

# Elementary Breakfast Menu

Please be sure to fill out an application for free & reduced priced meals @ SchoolCafe Parent Portal

**BREAKFAST PRICING**  
 FULL PRICE-\$2.00  
 MILK ONLY-.50  
 STAFF BREAKFAST-\$3.00

**ALL STUDENTS AT THAMES RIVER MYSTIC RIVER & CATHERINE KOLNASKI WILL EAT BREAKFAST AND LUNCH AT NO COST TO THE FAMILIES THIS SCHOOL YEAR!!**


Thanks to the State of Connecticut all students eligible for reduced price meals will eat breakfast and lunch at no cost this school year!!

**STUDENT NUTRITION PROGRAM**



**GROTON PUBLIC SCHOOLS**



Mon	Tue	Wed	Thu	Fri
PLEASE NOTE MENU IS SUBJECT TO CHANGE	1 EGG & CHEESE ON A CROISSANT APPLE SLICES	2 WARM CHOCOLATE CHIP MUFFIN ASSORTED YOGURT FRESH ORANGE	3 WG BAGEL CREAM CHEESE DICED PEACHES	4 BLUEBERRY DONUT HOLES FRUIT COCKTAIL
7 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS	8 BREAKFAST PIZZA (EGG,BACON & CHEESE) APPLE SLICES	9 WARM BLUEBERRY MUFFIN ASSORTED YOGURT FRESH ORANGE	10 WARM PUMPKIN ROLL DICED PEACHES	11 STUFFED HASH BROWN FRUIT COCKTAIL
14 COLUMBUS DAY! INDIGENOUS PEOPLE'S DAY! NO SCHOOL!!!	15 EGG & CHEESE ON A CROISSANT DICED PEARS	16 WARM CHOCOLATE CHIP MUFFIN ASSORTED YOGURT FRESH APPLE	17 POWDERED DONUT HOLES FRESH BANANA	18 OVEN FRESH CINNAMON ROLL APPLE SLICES
21 ASSORTED CEREAL GOLDFISH GRAHAMS RAISINS	22 BREAKFAST PIZZA (EGG,BACON & CHEESE) FRUIT COCKTAIL	23 WARM BLUEBERRY MUFFIN ASSORTED YOGURT APPLESAUCE	24 WARM BANANA BREAD STRING CHEESE FRESH ORANGE	25 WARM APPLE ROLL STRING CHEESE DICED PEACHES
28 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS	29 EGG & CHEESE ON A CROISSANT FRUIT COCKTAIL	30 WARM CHOCOLATE CHIP ASSORTED YOGURT DICED PEACHES	31 RAINBOW BAGEL CREAM CHEESE FRESH BANANA	
	This Institution Is an Equal Opportunity			

8 oz low fat or fat-free milk, assorted fresh and pre-packaged fruit and 100% Fruit Juice are offered