

# Ardsley High School


Welcome to our Lunch Cafe

10/1/2024 - 10/4/2024

**MEATLESS MONDAY**  
**Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**

		<p>Soft Tacos  <i>freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell</i> 🌮                      Fiesta Corn                      Refried Beans                      Watermelon Slices                      Fresh Apple</p>	<p>Incredibowl Chicken &amp; Cheese Quinoa Bowl 🌮                      Steamed Broccoli                      Fresh Green Grapes</p> 	<p><b>SCHOOL CLOSED TODAY</b></p>	<p><b>SCHOOL CLOSED TODAY</b></p>
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Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk

		<p>Mushroom Pizza  <i>fresh pizza crust topped with pizza sauce, mozzarella, parmesan and mushrooms</i> 🍕 🌱</p>	<p>Mushroom Pizza  <i>fresh pizza crust topped with pizza sauce, mozzarella, parmesan and mushrooms</i> 🍕 🌱</p>	<p><b>SCHOOL CLOSED TODAY</b></p>	<p><b>SCHOOL CLOSED TODAY</b></p>
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Available Daily: cheese pizza, <sup>Pepperoni (Blend of Beef & Pork)</sup> pepperoni pizza and specialty on whole grain rich pizza dough

		<p>BBQ Chicken Sandwich  <i>warm baked chicken smothered in BBQ sauce on a bun and prepared in-house</i></p>	<p>BBQ Chicken Sandwich  <i>warm baked chicken smothered in BBQ sauce on a bun and prepared in-house</i></p>	<p><b>SCHOOL CLOSED TODAY</b></p>	<p><b>SCHOOL CLOSED TODAY</b></p>
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Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches

		<p>Chicken Caesar Wrap  <i>freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing</i> 🌮 🌱</p>	<p>Chicken Caesar Wrap  <i>freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing</i> 🌮 🌱</p>	<p><b>SCHOOL CLOSED TODAY</b></p>	<p><b>SCHOOL CLOSED TODAY</b></p>
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Available Daily: Assorted Cold Cuts, Cheeses, Bread, Rolls, Wraps & Condiments Made to Order and ALWAYS Fresh!


 		<p>NY Yogurt Parfait with Graham Crackers  <i>local NY low fat vanilla yogurt layered with fruit and graham crackers</i> 🍓 🌱</p>	<p>NY Yogurt Parfait with Graham Crackers  <i>local NY low fat vanilla yogurt layered with fruit and graham crackers</i> 🍓 🌱</p>	<p><b>SCHOOL CLOSED TODAY</b></p>	<p><b>SCHOOL CLOSED TODAY</b></p>
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Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk

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# Ardsley High School


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10/7/2024 - 10/11/2024


**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**

	<p>Homemade Mac &amp; Cheese pasta in cheese sauce, garnished with parsley</p> <p>Sauteed Kale Sliced Tomatoes Fresh Orange</p>	<p>Incredibowls General Tso's Chicken General Tso's seasoned chicken with brown rice, broccoli, and scallions</p> <p>Steamed Broccoli Fresh Baby Carrots Fresh Strawberries</p>	<p>The Works Hot Dog hot dog on a bun with mustard, sauerkraut, jalapenos, onions and relish</p> <p>Roasted Squash Butter Fresh Cucumber Salad Fresh Apple</p> <p>National Pretzel Day</p>	<p>Wing Shack BBQ Style Chicken Wings BBQ Chicken Wings Crispy Potato Puffs Celery Carrot Sticks Ranch Dressing Watermelon Cup</p> <p>the wing shack</p>	<p>Chicken &amp; Cheese Quesadilla hand crafted grilled flour tortilla filled with juicy chicken and melty cheese Rice &amp; Beans Fresh Banana</p>
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Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk

	<p>Sausage Pizza traditional pizza slice topped with sausage</p> <p>Chicken Sausage</p>	<p>Sausage Pizza traditional pizza slice topped with sausage</p> <p>Chicken Sausage</p>	<p>Sausage Pizza traditional pizza slice topped with sausage</p> <p>Chicken Sausage</p>	<p>Sausage Pizza traditional pizza slice topped with sausage</p> <p>Chicken Sausage</p>	<p>Sausage Pizza traditional pizza slice topped with sausage</p> <p>Chicken Sausage</p>
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Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough

	<p>Buffalo Meatball Parmesan Hero meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese</p> <p>*Chicken</p>	<p>Buffalo Meatball Parmesan Hero meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese</p> <p>*Chicken</p>	<p>Buffalo Meatball Parmesan Hero meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese</p> <p>*Chicken</p>	<p>Buffalo Meatball Parmesan Hero meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese</p> <p>*Chicken</p>	<p>Buffalo Meatball Parmesan Hero meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese</p> <p>*Chicken</p>
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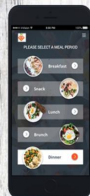
Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches

	<p>Italian Combo Sandwich freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato</p>	<p>Italian Combo Sandwich freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato</p>	<p>Italian Combo Sandwich freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato</p>	<p>Italian Combo Sandwich freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato</p>	<p>Italian Combo Sandwich freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato</p>
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Available Daily: Assorted Cold Cuts, Cheeses, Bread, Rolls, Wraps & Condiments Made to Order and ALWAYS Fresh!

	<p>NY Fruity Yogurt Parfait with Granola local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola</p>	<p>NY Fruity Yogurt Parfait with Granola local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola</p>	<p>NY Fruity Yogurt Parfait with Granola local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola</p>	<p>NY Fruity Yogurt Parfait with Granola local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola</p>	<p>NY Fruity Yogurt Parfait with Granola local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola</p>
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Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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# Ardsley High School

Welcome to our Lunch Cafe

10/14/2024 - 10/18/2024

MEATLESS MONDAY

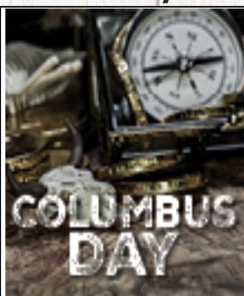
Monday

Tuesday

Wednesday

Thursday

Friday



NY Beef Burger with Bacon & Cheese  
*NY beef burger topped with cheese and bacon on a freshly toasted bun*  
 P  
 Oven Baked Fries  
 Baked Beans  
 Pineapple Cup

Cinnamon French Toast  
 Sausage Patty  
 Crispy Potato Puffs  
 Syrup  
 Cucumber Coins  
 Fresh Banana



Turkey Soft Tacos  
 Seasoned Rice  
 Sweet Corn  
 Fresh Melon Cup

Cantelope



Buffalo Chicken Wings  
*chicken wings tossed in spicy buffalo sauce*  
 Side Salad  
 Oven Baked Fries  
 Celery Sticks  
 Fresh Apple



Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*

Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*

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*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*

Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



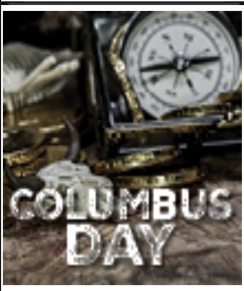
BLT Wrap  
*freshly made wrap filled with crispy bacon, lettuce, tomato and cheese*  
 P

BLT Wrap  
*freshly made wrap filled with crispy bacon, lettuce, tomato and cheese*  
 P

BLT Wrap  
*freshly made wrap filled with crispy bacon, lettuce, tomato and cheese*  
 P

BLT Wrap  
*freshly made wrap filled with crispy bacon, lettuce, tomato and cheese*  
 P

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



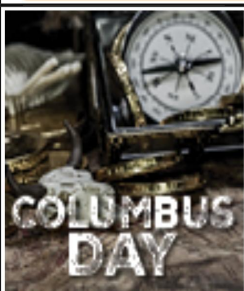
Two Cheese Grilled Cheese Meltdown Café  
*golden toasted bread with gooey melted American and mozzarella cheese prepared in-house*  
 V

Two Cheese Grilled Cheese Meltdown Café  
*golden toasted bread with gooey melted American and mozzarella cheese prepared in-house*  
 V

Two Cheese Grilled Cheese Meltdown Café  
*golden toasted bread with gooey melted American and mozzarella cheese prepared in-house*  
 V

Two Cheese Grilled Cheese Meltdown Café  
*golden toasted bread with gooey melted American and mozzarella cheese prepared in-house*  
 V

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Wraps, Rolls & Condiments Made to Order and ALWAYS Fresh!



NY Fruity Yogurt Parfait with Granola  
*local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola*  
 V

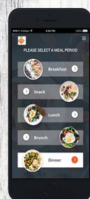
NY Fruity Yogurt Parfait with Granola  
*local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola*  
 V

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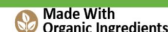
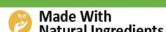
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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10/21/2024 - 10/25/2024



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Chicken Bowl with Gravy  
chicken layered with mashed potatoes and corn, smothered in gravy  
Cauliflower  
Fresh Apple

Classic Tex Mex Burrito  
mexi-style meat, rice and shredded cheese folded inside a soft tortilla 🌱  
Rice & Beans  
Celery  
Fresh Blueberries

\*turkey

Buffalo Chicken Mac & Cheese  
pasta in cheese sauce, topped with buffalo style chicken 🌱  
Steamed Broccoli  
Cucumber Coins  
Fresh Orange



Tot Spot's Philly Tater Tots  
crispy tater tots topped with beef, peppers and onions and creamy cheese sauce 🌱  
Green Beans  
Chilled Red Pepper Strips  
Fresh Banana



Wing Shack Classic Buffalo Chicken Wings  
an American classic, tossed in spicy buffalo sauce  
Oven Baked Fries  
Baby Carrots  
Lite Ranch Dressing  
Fresh Orange



Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



BBQ Chicken Pizza  
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🌱

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freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🌱

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freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🌱

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freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🌱

BBQ Chicken Pizza  
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🌱

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Cheesy Stuffed Bread Sticks  
baked bread sticks filled with melted cheese 🌱  
Tomato Sauce

Cheesy Stuffed Bread Sticks  
baked bread sticks filled with melted cheese 🌱  
Tomato Sauce

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baked bread sticks filled with melted cheese 🌱  
Tomato Sauce

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baked bread sticks filled with melted cheese 🌱  
Tomato Sauce

Cheesy Stuffed Bread Sticks  
baked bread sticks filled with melted cheese 🌱  
Tomato Sauce

\* Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Vegan Hummus Wrap Halal  
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱 🌱

Vegan Hummus Wrap Halal  
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱 🌱

Vegan Hummus Wrap Halal  
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱 🌱

Vegan Hummus Wrap Halal  
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱 🌱

Vegan Hummus Wrap Halal  
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱 🌱

\*Turkey Bacon

\*Turkey Bacon

\*Turkey Bacon

\*Turkey Bacon

\*Turkey Bacon

Available Daily: Assorted Cold Cuts, Cheeses, Breads, Rolls, Wraps & Condiments made to order and ALWAYS Fresh!



NY Fruity Yogurt Parfait with Granola  
local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola 🌱

NY Yogurt Parfait with Graham Crackers  
local NY low fat vanilla yogurt layered with fruit and graham crackers 🌱

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local NY low fat vanilla yogurt layered with fruit and graham crackers 🌱

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local NY low fat vanilla yogurt layered with fruit and graham crackers 🌱

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local NY low fat vanilla yogurt layered with fruit and graham crackers 🌱

Apple Cinnamon Smoothie 🌱 🌱 🌱

Apple Cinnamon Smoothie 🌱 🌱 🌱

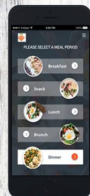
Apple Cinnamon Smoothie 🌱 🌱 🌱

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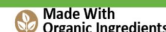
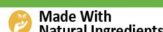
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Lunch Cafe

10/28/2024 - 10/31/2024

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Mac & Cheese  
steamed pasta in cheese sauce, topped with broccoli and baked to perfection   
Whole Wheat Dinner Roll  
Steamed Peas  
Cherry Tomatoes  
Fresh Orange

Cinnamon French Toast   
Sausage Patty  
Crispy Potato Puffs  
Syrup  
Cucumber Coins  
Fresh Banana

IT'S BRUNCH FOR LUNCH TIME

Walking Taco  
mexi-style taco meat paired with crispy chips  
Rice & Beans  
Celery  
Fresh Blueberries

\*Turkey

Wing Shack BBQ  
Style Chicken Wings  
BBQ Chicken Wings  
Crispy Potato Puffs  
Celery  
Carrot Sticks  
Ranch Dressing  
Fresh Melon Cup

\*Cantelope



Hawaiian Pizza ham and pineapple chunks over a cheese pizza slice

Hawaiian Pizza ham and pineapple chunks over a cheese pizza slice

Hawaiian Pizza ham and pineapple chunks over a cheese pizza slice

Hawaiian Pizza ham and pineapple chunks over a cheese pizza slice

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Pizzadilla Quesadilla  
grilled tortilla filled with melty cheese, tomato sauce, salsa, and pepperoni

Pizzadilla Quesadilla  
grilled tortilla filled with melty cheese, tomato sauce, salsa, and pepperoni

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grilled tortilla filled with melty cheese, tomato sauce, salsa, and pepperoni

Pizzadilla Quesadilla  
grilled tortilla filled with melty cheese, tomato sauce, salsa, and pepperoni

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken



Apple Not A Nut Butter Wrap  
A soft tortilla filled with creamy sunflower butter and diced apples

Apple Not A Nut Butter Wrap  
A soft tortilla filled with creamy sunflower butter and diced apples

Apple Not A Nut Butter Wrap  
A soft tortilla filled with creamy sunflower butter and diced apples

Apple Not A Nut Butter Wrap  
A soft tortilla filled with creamy sunflower butter and diced apples

HARVEST

Available Daily: Assorted cold cuts, cheeses, bread, rolls, wraps & Condiments Made to Order Always Fresh!



Fruity Granola Parfait  
Low fat vanilla yogurt layered with fruit and granola

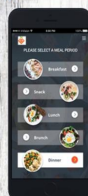
Fruity Granola Parfait  
Low fat vanilla yogurt layered with fruit and granola

Fruity Granola Parfait  
Low fat vanilla yogurt layered with fruit and granola

Fruity Granola Parfait  
Low fat vanilla yogurt layered with fruit and granola



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



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