

Lunch Menu

Ardsley Middle School

October 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



7 Homemade Mac & Cheese
Steamed Broccoli
Cherry Tomatoes
Dinner Rolls
Fresh Orange



Tuesday

1 Soft Tacos
Seasoned Rice
Black Beans
Cucumber Coins
Fresh Green Grapes
Nat'l Soft Taco

National School Lunch Week

Wednesday

2 Yard Bird Classic
Chicken Sandwich
Crispy Potato Puffs
Side Salad
Fresh Banana

Thursday

SCHOOL CLOSED TODAY

Friday

SCHOOL CLOSED TODAY

8 Nachos Grande
Spicy Chicken
Chili Roasted
Garbanzo Beans
Fresh Strawberries

9 Cheesy Stuffed Bread
Sticks
Tomato Sauce
Roasted Squash
Cucumber Coins
Fresh Apple
Zucchini

10 Wing Shack BBQ
Style Chicken Wings
Sweet Potato Fries
Celery Sticks
Carrot Dippers
Ranch Dressing
Fresh Pear



11 Pasta with Creamy
Tomato Sauce &
Chicken
Whole Wheat Dinner
Roll
Green Beans
Fresh Orange
National Dessert Day;
cookie w/ lunch!



15 Spicy Chicken
Sandwich
*warm spicy chicken breaded
cutlet prepared in-house*
Buttered Corn
Baby Carrots
Fresh Orange

16 Cinnamon French
Toast
Sausage Patty
Crispy Potato Puffs
Fresh Melon Cup
Celery Sticks
Cantelope



17 Bacon Cheeseburger

Pickle Chips
Pretzel with Cheese
Sauce
Crispy Potato Puffs
Cucumber Coins
Pineapple Cup

Nat'l Pretzel Day

18 Mozzarella Sticks
Tomato Sauce
Steamed Broccoli
Chilled Red Pepper
Strips
Fresh Apple

21 Chicken Bowl with
Gravy
*chicken layered with
mashed potatoes and corn,
smothered in gravy*
Whole Wheat Dinner
Roll
Cucumber Coins
Fresh Apple

22 Homemade Baked
Pasta with Cheese

Whole Wheat Dinner
Roll
Green Beans
Fresh Blueberries

23 General Tso's
Chicken
*crispy chicken with broccoli
in General Tso's sauce*
Brown Rice
Steamed Broccoli
Chilled Red Pepper
Strips
Fresh Orange

24 Belgian Waffle with
Caramelized Apples

Sausage Patty
Crispy Potato Puffs
Spinach Salad
Fresh Banana
HARVEST

25 Baked Chicken
Tenders
Oven Baked Fries
Roasted Squash
Celery Sticks
Fresh Melon Cup
Honeydew
Butternut Squash

28 Homemade Pasta &
Meatballs
Sauteed Spinach
Whole Wheat Dinner
Roll
Fresh Orange
Baby Carrots

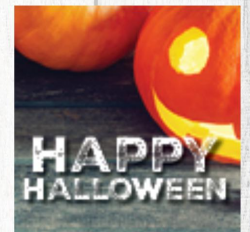
29 Nachos Grande
Spicy Chicken
Seasoned Rice
Black Beans
Mild Salsa
Fresh Orange

30 Meltdown Cafe
Grilled Cheese with
Bacon
Steamed Broccoli
Mixed Kale Side
Salad
Fresh Banana



31 Beef Goulash
Buttered Corn
Dinner Rolls
Cherry Tomatoes
Fresh Apple

Happy SPOOKY day!



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

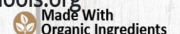
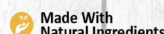
**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Meal \$3.25

Adult - \$5.05+tax

Choice of: Fat Free
Chocolate or White, 1%
White Milk



Available Daily

Assort. WG Cereals, Yogurt Parfait, Muffins, Fresh Bagels, Breakfast Bars & Fresh Egg Sandwiches
Assorted Fresh Fruit & 100% Fruit Juice
All grains listed are Whole Grain or Whole Wheat

If you have any questions regarding this menu please contact your Food Service Director Nina Ambriz:

foodservices@ardsleyschools.org