* or Cereal Bar* Peaches/Mixed Fruit Milk	Pancakes* Cereal*, Muffin* or Cereal Bar* Pineapple/Banana Milk	Donuts* Cereal*, Muffin* or Cereal Bar* Clementines/100% Juice Milk
28	29	30	31- Happy Halloween!	
Pancake on a Stick* Cereal*, Muffin* or Cereal Bar* Pears/Oranges Milk	Breakfast Pizza* Cereal*, Muffin* or Cereal Bar* Mixed Fruit/100% Fruit Juice Milk	Pop-Tarts* Cereal*, Muffin* or Cereal Bar* Applesauce/Peaches Milk	Donuts* Cereal*, Muffin* or Cereal Bar* Clementines/Banana Milk	
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER				